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BULLETIN & REVIEW

'I trust the President,' P.M. says

Bush assures Shamir there will be no deal at Israel's expense

By David Friedman
WASHINGTON, (CTA) — Israeli Prime Minister Yitzhak Shamir left the White House following his December 10 visit with what he sought most: assurances from President Bush that a solution to the Persian Gulf crisis will not be at the expense of Israel.

"I trust the president in what he said," Shamir told reporters after the nearly two-hour meeting. "He said it several times. He said it to me now again. There will not be any deal at the expense of Israel."

Bush expressed appreciation for Israel's low profile in the international effort to force Saddam Hussein to withdraw from Kuwait. In turn, Shamir gave his "full support for the leadership of the president of the United States in the crisis in the Gulf."

Both leaders also agreed that the Middle East peace process will remain on hold until the Gulf crisis is resolved, the Israeli prime minister said.

Bush and Shamir, who had not met in over a year, took pains to push aside reports that they disliked each other.

"I want to give a warm welcome to the prime minister here, and I'm delighted that he is here for talks," the president told reporters as he welcomed Shamir in the Oval Office.

Happy Hanukkah

At a separate picture-taking session for Israeli photographers and television camera crews, Bush said, "Happy Hanukkah to all the folks in Israel."

After the White House session, Shamir told reporters, "This meeting, I think, advanced further the special relationship, friendship between the United States and Israel."

That the possibility of a Gulf solution at Israel's expense preyed on Shamir's mind was evidenced by the strong warning he made against such an outcome during a speech on the previous evening in New York.

"We shall not acquiesce to any deal with enemies who wish to destroy us," Shamir said at the Grand Hyatt Hotel, where he received the Jabotinsky Foundation's \$100,000 Defender of Jerusalem Award.

In his speech, Shamir said he would not be surprised if some countries, "not only Arab governments," put forth the argument "that Israel should

make a contribution ostensibly for the sake of world peace."

But he quickly made it clear that Israel would not agree to any linkage between Israel's administration of the territories and the Iraqi occupation of Kuwait.

"Let me, therefore, state at the very outset: Israel in 1990 is not Czechoslovakia of 1938," Shamir declared.

He was referring to the Munich agreement of 1938, in which Britain and France agreed that Czechoslovakia should cede the Sudetenland to Germany. Czechoslovakia was fully occupied by the Nazis a few months later.

Should not be vehicle

Alluding to the ongoing debate within the U.N. Security Council over the Israeli-Palestinian conflict, Shamir told his audience that the United Nations could not be a vehicle for peace as long as member states cater to the "threats of a group of dictatorial governments" led by the Palestine Liberation Organization.

But during his meeting with Bush the next day, the prime minister did not explicitly ask the United States to veto a proposed U.N. Security Council resolution calling for an international conference on the Arab-Israeli conflict, according to John Kelly, assistant secretary of state for Near Eastern and South Asian affairs.

Briefing reporters after the Bush-Shamir talks, Kelly said the current resolution was only discussed in general.

Shamir reportedly repeated his opposition to an international conference. Kelly said that Israel understands the U.S. position that while an international conference may be useful eventually, now is not the time to consider it, because it would be seen as linking the Arab-Israeli conflict to the Gulf crisis.

Could not tell

But Kelly said that the United States could not tell Shamir what it will do in the Security Council until it sees the final language of the resolution, which he said changes almost hourly.

According to Kelly, Bush assured Shamir that "we will maintain a qualitative edge in armaments for Israel, but at the same time we want to help out the legitimate self-defence

needs of our Arab friends."

The president repeated the U.S. position that "we could not but react to an attack on Israel by Iraq," Kelly said. But he gave no details.

Kelly said both sides recognize that once the Gulf crisis is over, the issue of the "control of weapons of mass destruction will have to be addressed." It was not clear whether he meant only Iraq or that Israel and other Middle East countries would have to be included.

While Shamir stated flatly that the peace process is on hold until the Gulf crisis is over, Kelly was more equivocal.

"There is no agreement that the peace process is postponed by anybody," Kelly said.

"There is a realistic appreciation in a lot of capitals around the world that the first and most important order of business is to resolve the Gulf crisis."

However, Shamir "agreed that as we resolve this Gulf crisis, we are going to have to put renewed attention, renewed emphasis on trying to get the peace process moving," Kelly said.

He said that while Bush was not specific on the next step, "the plan on the table is the Israeli Cabinet's plan of last May, which includes elections" by the Palestinians in the West Bank and Gaza Strip.

Soviet aliyah rekindling our sense of purpose, Israeli says

"The Soviet aliyah has rekindled a sense of purpose that we lost in the 1980's," said award-winning Israeli author and journalist Haim Chertok in a guest lecture at Temple Israel Sunday evening, January 6.

"Israel is no longer drifting."

Sponsored by the Israel Program Centre, the Jewish Community Centre, and the Ottawa Va'ad Ha'Ir, the 51-year-old American-born Chertok, spiritedly delivered a message on the Russification of Israel to the 125 people who attended the event at Temple Israel.

The Soviet Jewish aliyah is continuing unabated and Israel is being "Russified," said Chertok, who lives in Yeruham, near Beersheva.

"When you walk down the street you hear Russian. Rus-



President Bush



Prime Minister Shamir

The issue of Soviet and Ethiopian Jewish immigration to Israel was also a major topic discussed by Bush and Shamir.

Shamir explained "the emotional boost that immigration has in Israel and the practical difficulties that Israel faces" in providing for the large number of immigrants coming into the country, Kelly said.

"I think that President Bush has a clearer understanding and appreciation of both of those factors," he added.

Shamir said Israeli would be looking for increased financial help from the United States to absorb the immigrants, but did not specify any amount, according to Kelly.

Bush, while saying he was supportive, made no commitments. He said he first wants to see how the already approved \$400 million in U.S.-guaranteed housing loans works out.

Bush raised the issue of set-

tlements in the West Bank, but he did not explicitly mention East Jerusalem, according to Kelly. Earlier this year, the president alarmed Israeli leaders by appearing to suggest he opposed further settlement of portions of Jerusalem once occupied by Jordan. Israel considers the united city its eternal capital.

Shamir said he stands by the Oct. 2 letter from Israeli Foreign Minister David Levy to Secretary of State James Baker, in which Israel pledged Soviet Jews would not be sent by the government to live in the administered territories.

Kelly said there was no discussion of the Oct. 8 incident on the Temple Mount in Jerusalem, in which Israeli police killed 17 Arab rioters. But he and Bush expressed his concern about Israel's treatment of Palestinians under its administration.



Haim Chertok

sian has actually become the street language," he said.

What's happening in, and to Israel today is simply amazing, as Israel takes in an additional

five percent of its population, the speaker said.

"Imagine what that would mean for Canada," Chertok added.

Canada has plenty of resources, fresh water and available space to adequately respond to the challenge of absorbing more than one million people, but Israel will manage quite well, he said. And, Soviet olim are funny, clever and resourceful.

The new immigrants, who are arriving at an astonishing and once-unbelievable rate, comprise a giant talent pool and are skilled and motivated enough to make permanent changes in Israel, he said.

"We're not absorbing into the Israel that once was," said Chertok. "Israel is going to be (Continued on page 9)



PRESIDENT, OTTAWA VAAD HA'IR
JEWISH COMMUNITY COUNCIL

AMBASSADOR OF ISRAEL TO CANADA

On December 31st the Jewish Community of Ottawa had its first opportunity to welcome to Ottawa, Itzhak Shelef, Israel's newest ambassadorial appointment to Canada. At a reception, hosted by the Israeli Embassy, invited members of the Jewish Community welcomed Itzhak and Malka Shelef back to Ottawa. Ambassador Shelef had been previously posted to Ottawa. To both we wish Bruchim Ha'Boim and Kol Tuv. These are tempestuous times for Israel and its diplomats. We, in the diaspora, are very cognizant of the fact that Israel looks to us for help and encouragement. The Ottawa Jewish Community has been proud of its traditional ties with the State of Israel and will continue its steadfast support for Israel and its people.

SHIR-A-TROM

On the evening of December 12th the Ottawa Jewish Community was treated to a magnificent presentation of Jewish and Israeli music at Agudath Israel Synagogue. Sponsored by the Embassy of Israel, the Jewish Community Centre, and the Israel Program Centre, the event proved to be one of the great highlights of the year. The Shir-a-Trom in Ottawa represented a Hanukkah Benefit Concert for Israeli soldiers; the performers were Iris and Ofer, and Yaffa Yarkoni.

For me personally it was one of the most delightful evenings I have ever spent. Firstly the entertainment by all the performing artists was superb. The young duo, Iris and Ofer, provided classical and modern renditions of many songs familiar to the audience and as well, some modern jazz interpretations. Yaffa Yarkoni, a veteran of many years of performance, delighted the audience with her "show" which covered Israeli songs from 1948 to the present day. Secondly, the evening lent itself to very strong expressions of solidarity for the State of Israel and Ms. Yarkoni, in particular, brought Israel into our lives through her songs and stories. Thirdly, for many of us the evening allowed us to reminisce and look nostalgically back to the very foundation of the State of Israel. The songs of the 1940's reminded all of us of our history and our connections with the State of Israel.

We thank all the organizers and in particular the performing artists.

UNITED JEWISH APPEAL OF OTTAWA

The United Jewish Appeal enters its crucial stage. We have reached pledges of approximately \$3.17 million for the local campaign. It is of utmost urgency that we reach our goal of \$3.6 million so that we can meet the financial requirements of our local agencies such as: Hillel Lodge, Jewish Family Services of Ottawa-Carleton, Jewish Community Centre, Jewish Educational Services, (Hillel Academy and the Afternoon Schools), Tamir, University Campus activities. Without the traditional generosity of the members of this community, services for the elderly, for the disadvantaged, and for education will be seriously compromised. When the canvassers call PLEASE BE GENEROUS.

Operation Exodus continues to be the dominating force in the life of Israel. Ottawa has pledged over \$3.2 million (CAN) towards a Canadian Target of \$100 million (US). The Canadian commitment has been most generous and heartwarming and Ottawa's contribution has been exemplary. Please help the State of Israel and the new Russian Olim.

VISIT OF YEHUDA BAUER

At the end of January Professor Yehuda Bauer of the Hebrew University of Israel will be visiting Ottawa. Professor Bauer is an eminent Israeli historian and academic who will be delivering a special lecture as part of a tour to Canada.

NATIONAL BUDGETING CONFERENCE

On January 21-22 Jewish communal leaders will meet in Toronto to discuss the financing of "National Programs." Details of that conference will be presented to you in this column so that you will be kept fully informed of the process and the problems on the national scene.

The President and Officers of the Jewish Community Council of Ottawa/Vaad Ha'ir invite the Community to attend a meeting of the Board of Trustees
Wednesday, January 30, at 7:30 p.m.
Jewish Community Centre
151 Chapel Street

Influential tool in their hands

Frequently headline-writers are on the warpath — against Israel

An occasional biased television documentary — no matter how distorted or outrageous — is not the most persistent form of anti-Israel bias in the American media.

Among the more common problems are: journalists who every day use loaded language or quote only those sources that reflect a certain point of view; editors who regularly place insignificant stories on the front pages; and photographers whose cameras typically see only one side of an event.

The most subtle are the headline-writers. But they may well be the most important, because many readers glance only at the headlines before turning to another story. Thus a headline can sometimes have more impact than the article over which it appears.

Headlines involving Israel are often twisted to Israel's detriment, and those relating to several recent Arab terrorist attacks were typical.

Attacker as victim

When a Palestinian Arab woman tried to stab an Israeli policeman in Jerusalem on December 1, and was shot to death in the process, many headline-writers portrayed the Arab attacker as the victim.

The *Washington Post's* headline was "Palestinian

Woman Shot." The *New York Times* chose a slightly more informative headline, but still made the Israelis into the killers: "Israelis Kill an Arab Trying to Stab Officer."

When Arab terrorists stabbed to death a young Israeli yeshiva student on a bus near Tel Aviv on December 2, the anti-Israel headline-writers swung into action again. The *Philadelphia Inquirer* titled its story "Student dies in knifing on bus in Israel." Notice: the fact that the victim was Jewish was not mentioned, nor the fact that the killer was an Arab — in fact, it is as if there was no killer, and the student merely "died."

Fact hidden

The *Boston Globe's* headline admitted that there was a killer, but hid the fact that the killer was an Arab. It read: "Israeli killed, 3 hurt; attacker is slain."

Not surprisingly, the articles accompanying these outrageous headlines only added insult to injury. The *Times*, the *Inquirer* and the *Post* all depicted the Arab terrorist attacks as understandable revenge for the deaths of seventeen Arab rock-throwers on Jerusalem's Temple Mount earlier this year.

The *Times* referred to "the killing of at least 17 Palestinians by the police near Al Aksa

Mosque" — as if they were killed simply because they were Palestinians.

The *Times* also continued its distortions of geography, by pretending that the area in question is the site of a mosque only, without admitting that its proper historical name is the Temple Mount, that it was the site of both Jewish Temples, and that it is today regarded as the holiest site in Judaism.

Israelis accused

The *Inquirer* accused the Israelis of having killed "Arab protesters" — as if they were killed because they were holding a peaceful demonstration.

The *Post* actually tried to inflate the death toll, referring to "the killings of nearly 20 Palestinians by police."

Headline-writers, like their colleagues in the news, editorial and photography departments, have influential tools in their hands. The American public must be ever vigilant in order to avoid becoming the victim of those headline-writers who allow their political bias to cloud their professional judgment.

Bertram Korn, Jr. is Executive Director of the Philadelphia office of CAMERA, the Committee for Accuracy in Middle East Reporting in America.

Open to high school seniors

Feb. 1 deadline to apply for Bronfman Fellowships in Israel

February 1 is the deadline for this year's Edgar M. Bronfman Youth Fellowships in Israel, the Samuel Bronfman Foundation, sponsor of the program, has announced.

The Fellowships offer an opportunity each year for 25 high school students entering their senior year in the fall to spend five weeks in Israel interacting with each other, meeting with the country's leading cultural and intellectual figures and examine issues of Jewish history and tradition as they relate to Israel and the current Jewish scene.

Two-day seminar

The teenagers will gather in New York on July 7 for a two-day seminar prior to leaving for Israel for study. They will have been selected from an expected 400 applicants. During the stay in Israel, they will visit such places as the grottoes at Rosh Hanikra, Carmel, the Negev, a camel ranch at Mamshit, the ancient cities of Cornov and Nabatea, Masada and dozens of historic sights in major cities like Jerusalem and Tel Aviv.

In addition, the Fellows will meet with some of Israel's most incisive thinkers, including writers, journalists and academicians from Israeli universities. They will participate in seminars with them as well as engage in discussions among themselves, led by a team of educators and counselors who come from a broad range of Jewish backgrounds.

The Fellowships cover all expenses, including roundtrip

transportation between New York and Israel, room and board, travel in Israel and incidentals.

The Fellows are selected solely on merit, according to Rabbi Avi Weinstein, a Jewish chaplain at Harvard University and director of educational programs for the Bronfman Fellowships.

The Fellowship program was conceived by Edgar M. Bronfman, president of the World Jewish Congress and chairman of the Seagram Company Ltd., who described the goal of the program as seeking "young people with proven qualities of leadership, intellect and character, capable of playing key future roles on behalf of the Jewish community."

The purpose, he said, is to afford the young people an opportunity to develop "a new understanding of the myriad issues facing the Jewish people and the Jewish state, and a new appreciation of the importance of Jewish unity."

Variety of backgrounds

The Fellows are selected from a variety of Jewish backgrounds — Orthodox, Conservative, Reform, Reconstructionist and non-observant. The idea, says Rabbi Weinstein, is to help the teenagers learn how to tolerate each other as well as get a taste of life in the Jewish state.

"We want them to examine questions of Jewish identity and Jewish unity, not only in theory but also as a living," he said.

Faculty members in the Fellowship program have noted

that in the past — Mr. Bronfman created the program in 1987 — some of the most heated discussions among the fellows have been over Israeli politics rather than religious viewpoints. "It may indicate that people these days find it easier to accept different ways to observe religion than different political viewpoints," Rabbi Weinstein said.

Program's aim

He also noted that: an aim of the program is "to encourage the Fellows to keep alive the lines of communication to each other, to the Jewish state and to the Jewish people in all its diversity after they return to the United States." He continued: "We want them to recognize that there is a common Jewish agenda that transcends their differences."

To apply

High school students in the U.S. and Canada who will be seniors in September 1991 may obtain application forms and detailed information by writing or calling the Edgar M. Bronfman Youth Fellowships in Israel, 17 Wilbur Street, Albany, NY 12202; telephone (518) 465-6575. Completed applications must be postmarked no later than February 1, 1991. The names of the 1991 Fellowship recipients will be announced on March 25.

Edgar M. Bronfman is chairman of the Samuel Bronfman Foundation, sponsor of the fellowship program. The Foundation is named for Edgar Bronfman's late father.



Commentary

Cynthia Engel
EDITOR

A couple of years ago Edgar Bronfman, president of the World Jewish Congress, was the guest speaker at the evening session of the Canadian Jewish Congress Plenary held in Montreal. Something he said that night shock me — and everyone else — in the audience.

"Imagine that as you get up one morning, just as you look in the mirror still rubbing the sleep out of your eyes, you hear a newscaster say, 'Israel' was destroyed this morning. The country of Israel no longer exists."

"How," he asked, "would you feel?"

I've thought of that statement more than once over the past few months and days and weeks, as the whole world rides the rollercoaster that is the Gulf Crisis.

I've tried desperately, as have all of us, to understand the lunacy that propels the man, Saddam Hussein, and anguished as the crafty, opportunistic Yasser Arafat wove the web that brought the Palestinian question into the forefront of negotiations towards the solution of a situation initiated and executed without a single consideration for his cause.

I've watched as Israel consistently maintained a low profile, all the while unquestionably poised to strike should the need arise.

I've commiserated with friends who are agonizing over children married and living in Israel; with friends whose children, on kibbutz or education programs in Israel, are wrestling with the difficult decision of staying on or coming home; with friends whose brothers or sisters or friends chose to make aliya for all the right reasons — and who are now facing terrifying times.

And I've watched as Israel continues on, welcoming fleeing Russian Jewry, settling them, training them, through all the talk of possible war, through awesome and terrible economic pressures the planes keep coming and, at each landing, Israelis are on the tarmac to say Shalom, welcome home.

Shalom. Welcome home.

Anyone who has visited Israel knows the meaning, knows the feeling of "Shalom. Welcome home."

Mr. Bronfman's hypothetical dire scenario will not, must not, happen. But the message he was trying to impart, the message that struck the hearts of all who heard it, was clear: Israel is the life bond of everyone who calls himself a Jew.

Have we done, are we doing, everything we can to help?

Survivors of two subcamps are being sought

The United States Department of Justice has requested the assistance of the World Jewish Congress in locating survivors of two subcamps of the notorious Mathausen concentration camp in Austria.

Individuals who can be of assistance in this investigation are asked to contact Miss Bessy Pupko, World Jewish Congress, 501 Madison Avenue, New York, NY 10022, (212) 755-5770.

Mailbag

Justin's Fan Club

Dear Editor:

This is a letter to Justin Cammy, a Jerusalem Friend:

Kol hakavod to you Justin Cammy! Your "Letters to an Ottawa Friend" are a true breath of fresh air in this time of despair and uncertainty in Israel; and throughout the world.

Thank you Justin for sharing your day to day experiences in Jerusalem. Having made your acquaintance during the last year through our many conversations regarding your application for your year at the Hebrew University, I am delighted to hear from you through your "letters." (By the way, I miss the phone calls from you and your flatmates!)

Thank you for keeping your "friends" up to date. Just as our faces are needed in Israel, your letters are needed here to keep the facts straight, (since the information we receive can be distorted at times). Please continue to write. Your letters bring back many wonderful memories of my years in Israel at the Hebrew University, and keep others in awe and envy of your experiences and adventures in Jerusalem.

Enjoy your year in Jerusalem!

Tova Glass

Academic Affairs Co-ordinator
Canadian Friends of the Hebrew University

Report on the General Assembly

By Bonnie Merovitz

I was privileged to be a member of the Ottawa delegation to the annual General Assembly of the Council of Jewish Federations held in San Francisco Nov. 13-18, 1990.

Keynote speakers during the week included Israel's President Chaim Herzog, former U.S. Secretary of State George Schultz, Benjamin Netanyahu and Yitzhak Rabin.

Among the many facts presented were —

• Actual figures for Soviet immigration to Israel this year of 200,000 and of 1,000,000 over the next three years, have far exceeded the original projections of 300,000 over the next three years. This has resulted in severe shortages in the areas of housing and jobs.

• World Jewry originally committed to raising \$600 million in US funds for Operation Exodus — the US at \$429 million, the Keren Hayesod countries \$80 million, and Canada \$100 million. It was a proud moment indeed when Julia Koschitzky, president of UIA Canada, stood before the 3000 delegates to announce Canada's commitment. Canada's contribution is all the more remarkable when one considers that the entire Canadian Jewish population is only 300,000 — a number equal to the Jewish populations of New York City or Los Angeles.

We were exposed to a group of extremely talented, as well as politically attuned, women who were risk takers. Just as Shoshanah Cardin, Jacqueline Levine, Esther Leah Ritz and Mary Zorensky must serve as our role models, we must look to the future to develop new, young leadership. We are fortunate that our own Ottawa community is moving in this direction.

Israel has paid a high cost during recent events in the Middle East — particularly through loss of tourism. It is very possible that the failure of world Jewry to support Israel with its physical presence could well contribute to the tiny state's ultimate demise as surely as could the current volatile situation.

Via satellite Teddy Kollek, the mayor of Jerusalem, urged us to bring the message home to our communities that Israel is a safe place to visit. And individuals who had recently visited Israel reiterated that fact and stated that the Israelis were grateful for their presence.

Havdalah services closed with a real sense of unity as 3000 delegates linked arms and sang together.

Bonnie Merovitz is incoming co-chair of the UJA Women's Division 1992 campaign.

Please Pay Your UJA/Operation Exodus pledge today!

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View from the Pulpit



Inter-Dating — Inter-Marriage

By Rabbi Gershon Sonnenschein

Congregation Beth Shalom West

If one were to look at the Sunday *New York Times* or any major newspaper, one would see that the wedding announcement column has an unprecedented number of marriages taking place between Jews and non-Jews. These "proud" announcements seem to suggest many young Jews are nonchalant today when they decide to sever their ties of a four thousand year heritage.

We are living in an age where the words 'freedom' and 'liberalism' predominate. Naturally, when a child reaches his/her early teens, a sense of maturity sets in. And, as it should be, an increasing range of personal freedoms is given. But it is unfortunate when those freedoms lead many young people to make choices which result in such wedding announcements.

It would be simple if this concerned another city. However, sad to say, even in Ottawa a positive attitude toward inter-dating is prevalent — as if the ties that bind and the importance of what it means to be Jewish is simply not there.

In a study done recently by the Committee on Jewish Education by the Federation of Jewish Agencies of Greater Philadelphia, it was found that those Jews raised in homes where authentic Judaism was practised were less likely to inter-date and inter-marry. The committee learned that Jewish education had a positive residual effect on the way young Jews practised their Judaism later in life and that the effect manifests itself on every level of Jewish commitment.

It is a sad commentary on our times that many young people are growing up in homes that have Jews in them, but are not necessarily growing up in Jewish homes. The young child, the young adult clearly see the sincerity and motives of parents in terms of how they practise and show their Jewish commitment. If there is a lack of sincerity, of authenticity, then what is a child or young teenager to think when he reaches the age of maturity and his age of freedom, when he is given the ability to choose? "If Judaism does not mean that much to my parents," he says, "if Judaism is simply something that I have to live with as a burden then it makes no difference to me whether I date a non-Jew and even marry a non-Jew."

It must be made clear once and for all that inter-dating/inter-marriage denies the Jewish people the opportunity of continuity. Our children, our young adults must be aware that the future of Judaism is in their hands and that by inter-dating/inter-marrying, they are dealing a death blow to the Jewish people.

The question that has to be posed is the following: if Judaism is to mean anything at all, if there is a role you want to play in the civilization of the Jewish people, it is up to the young people to remember that they must provide Jewish homes — for only in the home does Judaism have a chance of survival.

It is interesting that we keep returning to the home as the quintessence of the future of the Jewish people. The home is the bedrock and the root, the foundation, where Jewish life is born. The school, the Jewish education it provides, enhances and amplifies the importance of one's Judaism. The synagogue provides the opportunity for a sense of community to be understood by our young. We have the tools, we have the potential — it is up to us to ensure that we utilize this potential to the fullest.

There are many times when parents will ask me or other Rabbis in this community, "What are we to do?" The answer is not simple. The answer, first and foremost, requires effort, determination and perseverance. It is up to parents to ensure that their children have a Jewish milieu, are surrounded by Jewish friends, are in Jewish organizations, attend Jewish summer camps, attend synagogues where other Jewish children and teenagers can and should be found. Secondly, the home must become the bastion where Judaism and Jewish life and culture play a major role in the framework of the young child. Those of us who have children must realize that, though we do our best, we are not guaranteed 100% results. However, if we don't do our best then we have no right to expect great results. I believe it is important for parents to make it very clear to young teens that inter-dating is out of the question, it is not a consideration on the part of a Jew. There is nothing wrong, when approached by our young teens, to tell them, simply, the answer is no, we will not permit it, we will not allow it.

There are those who will say, "Rabbi, you are living in a dream world. They will go out behind my back. Better I should know what they are doing than not knowing at all." The answer to this is simple. By condoning and accepting it, you are making it all right for them to do what they want to do. Once you allow the door to open, there is no way you will never be able to close it again.

ISRAEL Rabbinic Human Rights Watch fights abuses in the territories

By Aliza Marcus
NEW YORK (JTA) — "A stranger that hath come over to you shalt thou not offend nor oppress, for ye were strangers in the land of Egypt."

It is to this Biblical phrase that Rabbi David Forman often refers, as he explains the rationale behind the founding of one of Israel's newest human rights groups: Rabbinic Human Rights Watch.

"The real question is not who is a Jew, but what is a Jew," says the 46-year-old Forman, who in December travelled throughout the United States spreading the word of the rabbis. "Somehow, the universal message of treating others with care got lost."

Across the spectrum

Rabbinic Human Rights Watch, or rabbis for human rights, as they are commonly known, got its start two years ago by a group of rabbis from across the religious spectrum who were concerned over reports of increasing instances of human rights abuses by Israelis against Palestinians living in the administered territories.

Most of the rabbis, like Forman, were American-born, but all are now citizens of Israel. They came together over fear that Jewish moral values were being eroded with every human rights abuse that was committed, even if committed in the name of security.

The group is avowedly apolitical and makes no claims on what should or should not be the status of the administered territories, but instead focuses solely on injustices committed against Palestinians, said Forman.

To this end, the 90 rabbis now affiliated with Rabbinic Human Rights Watch travel

frequently to the West Bank and Gaza Strip, investigating charges of human rights abuses and then making policy suggestions on how to end such occurrences.

"We've seen the army using mosque windows for target practice, we've seen cemeteries plowed over by the army, we've seen permission to build mosques revoked," said Forman. "These things are problematic."

Abuses range

The abuses range from comparatively mild claims of disrespect shown to mosques to more critical complaints of Palestinians fatally shot without cause, collective punishment, detention without trial, and deportation, according to a report issued by B'Tselem, a 2-year-old independent Israeli human rights group.

"How can you disagree with rabbis arguing for human rights?" asks Forman, acknowledging that his group is

not without its detractors.

Well-meaning people criticize Rabbinic Human Rights Watch for following those whom they allege try to hold Israel to a double standard: criticizing Israel for the killing of 17 Arabs during riots on Jerusalem's Temple Mount on Oct. 8, while ignoring worse abuses by the Syrians, Jordanians and Indians.

Forman has a simple response to this: "I apologize not at all for concern for Palestinian rights. We know the world keeps a double standard on Israel, and it's hypocritical."

"That doesn't interest us, because our concern is what our people are doing in our country — to use the lowest common denominator only diminishes Jewish moral worth."

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Engaged Lithwick-Wolfe

Ellen Lithwick is happy to announce the engagement of her granddaughter, Rona Elyse, daughter of Dr. Norton Lithwick and Mrs. Barbara Lithwick to Leny Wolfe, son of Phillip and Lillian Wolfe of Toronto. Proud grandmother is Beatrice Solomon of Boston.

Swedler-McCarthy

Sarah and Arnie Swedler are delighted to announce the engagement of their daughter, Ina to Stuart, son of Estelle and Mervyn McCarthy of Richmond Hill, Ontario. Proud grandmother is Raie Kleiman of Toronto. A summer wedding is planned.

It's A Boy!

Wolfe: Peter and Phyllis (Simkover) joyfully announce the safe arrival of their son, Robert Evan Philip, born Monday, December 17, 1990 at the Civic Hospital, weighing 7 lbs., 14 ozs., 21 inches long. Little brother for Keren and Barbara Gordon.

Graduation? Engagement? Wedding? Birth?

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ISRAEL

THE JERUSALEM NOTEBOOK

By Justin Cammy

I have just returned from an afternoon in town and, frankly, I've got a headache. At the bus stop, I was trampled by a group of older women in Israel's version of "The Running of the Bulls." At the supermarket, I was elbowed in the cheek by a nine-year-old kid who was after the last bag of 1%. At the post office, I stood in line for 45 minutes while the clerk sipped coffee and told me that "this is Israel; the customer is not always right." And at the bank, I couldn't get into my own account because, get this, "the picture in your passport is not you."

Now, I have just opened a letter from an Ottawa friend asking me to write a short note that she could use to promote teen trips to Israel. After all the *balagan* I've been through today, do I really want to encourage my friends back at home to come and experience this bureaucratic mess? And moreover, can I provide any deeper reason to visit The Holy Land than can the Israel Government travel brochures?

I reflect back to last year, at McGill, when a friend came over and remarked that our apartment was too Jewish. At the time, I pondered whether such a thing — being too Jewish — was possible. I wandered why she was so troubled by, among other things, the Israeli flag over the mantle, the posters of Ben-Gurion and Herzl, and the mezzuzot on each door post. That same afternoon, I got caught staring out of a bus window, admiring the passing vibrancy of the city for me, an allegory to the rhapsody of life itself. As any other certifiable nut might have done, I drew a parallel between my friend and her riding on buses. And I concluded that, at least in terms of her Judaism, she had been travelling at night when you could see nothing.

What does all this amount to in terms of the Israel experience? Israel is far more than sights. Far more than travelling from archeological sight "A" to synagogue "B". Israel is much more than a traditional summer "thing-to-do" for 17-year-olds, if one chooses to allow oneself to experience and to feel.

I firmly contend that Israel is the best medicine, the ultimate cure for the phenomenon of riding buses at night, that of assimilation, and especially the ongoing loss of interest on the part of North American youth in anything Jewish cannot be stopped by parents forbidding interdating. It will not be slowed through sending children for seven years in a Jewish school, only to have no Jewish environment in the home. It will not be curtailed by constant parental nagging to join a youth group. Such solutions are heteronomous, viewed by my generation as imposed from above and thus, frequently, to be rebelled against.

Teen interest in our people, our history, our culture can only be achieved through a renewed feeling of pride in being Jewish. Seeing and living Israel equals such a pride. To admire the vision of the Yishuv who saw the need to make the desert bloom. To be at the central bus station in Jerusalem on a Friday afternoon and watch the thousands of people, a microcosm of Israeli society itself, rush home for Shabbat. Young soldiers armed with an UZI in one hand and flowers for Mom in the other. White bearded men in black selling cards with the prayer for a safe journey on one side and the picture of the Lubavitcher Rebbe on the other. Fathers and children, students and Olim...

To dip apples in honey on Rosh Hashanah with Natan, an immigrant from Leningrad. For Natan to discover how appropriate a symbol an apple dipped in honey is for his family's new situation. And for him to whisper: "Shana Tova! Chaim Chadashim!" (New Year?! New Life!)

To be a part of a nation that is planning to accept a total of two million Jews. While America argues over whether to raise quotas from 50,000 to maybe 55,000, Israel only yesterday received 7,000 new immigrants. Israel tells them that even though she may face problems due to their numbers, that they should come, that they are welcome.

Israel is a land where youth from the epitome of Western provincialism, Ottawa, can feel completely at ease in an oriental environment. Jerusalem is a city where a secular Jew, such as myself, can enter an entirely new and challenging world by going to a Yeshiva in the Old City once per week.

This is the Israel that I employ all of our youth, now, while you're still young, to visit. Whether it be for a summer, or for a university year, Israel will allow you to do things and think thoughts that you never would have believed you could. To parents who are concerned about the future of Jewish life in the Diaspora — this is your best investment.

The Israel experience is key to an awareness of a vibrant and strong Jewish community in the world. As such, it establishes an inner-knowledge and peace of who one is. This creates intense pride. And the bottom line is, a proud Jew will remain a concerned Jew and an involved Jew — a Jew who realizes that he/she can be a modern individual while still maintaining close ties to an ancient, yet everpresent past.

P.S.: Congrats on the Senators!

As AIDS rate climbs in Israel, merits of testing are debated

By David Landau

JERUSALEM (JTA) — The number of cases of acquired immune deficiency syndrome in Israel has increased dramatically in recent years, though the Jewish state still has one of the lowest incidences of the disease in the Western world, members of a Knesset panel were told in December.

Dr. Moshe Mashiach, director general of the Health Ministry, told members of the Knesset Labor and Social Services Committee there have been 137 diagnosed cases of AIDS in Israel to date. Eighty patients have died, 76 of them men.

Professor Ze'ev Hendzel, chairman of the National Committee for the Prevention of AIDS, said that in Israel there were presently about 2,000 carriers of HIV, the virus that causes AIDS. He said about 80 percent of the HIV carriers would come down with the deadly disease within 12 years.

Hendzel called for significant increases of government funding for education and information campaigns about the disease. He also urged more funds for the treatment of AIDS victims and the establishment of hospices for advanced cases.

Committee chairman Ora Namin of the Labor Party and several of her colleagues recommended testing new immigrants for the HIV virus. But they were firmly against singling out

immigrants from Ethiopia, where AIDS is rampant in the general population.

According to a report in the Jerusalem newspaper *Kol Hair*, random testing of a single plane load of Ethiopian immigrants found 12 percent infected with HIV.

But committee members said that if Ethiopian olim were

tested, American immigrants should be too, since the AIDS rate in the United States is much higher than in Israel.

Labor Knesset member Amir Peretz called for "action to clear the name of the Ethiopians. First their Jewishness was impugned and now their health," he complained.

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ISRAEL

'Wasteland' softened by tears and blood

The morning after: anger and healing in Jerusalem

By Jonathan Mark
JERUSALEM (JTA) — At the Western Wall, at the end of the week when rocks and bullets flew, Jews in prayer "called down" the Angel Af-Bri, angel of the winter. The Af-Bri, literally "Anger and Health," was asked to temper the anger of the coming storms with the blessing that it also "soften the wasteland's face where it is dry as a rock."

The prayers were said as much for "the situation" as for the rainy season.

But as the days grew shorter and darker, the news seemed only of "anger" — an almost daily series of stonings, shootings, stabbings, war talk, international pressure and mourners.

Nevertheless, on the mornings after, in those areas where the "wasteland" was most softened by tears and blood, Israelis displayed an ability to heal and be healed in ways that were surprising, if not angelic.

Eli Altaratz was the proprietor of a flower nursery on Bethlehem Road in Baka, a south Jerusalem neighborhood that is more like an antiquated village than a piece of the city. Twice daily, a rundown 40-year-old passenger train chugs past the one- and two-storey homes, gravel paths, fruit stands and corrugated roofs. The thick colors and simplicity give the area the emotional and visual texture of an early Technicolor musical.

Altaratz, 43, lived near the flower nursery with his wife, Naomi, and their two small children. At 10 minutes to 7 on a Sunday morning, Altaratz walked to work on Gideon Street — more of a narrow dirt path than a street — carrying a potted plant.

Stabbed to death

Omar Abu Sirhan, a 19-year-old laborer, got off a red-and-white Egged bus a block away and stabbed Altaratz to death with a 16-inch bayonet. Altaratz was the fourth Jew to be stabbed in 10 minutes. He dropped the plant as he fell on Gideon Street, and the potted plant became his monument.

No one removed the plant. Others brought new flowers and handwritten notes and left them on top of the plant, as if it were a shrub growing out of the Western Wall.

In the house of mourning, Naomi Altaratz told those who comforted her that she could not maintain the flower nursery while working her own job and raising her small children.

Reflection of Eli

The nursery was more than a business, she said, it was a reflection of Eli: Hanging from a tree in the nursery was an old broken snare drum he wouldn't throw out. There, against a wall, was a primitive painting he made of Noah's Ark, and the animals two by two, signed "Albert Altaratz," his name in Yugoslavia, where he was the child of Holocaust survivors.

On another wall was his painting of Laurel and Hardy on a park bench, with Oliver offering Stanley a bouquet of flowers. Another painting was

more ominous: An angry wolf hovering over two little children.

The friends of Eli and Naomi Altaratz established a schedule of those who could spend a few hours a day behind the counter in the nursery, selling off the store, flower by flower. Other neighbors stopped in, buying flowers by the bunches, and when the bunches were gone, buying the packaged seeds of golden chrysanthemums, white-petaled convent gardens, blue minks and golden emperors.

After several weeks, virtually nothing was left but the drum in the tree and the hovering wolf.

By late November, 85 percent of all Israelis received their gas masks and a guide to its use. The nationwide distribution and orientation had gone well, but several weeks later, the tension was harder to contain. War seemed closer. People wondered if the quick orientation they received when they picked up their masks would suffice.

Soldiers explain

On a Saturday night in Jerusalem, an overflow crowd packs into a community social hall to listen to soldiers explain one more time, in far greater detail, what exactly might happen in the event of an attack.

Two soldiers hold up what looks like a gas mask crib.

"That's where you put in the baby," said the soldier. "It may scream and yell, but you don't have much choice. There's a snap on both sides. Now you've got the baby inside. You have a filter here, a filter there; on the other side you have two more filters. They tell me this is good up to six hours. Hopefully, you will hear on the radio instructions to leave the area. But don't take the baby out: Pull the strap out and make a tent out of it, and carry by the straps."

Mutant ninja rat

The soldiers ask for a volunteer to try on a mask designed for children. A little blond girl steps forward. She is dwarfed in the mask, looking like a mutant ninja rat with a large snout and round goggled eyes — not unlike the rodents used to depict the Jews in the "Maus" Holocaust cartoon. The audience applauds the volunteer.

If the mask doesn't protect you, says the soldier, "You take the syringe cassette, found in the gas mask kit, yellow side up, like the sun," and shoot the green side, "like the grass," into your thigh.

"Through the pants?"

"Through the pants. Tighten the pants."

Each kit contains three syringe cassettes, each containing a varying dose of atropine suitable for an infant, for a child and for an adult.

The medicine in the syringe, says a soldier, "draws all the chemicals and fluid in the body to one spot. Then, the object is to get to a doctor as soon as possible."

If too large a dose is taken, the person will dehydrate. The soldier suggests that after injecting oneself, the color-coded syringe should be bent into your clothing so that when the medics find you they will know what it is that you are unconscious from.

Inject the needle

To inject your baby, says the soldier, place the plastic of the gas mask crib directly against the baby and inject the needle through the plastic and into the baby.

A mother asks, "How will I know if my baby needs a shot?"

"He'll be crying," yells out one person.

"He'll be crying anyway," said the soldier. "What will happen to a baby is what will be happening to anybody else. You'll see that the baby will have excess mucus coming out of his nose, he'll have a whole lot of bile and vomit coming out of his mouth, his eyes will be tearing and he'll have no control over excretion."

"And how will we know when it is safe to come out?" cried out a listener.

Siren will sound

"There will be a siren," says the soldier. "Identical to that used on Holocaust Day and Memorial Day," which sounds as a notice for cars and buses to stop in their places, and for people to stand still for a minute of silence. "Identical to the siren heard on Friday afternoon," which is sounded to let the women know it is time to light candles, and for the men to know it is high time to pray.

Two candles are lit in Apt. 4 on Sorotkin Street in Jerusalem, but rather than being for Shabbat they will burn for a week, in honor of Libby Kahane's father who died naturally on Nov. 5, and her husband Meir who was assassinated a few hours later.

According to Orthodox fashion, the women mourn in one room, the men in another. There were thousands who created a commotion at Kahane's funeral, but relatively few of them actually know

Kahane enough to pay a shiva call.

There are no television cameras. Only a small tape recorder and writing tablet on which the family asked for personal recollections from those who came to comfort or mourn.

Son a suspect

Beni Kanane, 22, Meir's son, sits on a low-lying cushion. The police suspect him in the death of two Arabs who were shot, shortly after Meir was, near the West Bank settlement where the young Kahane lives.

As the candles burn, Beni sits on a cushion in the parlor of his parents' apartment, knowing that he is wanted for questioning about a murder, knowing the police would not arrest him during the shiva.

Rabbi Nachman Kahane, Meir's brother, who is the spiritual leader of a synagogue in the Old City's Moslem Quarter, sits next to Beni.

Nachman told a visitor that he did not think it hypocritical for those who disagreed with his brother in life to now mourn. He said it is correct to pay respects to the dead and the sense of Heaven that death inspires in the living; there is no shame in being a mourner or a

comforter.

At times the apartment is so empty that there are more family members mourning than visitors, a place of quiet and silence in the eye of the storm.

On the wall, a Hebrew sampler reads: "Light is sown for the righteous." A half-empty bottle of orange soda sits untouched on a table. From the terrace, some watch the day get dark and say it is time for prayer.

In the distance, a few Arab homes fly black flags from their television antennas, as part of a 40-day mourning period for their own. In the Kahane living room, a portable Torah ark with a wrinkled blue satin curtain points to the direction of the Temple Mount, on the other side of the city.

And in this season of the Af-Bri, mourners and comforters pray the afternoon and evening prayers, as they have since the advent of winter: "He makes the wind to blow and the rain to fall...removing light before darkness and darkness before light," blessing the God "who brings on the darkness."

Jonathan Mark is associate editor of *The N.Y. Jewish Week*, where this article first appeared.

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Powerful film on Jews in Syria now available

In The Shadows: the Forgotten Jews of Syria, a powerful documentary film premiered at the Human Rights Day Breakfast December 9, is now available to congregations and organizations.

Brought to Ottawa by Helen Cooper, a spokesperson of the

National Emergency Task Force on Syrian Jewry of Canadian Jewish Congress, the film is the story of a part of the Jewish people that is in dire peril on a daily basis.

"They are trapped, imprisoned in their own country," Cooper told about 125 people

in a gripping address.

The event was co-sponsored by the Soviet Jewry Committee of the Jewish Community Council, B'nai B'rith Lodges of Ottawa and Congregation Machzikei Hadas.

Rescuing the Syrian Jewish community cannot be

approached in the same way as the Soviet Jewish community. It must be discussed discreetly because the escape methods are secretive and the remaining community must remain unendangered.

"The rescue of Syrian Jewry is like a game of pick up sticks," Cooper said. "You have to save them one precious soul at a time and get them out without having the whole pile collapse."

"One wrong move on our part could result in a pogrom for them."

As documented in the film through interviews with Syrian Jews who have escaped, the

regime has a branch of the secret police designated to watch the Jewish community which is denied the vote, government employment and freedom of travel. Punishments include imprisonment, nazi-like torture and death.

The Dr. Ronald Feld Fund based in Toronto, a major sponsor of the rescue mission, has been the voice and lifeline of Syrian Jewry. And now with its sponsorship of *In The Shadows* it is providing a new vehicle for public awareness.

To arrange for a showing of the film, organizations and congregations may contact Community Relations Director Ruth Kahane at 232-7306.

Sharansky says Russian exodus defining fate of Jewish people

By Joy Eskin Moskovic
Soviet Jewry activist Natan Sharansky spoke in Ottawa recently at a reception sponsored by the Canadian Associates of Ben-Gurion University of the Negev.

Sharansky, who began his Canadian tour here, told approximately 60 people. "We are now facing the last pages of the Russian chapter in our Jewish history."

Sharansky's own exodus to Israel after his nine-year imprisonment in Russia made international headlines and inspired world Jewry. Today, 1000 Russian Jews arrive in Israel daily. He estimates that next year, 500,000 Russian Jews will emigrate to Israel.

Anti-Semitism has made it

impossible for a Jew to remain in Russia. In the new "open" Soviet Union, "one of the major two or three questions that is discussed all the time is... to what extent Jews can be blamed, or should be blamed, in all that is wrong with Bolshevism."

This huge aliyah wave, spurred by the escalating Russian anti-Semitism, is defining the fate of the Jewish people, Sharansky said, "no less than it was defined in Egypt, or in 1948, when Israel was created."

Absorbing all these new immigrants is a major challenge for Israel. In three or four years, if immigration levels remain constant, Russian emigres will have increased

Israel's population by 25 per cent.

Ben-Gurion University, which awarded Sharansky an honorary doctorate last May, has become a major player in the absorption process. It has pledged to accept 1000 new Russian students over the next two years — a 20 per cent increase in the student body. Approximately 550 Russian students began their studies at the university this fall.

Rabbi Jordan Pearson, national president of the Canadian Associates of Ben-Gurion University of the Negev, spoke of Sharansky's courage and strength, and how he and his wife Avital touched the lives and hearts of Jews in the Diaspora.

Pearson honoured those who have recently made major commitments to Ben-Gurion University's scholarship programs. Ben Globberman, the Grossman-Klein family, David and Rebecca Zelikovitz, and Max Zelikovitz were presented with plaques by Sharansky and Pearson in recognition of their contributions.

Soviet aliyah

Continued from page 1

transformed.

Chertok feels that it is an ideal time for big (public works) projects. Engineers and scientists can be put to work building much-needed infrastructure such as roads, highways, desalination plants, and the Med-Dead Sea project, to name a few.

"All we need is a lot of money" he said.

"The Israeli economy could become what Boston used to be. We have the basis for a knowledge industry that would become the basis for the Israeli economy," said Chertok. "People would come from all over the world to learn, train, and pay for new services, products and processes."

Given Israel's current economic situation, the transition toward a knowledge-based economy will not be an easy one, the author said. Many

people will be dislocated, the immigration flow will accelerate, and it will be some time before the 21st century blueprint of Israel's growing knowledge industry will be realized.

Chertok contends the adaptation and absorption have more to do with perspective than anything else. "Israel looks very, very good to Soviet olim; whereas for U.S. and Canadian Jews, it's a very difficult life."

The Soviet olim are a remnant of 19th century liberal social democratic thought, he said, rather than a money-oriented consumerist group, which should help them.

"There's food and the clincher is that there's hope for the children in Israel which didn't exist in the Soviet Union," he said. "I think this will be the decisive factor in the end."



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ISRAEL

IN ISRAEL: Aliyah

This issue's In Israel column is the first in a series written by former Winnipegger/Ottawan David Kantor. A psychiatrist by profession, David is a recent immigrant to Israel. His pieces will offer perceptions of and opinions about the Israeli scene through the eyes of one who is at the same time an Israeli citizen and a born and bred Canadian.

By Dr. David Kantor

Who moves to Israel when some barbaric megalomaniac is threatening to "incinerate" half the country?

How does one justify installing him or herself, and family, into a region threatened by war?

My response is simplistic and concrete: there is a great deal of faith in Israel's ability to defend itself. People here generally do not fear that in case of war the country and its inhabitants would suffer significant physical damage. Of course security is a real concern, and always has been. But I genuinely believe that this issue in itself is not among the essential factors that determine one's making or not making aliyah. More on this in the future.

So, why move to Israel? For any individual or family that seriously contemplates taking this step, the reasons will be related to intense personal feelings. Yet the various personal issues must all be connected in some way, interwoven with a common thread.

What then is the common theme? In my mind it can best be described in terms of a sense of "belonging". I will not take upon myself the impossible task of defining this term as any definition would be individualized.

This feeling of belonging, regardless of the personal connotations, is, I think, a function of one's sense of "Jewishness." That is, due to some essential degree and nature of awareness of one's Jewishness, an individual feels that he/she belongs in Israel.

Strong identity

Now, there is a multitude of North American Jews who by their statements and actions clearly demonstrate a strong Jewish identity. But it is clear that this identity itself is not enough to compel someone to make aliyah. Rather it is the "nature" of one's awareness that seems to be the unknown variable in the equation.

Speculation upon this intangible factor is beyond the scope of this article. Suffice it to say that for this writer an attempt at aliyah seemed to be essential, due to several recurrent themes that presented themselves.

•First, I was faced with the uneasy acknowledgement that, since I felt that a secure Israel was essential to the security of Diaspora Jewry and thus obviously myself, Israelis were in fact fighting my battles for me.

•Secondly, I was intoxicated during my previous visits to Israel by the revelation that in Israel I needn't struggle to live a Jewish life; rather, one can't help but live as a Jew, secular or observant, when one sees only Hanukkah in the streets in December; when one needn't 'skip work' on Yom Kippur; and when one says Shabbat Shalom even if it is a Shabbat spent not in synagogue but tanning at the beach.

•Last, but not least, not being "where the action was" left me with a tremendous feeling of frustration. I followed happenings in Israel, felt that they affected me, wanted to do something....but there was nothing to do. I was only an outsider looking in.

Support status quo

The average Jew in the Diaspora cannot make a significant impact upon the situation here, whether it be politically, socially or otherwise. He/she can only support the status quo set by Israelis. Although an oleh may feel handcuffed here

as far as being part of any movement for change, logic dictates that at least the opportunity to play a part is greater if one is living here on a day-to-day basis.

I have been in Israel for just seven months. My wife is Israeli and of course that helps.

Possibly unsuccessful

I quite consciously acknowledge the possibility that my aliyah will not be a successful one. I am prepared (or at least wish to believe so) for the possibility that sometime in the future, near or not so near, I will be seen skulking through the streets of Ottawa, a failed oleh. God willing, that won't happen.

Greatest tragedy

Having said that, I do believe that the greatest tragedy of the aliyah movement is that Israel is viewed as a haven for persecuted Jews and not as a home for the entire Jewish people. This outlook ensures that those who could do the most for the country, those with the know-how, influence and wealth, choose not to live in Israel.

Israel has many serious problems. The positive impact upon them by a significant North American aliyah would be inestimable.

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From Soup to Nuts

By Donna Karlin

Chocolate — the word that brings to mind the fabulous, fudgy cake you had on someone's birthday, or the decadent, creamy, chocolate dessert you ordered in a restaurant, that's unforgettable. Whatever the dessert, the word chocolate always seems to bring on a smile!

Frozen Chocolate Rum Charlotte

Chocolate Cream:

14 oz. sweetened condensed milk
6 oz. semi-sweet chocolate
3 Tbsp. dark rum
1 cup whipping cream, whipped

Melt chocolate with milk until smooth. Transfer to a bowl and cool to room temperature, stirring occasionally. When cool, stir in rum, then gently fold in whipped cream.

Chocolate Rum Charlotte:

about 18 ladyfingers, split (36 singles)
about 1/3 cup dark rum
1/2 cup whipping cream
1/2 tsp. vanilla
1/2 tsp. dark rum
3 Tbsp. finely chopped pecans
1 Tbsp. sugar

Line bottom of 9" springform with waxed paper. Cut ends of some ladyfingers into a point to make a rose pattern in the bottom of the springform pan. Cut a small circle from 1 ladyfinger to form centre of rosette. Place rounded side down in springform and crissle with just enough rum to moisten. Cut tips off one end of remaining ladyfingers to line sides of pan. Fill with chocolate cream. Trim tops of ladyfingers to same height as filling. Arrange remaining ladyfinger pieces to cover filling. Cover and freeze at least 8 hours. Just before serving, lightly whip cream. Add sugar, vanilla and rum and beat until blended, but not stiff. To serve: Remove sides of springform and invert charlotte onto serving platter. Spoon or pipe puffs of whipped cream around base of charlotte. Sprinkle cream with pecans. Pass with remaining whipped cream. Serves at least 10.

Wellesley Fudge Cake

This cake dates back to the 1800s to a tea room in Boston. It's fabulous!

4 squares unsweetened chocolate
1/3 cup water
1 3/4 cups sugar
1 2/3 cups flour
1 tsp. baking soda
1 tsp. salt
1/2 cup butter or margarine
3 eggs
3/4 cups milk
1 tsp. vanilla
Fudge frosting
(recipe follows)

Melt chocolate with water until smooth, stirring constantly. Add 1/2 cup of the sugar and cook 2 minutes longer. Cool. Mix together flour, baking soda and salt. In mixer, cream butter. Gradually beat in remaining sugar and beat until light and fluffy. Add eggs, one at a time, beating well after each. Alternately add flour mixture and milk, beginning and ending with flour. Blend in vanilla and cooled chocolate mixture. Pour into 2-9" pans that have been greased and floured. Bake at 350 degrees for 30-35 minutes, or until tester inserted in the centre comes out clean. Cool 10 minutes, then remove from pan. Cool on wire racks. Frost and garnish with chopped nuts if desired.

Fudge Frosting

4 squares unsweetened chocolate
2 Tbsp. butter or margarine
4 cups icing sugar
Dash salt
1/2 cup milk
1 tsp. vanilla

Melt chocolate with butter, stirring constantly. Combine with remaining ingredients in processor until smooth (can use mixer). Let stand until spreading consistency. Spread quickly between layers and on top and sides. (Add more milk if it hardens too quickly).

Chocolate Peanut Squares

Bottom Layer:
1 cup chopped, unsalted roasted peanuts
1/2 cup flour
1/2 cup packed light brown sugar
1/4 tsp. baking soda
1/4 tsp. salt
5 Tbsp. unsalted butter, melted

Top Layer:
3 Tbsp. unsalted butter
2 squares unsweetened chocolate, chopped
1 large egg
3/4 cup sugar
1/4 cup whipping cream
2/3 cup flour
1/4 tsp. salt
1/4 cup milk
1 tsp. vanilla
4 squares semi-sweet chocolate, chopped

Preheat oven to 350 degrees. Butter an 8" square pan. Bottom Layer: Combine the first five ingredients. Stir in melted butter until blended. Pat into bottom of pan, evenly.

Top Layer: Melt chocolate and butter in small pot. Stir and melt until smooth. Remove from heat. Beat the egg with sugar until light, 1-2 minutes. Beat in the chocolate mixture. Combine the flour and salt. Stir into the chocolate mixture alternately with the milk beginning and ending with the flour. Stir in vanilla. Spread over the peanut layer and bake 30-35 minutes until the top springs back when lightly touched. Cool 10 minutes on rack.

Frosting: Meanwhile, place heavy cream in small heavy pot, over low heat. When it comes barely to a simmer, remove from heat and stir in the chocolate. Stir until smooth. Spread over the chocolate layer while slightly warm. Cool thoroughly and cut into squares.

ORGANIZATIONS AND PEOPLE

Hadassah-WIZO's sweet fundraiser

Chocoholics, prepare! Feb. 3 it's time for 'A Taste of Chocolate'

Ottawa Hadassah-WIZO's yummy fundraiser, the fourth annual A Taste of Chocolate show will take place on Sunday, February 3 from noon to 5 p.m. at the Chateau Laurier Hotel.

The confection show, an indoor feature of Ottawa's Winterlude Festival, attracts thousands of visitors.

The 1991 edition promises to be the most lavish yet — building upon a tradition established in 1988 when the Amit Chapter of Ottawa Hadassah-WIZO launched the fundraiser. The event has since been picked up by numerous Hadassah-WIZO cities from coast to coast and has proven to be a major source of revenues for the organization's charitable projects in Israel.

This year's show will include more exhibitors than ever before offering a wide variety of free taste samples throughout the Ballroom and Banquet Room of the Chateau. There will also be an array of games, contests and draws for the whole family.

Major demonstrations by professional and celebrity cooks in the Adam Room will be complemented by mini-demonstrations in the exhibitors' area.

New this year is a Silent Auction that will offer visitors the opportunity to bid on valuable, and tasty, merchandise.

The single admission fee of \$6 for adults (\$2 for children under 12) entitles visitors to taste samples, view demonstrations, and participate in all games and draws at no extra charge.

"It's the best deal of Winterlude," says Chairman Robin Chernick.



Karen Schwey, above, with a delectable assortment of delights from Karen's Chocolates will be among the exhibitors.

Co-chairman Miriam Silvert recommends buying tickets in advance to avoid lines.

"Winterlude officials and our own Hadassah-WIZO office were getting numerous calls as far back as November from people asking when the show was going to be held and

where they could buy tickets! We're expecting a capacity crowd," Silvert says.

For information on A Taste of Chocolate call Hadassah-WIZO at 728-3784, Miriam Silvert at 726-0488 or Robin Chernick at 728-8110.



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KID LIT

by Deanna Silverman

Parenting

Once upon a time, good parents pretended that childhood was a time of idyllic peace, security and innocence. A golden rule of parenting became "what wasn't spoken of, didn't exist." Kids knew better but didn't tell their parents.

Today we let it all hang out. We know that kids of all ages are aware of and react to every nuance of their external environment. We know they are frequently coping with their own inner world of doubts, confusions, worries, inexperience and mixed emotions.

Modern parenting guidelines advise effective listening for effective parenting. Acknowledge and share feelings and thoughts.

Sitting-on-the-lap Jewish Kid Lit can be an "open sesame" for sharing realities and concerns, both little and big. Kar-Ben Copies, Inc. sent me three books that I'll use as examples.

Sophie's Name

By Phyllis Grode

Illustrated by Shelly O. Haas

Kar-Ben Copies, Inc. 1990

Unpaged Ages 4-8

By Brother's Bar Mitzvah

By Janet Gallant

Illustrated by Susan Avishai

Kar-Ben Copies, Inc. 1990

Unpaged Ages 4-8

Mommy Never Went To Hebrew School

By Mindy Avra Portnoy

Illustrated by Shelly O. Haas

Kar-Ben Copies, Inc. 1989

Unpaged Ages 4-8

Sophie's Name is a warmly written story about a problem common to many kids.

Who wants a name with 23 letters, two spaces and a dash? Not Sophie Davida Finkle-Cohen. It's too long for a short person and too different, she says, persuading her parents to call her Sue.

Over time, however, Sue learns that other people also preferred "better" names and that there are traditional and modern reasons for her unique combination of names. As her understanding grows, so does her acceptance and pride in having a name "that no one else has."

Soft purple and peach watercolours reflect the good-natured charm of the story while two sepia tints indicate flashbacks.

My Brother's Bar Mitzvah is a gentle, humorous story about a kid sister's anxieties and envy over her brother's "big day."

Sarah is puzzled and worried by family expectations that on his Bar Mitzvah her messy, gum-stringing brother, Big Bad Ben, will somehow "become a man." No way, she thinks, keeping tabs on everything Ben says and does.

Much as she envies all the attention Ben's upcoming Bar Mitzvah is getting, Sarah grows increasingly concerned that the family is in for a major disappointment. Ben shows absolutely no sign of growing up fast enough.

Happily, that something spe-

cial that magically happens at all Bar Mitzvahs happens at their liberal congregation as well. That Shabbat, before Sarah's very eyes, Ben fulfills his religious obligations as well as any man.

Cozy black and white illustrations emphasize the family's affectionate, supportive feelings for each other.

In *Mommy Never Went To Hebrew School*, Rabbi Portnoy makes concrete the abstract concept of conversion.

In a straight-forward, accepting manner, an eight-year-old boy describes his extended family's religious affiliations, how he found out that his mother "started off not being Jewish but became Jewish later on," her motivation and the conversion process.

Although some of the writing is too sophisticated for an eight year old (e.g. "Jewish by choice"), Rabbi Portnoy succeeds in portraying what conversion means, in practice, for one family.

She shows realistic concerns and manoeuvres as the boy wonders if he's the only Jewish kid whose mother wasn't always Jewish and if Mommy didn't go to Hebrew School when she was little, why should he.

The illustrations are comfortable, though not particularly interesting. Black and white pictures are used for the present. More formal blue and white drawings depict pre-conversion scenes.



Saratoga Sailors Celebrate Hanukkah

Sailors in the Red Sea in support of Operation Desert Shield light the Hanukkah menorah on the first night of Hanukkah aboard the USS Saratoga (CV 60), led by Lt. M.S. Kaprow, Jewish chaplain. Hanukkah supplies, including menorahs, candles, dreidels, and gifts for crew members were provided by the JWB Jewish Chaplains Council, a service of the Jewish Community Centers Association of North America, and the JWB Women's Organizations' Services. (Photo by PH2 Bruce L. Davis) (Credit: JCC Association Press Service)

Steve French

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COMMENT

The West keeps up its Mideast double standard

By Ian Kagedan

Ian Kagedan is government relations director for B'nai Brith Canada.

OTTAWA — Whatever the outcome of the current military standoff between Iraq and the unstable U.S.-led alliance of Arab states, there is no doubt that Saddam Hussein's invasion of Kuwait has permanently changed the face of Middle East politics.

Iraq's military power alone is enough to present a source of instability sufficient to coalesce U.S. and Soviet official opinion. Yet apparently ignorant of the profundity of the changes already underway, our Middle East policy experts, in government and in the press, retain their traditional stances. By doing so, they are propelled to greater irrelevance on the world stage.

We have been quite ready to condemn Iraq, long a scoundrel noted for unreserved brutality against its own and neighboring populations. At the same time, editorial writers rushed to castigate Israel when 20 were killed on the Temple Mount in the aftermath of a vicious stone-throwing incident, the best organized attack on Israelis since the intifada began.

On the diplomatic front, we saw reflex finger-shaking from the Department of External Affairs, and our United States ambassador cheerleading at the Security Council for the establishment of an investigatory commission to travel to Jerusalem to investigate Israeli "brutality."

Nothing in common

For a while, Saddam Hussein succeeded in linking his invasion of Kuwait with Israel's holding of territories taken in 1967. In reality, one had nothing in common with the other, but Saddam could rely on the West's reflexes to establish his argument.

We haven't heard much of this linkage lately, for Saddam has no intention of withdrawing from Kuwait. His true desire as the Hammurabi of a contemporary Babylonian empire is domination of the Arab world, and the action he has identified as validating his claim to universal rule is the destruction of Israel, which he, as many of those now allied against him, has never accepted as a legitimate state

among the states of the Middle East.

Since Saddam's invasion, two major long-term conflicts in the Middle East have essentially ended. Iran and Iraq have now made peace, and Syria has pacified Lebanon.

While reporting the brutality involved in ending both these conflicts, including the 300 or so killed in a single day when Syrian troops cleaned out the Christian sectors of Beirut, words of consternation and condemnation were few and far between. Why? Because the West is essentially racist when it comes to the Arabs.

From the Crusaders to the British in Lawrence of Arabia's time, the West has looked down on the Arabs, believing them incapable of Western standards of civility. There continues to be a failure to understand the other as he sees himself.

Among the most glaring symptoms of this misguided attitude is the reluctance of governments and editorialists to place demands on Arab nations akin to those demands regularly placed on Israel.

Israel presumed reasonable

It is presumed that Israel is the only party capable of being reasonable and being capable of sensitivity to other nations' needs and concerns. Thus, one does not see calls on Syria to withdraw quickly and completely from Lebanon, or to take the plunge and offer to make peace with Israel. After all, what would Syria have to lose?

Even negotiations over the Golan Heights, which are unimaginable today, might become a possibility after a decade or two of peace. Other nations have waited longer to resolve their border differences.

Nor does one see Saudi Arabia called upon likewise, to make peace with Israel. It has nothing at all to lose, and potentially much to gain.

Possibly the greatest losers in the current process are the Palestinians.

Yasser Arafat's alliance with Saddam Hussein has confirmed what our government, most of our editorialists and a host of non-governmental organizations with interests in the Middle East have refused to see: the Palestine Liberation Organization never gave up

its commitment to Israel's destruction and never gave up terrorism.

To this day, it continues its involvement in attacks on ordinary people in Israel, like Marjane Kimelman, the young Torontonian murdered by a terrorist bomb on a Tel Aviv beach last July. To this day, it continues to order the murder of Palestinians in Israeli-controlled territories who dare to reject its demands for exclusive authority over their lives and destiny.

What makes Arafat's embrace of Saddam Hussein even more ironic is the blow to the economic well-being of the territories which has resulted from the invasion of Kuwait.

Millions of dinars sent

Kuwait was home to thousands of Palestinians, whose millions of dinars sent to family members in the territories contributed significantly to their ability to manage a lifestyle vastly improved, with Israeli help, over that prevailing before 1967. Economic pressures on Jordan, another of Saddam's allies, have diminished the quality of life of its residents, 55 per cent of whom are Palestinians.

Beyond this, there is the continual stoking of the fires of the intifada by Saddam and his sycophant Yasser Arafat, causing pain and suffering for Palestinians and Israelis alike.

Unless the Iraqi threat is nullified, little real progress can be expected toward the over-all resolution of conflicts. But once that threat is gone, sooner hopefully than later, the prospects will be unlimited if decision-makers open their minds.

The process can begin even now, by acknowledging the PLO for what it is, a cruel abuser of the Palestinian people and a manipulator of the West. The PLO must be abandoned as interlocutor for the Palestinian cause. Let Israel work with Palestinians willing to work with it.

At the same time, it behooves any party intent on real progress to prepare to make concrete demands on Arab countries, with all the attendant expectations.

Reprinted from the Gazette, Montreal, December 18, 1990 edition.



Centrefold

The News from the Jewish Community Centre of Ottawa

Volume 2/No. 21 • January 11, 1991 • Tevet-Shvat

\$8,140 raised for Israeli Soldiers' Welfare Fund

650 attend Shir-a-Trom Concert

By Estelle Melzer

Ottawa's first ever Shir-a-Trom was a resounding success.

A cheque for \$8,140 was sent by the Ottawa Jewish Community to the Vaad La Maan Ha Chayal, the Soldier's Welfare Fund, in Israel.

This money was the net profit after expenses, of a memorable evening of Israeli song, presented by some of the best of Israel's performers.

The event was jointly sponsored by the Jewish Community Centre, the Israel Program Centre, and the Embassy of Israel.

Over 650 Ottawans filled the sanctuary and auditorium of Agudath Israel Synagogue to participate in Shir-a-Trom on December 12.

Shir-a-Trom is a Chanukah tradition in Israel, a 36-hour song marathon on Israeli radio. Listeners call in, donate money to the Soldier's Welfare Fund, and get a chance to dedicate a song to their particular soldier. In Israel, everyone has a particular soldier.

For the first time, this year Shir-a-Trom also took place simultaneously in some cities in North America.

Three Canadian cities, Montreal, Toronto, and our own Ottawa, participated.

Ottawa's Shir-a-Trom presented a double-header — the best of the new generation of singers and the best of the original Sabra generation.

Iris and Ofer opened the evening with an avant-garde jazz-influenced program of songs. "We are trying to synthesize the oriental tradition of Israeli music with the beat of jazz," Iris explained. Her strong, resonant voice was particularly impressive in scat arrangements. Iris and Ofer introduced the audience to some of the new directions Israeli music is taking.

The second half of the program belonged to Yaffa Yarkoni, a performer whose name immediately evokes images of Israeli soldiers, the fledgling State of Israel during its creation, and the many struggles since.

Yaffa Yarkoni first began performing as a young soldier during the War of Independence. Over the years the "Bob Hope of Israel" has performed countless times before Israeli soldiers, in periods of relative calm, and during the many wars.

A consummate entertainer, she has an amazing ability to relate to her audience.

She had a normally undemonstrative Ottawa audience laughing, clapping, singing along, responding to her every gesture and joke.

She even included members of the audience in her act. Yakov Paran, Acting Ambassador of Israel to Canada, received an unforgettable lesson in tambourine accompaniment, and Bob Gencher, chairman of Shir-a-Trom '90, sang a torchy duet with the irrepressible star.

Her message, repeated again and again, was: "Come to Israel. Visit. Your presence will make Israelis feel less alone."

All of the performers came to Ottawa at considerable financial sacrifice. Iris and Ofer even subsidized their trip out of their own funds.

This attitude is typical of the Israeli's response to Shir-a-Trom. At the end of this year's Shir-a-Trom in Israel, over 8,000,000 shekels had been collected, with pledges still coming in. Every Israeli gives.

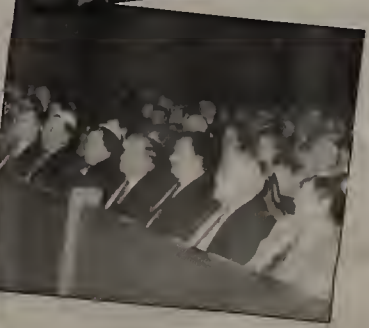
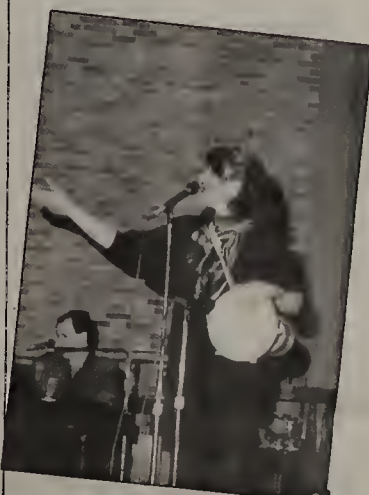
This year, the Jewish Community of Ottawa also responded overwhelmingly to the spirit of Shir-a-Trom.

Many people contributed to the success of this event. The committee would like to thank Agudath Israel Congregation, and in particular, Danny Friedman, who took care of all arrangements, large and small, with his usual dedication and enthusiasm.

Shir-a-Trom would not have taken place without the support of the Israeli Embassy and the invaluable help of Consul Ephraim Mazor. *Yasher koach* to Chairman Bob Gencher for all his hard work.

Many thanks also for the generous support of Sonia Kizel, the Rideau Bakery, Hy Bloom, Joey Osterer, Min-to Place Hotels, and many, many others.

Finally, the committee says thank you to the entire Ottawa Jewish community for its support and enthusiasm. *Kol Kavod, Ottawa.*



Chailights

Reflections from the President's Desk
By Ralph Kassie
President, Jewish Community Centre



Sharks and Jets and Fitness Tests

"Officer Krupke, I'm down on my knees 'cause no one wants a fella with a social disease."

To most of those under the age of 20, this might seem like a jingle for safe sex. However, those of us on the "other side" fondly recall this refrain from the musical *West Side Story*. This bittersweet tale of rival gangs, the Sharks and the Jets, and star-crossed lovers, will be the JCC Theatreworks teen play production this year.

Auditions are underway and rehearsals start at the end of the month. This year, by popular demand we are adding a third performance.

Once again, the JCC is calling all interested teens to come forward. Now is the time! Don't be shy. Actors, dancers, singers, stagehands, ushers — there's a place for you! The camaraderie is great, and the production, as you well know, is first class.

A reminder to the community at large. Don't forget to support our teens when asked to buy a ticket to this exciting event.

For the over 40 set, the buzz word for the '90s is no longer "fitness," but "wellness." This concept encompasses not only muscle tone, exercise and diet, but an awareness of self, stress reduction, lifestyle modification, consciousness of the environment, knowledge of CPR, approaches to dealing with aging and retirement, and a host of similar living decisions.

The Centre movement is at the forefront of facilitating programs to educate and stimulate in this area. Peruse the two page spread of JCC winter courses in this month's *Centrefold* and take advantage of the first-class programs put together by our "wellness" staff.

As for myself, I am working on my own wellness, while writing this column in the sunshine of the orange juice capital of the world. If there is sand in your paper, I apologize. Oops! A frisbee just whizzed by my ear.

I wish you all the best in 1991 and I urge you to take advantage of all the good things happening at your JCC. See you at the Centre (when I get back),
Ralph

75 attend Barrhaven annual Chanukah party

By Diane Koven Porish

Renee and Stuart Bernstein were hosts for the Fourth Annual Barrhaven Family Chanukah Party held on December 9.

This year's party was the biggest by far. Over 75 people jammed into the Bernsteins' home to munch latkes and meet their neighbours. Cool under pressure, our gracious hosts made everyone welcome and kept the latkes coming throughout the afternoon.

Newcomers expressed surprise when told that there are about 100 Jewish families in Barrhaven now, and more are moving in all the time. The

party provided a great opportunity to "network" with neighbours and to discuss informally the types of activities or programs that Barrhavenites would like to see in the area.

In the next few months, the JCC, together with the Barrhaven Jewish Community Association, is planning an adult-only "Games Night"; a Sunday afternoon family sleigh ride; a community Pesach seder, and more.

If you missed the party and/or would like to get involved in helping to plan activities in Barrhaven, please call Diane at the JCC, 238-1818.

The Drop-In Diner

Every Tuesday 12:00-1:30 p.m.
at the JCC, 151 Chapel Street

HOT KOSHER LUNCH — soup, main course, salad, dessert and drink.

Cost: \$3.50 for seniors; \$4.50 for others. Buy 5 meals, get the 6th meal FREE.

Centrefold is a monthly publication of the Ottawa Jewish Community Centre, 151 Chapel Street, Ottawa, K1N 7Y2.
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For more information, please call 238-1818



The Jewish Community Centre and
the Israel Program Centre
present

The Fourth Annual ISRAELI FILM FESTIVAL A DOUBLE FEATURE

The Big Dig 7:00 p.m.
Director: Ephraim Kishon

This satirical comedy is about Blaumilch, a harmless lunatic, who steals a pneumatic drill and digs up one of Tel



Aviv's main streets with no interference from authorities. Through a comedy of errors, he is able to complete the job all the way to the sea, whereupon the waters rush in and transform Tel Aviv into the "Venice of the East". With Bomba Zur, Nissim Azikri and Shraga Friedman.

The Valley Train 9:00 p.m.
A 1989 film. Director: Jonathan Paz

Warning: Contains explicit nude scenes.
Parental guidance is advised.

The legendary "Valley Train" from Haifa to Damascus was abruptly halted during the war of independence in 1948. But the vivid memory of that train winding its way across the valley, and the smoke from the engine cutting through the fields arouse in Gad! — the hero of this film — a longing for simpler days when travelling to Damascus was just a matter of paying the fare. His attempts to revitalize the train and to renovate the track are futile, and his dream is shattered by enmity and the harsh reality of war.

Saturday, January 26

7:00 p.m.-11:00 p.m.

The Museum of Natural Science — Metcalf & McLeod

YOUR CHOICE!

Come for either film or come for both at a substantial discount.

Cost: one film \$8.00, \$6.00 students & seniors;
two films \$12.00, \$10.00 students & seniors;

Coffee & Party Sandwiches provided at intermission

Tickets are available at all synagogues and the Jewish Community Centre
For more information call the JCC at 238-1818.



Round the Centre



So, What's New?

Strictly Seniors — News & Views

By Ricki Baker
Co-ordinator, Senior Programming

Winter Opportunities

It's snowing. It's cold. It's blustery and blowing. It's icy and wet. In the winter months the weather presents challenges to many of us, especially as we get older and are perhaps not as hardy as we would like to be.

But don't let all of that get you down. Now that the crowds have subsided and the shopping plazas aren't as busy, take a bus ride or maybe even a walk (if it's close enough) to your favourite mall. Stop long enough to pick up a bargain or two, and maybe a hot coffee and a snack.

Remember that all of the museums and galleries are free on Thursdays, and that it's still fun to take a walk down the Sparks Street Mall on a sunny day! Call a friend and take in a matinee at the movies, or if you enjoy a drive, go out to Manotick and check out the shops. They're just as pretty and interesting in the winter as they are in the summertime. What about a browse through a few antique shops around the market. Poking around is bound to resurrect a few fond memories.

There are some great cross-country trails in the Gattineau Hills or around Nepean. Take a ski through them and revel in the splendour of winter, if you enjoy that sort of thing. And remember to bring some bird seed; the birds will appreciate it!

Don't forget about the world's longest skating rink. If you haven't got a pair of skates, try taking a slow walk, or have a leisurely lunch at any one of the restaurants that line the canal and just enjoy watching the people skate by.

Don't forget to come for lunch at the Drop-In Diner on Tuesdays at the JCC. We're open right through the winter, and you can probably find a card game if you're interested.

L'chaim! Enjoy the winter; it can be beautiful.

Holiday spirit flows at Network brunch

By Diane Koven Poriah

Sunday, December 23 started out snowy and blowy, but by the time the Network brunch began, the sun was shining and spirits were high.

The food was tasty, the company was pleasant and a good time was had by all. Although an afternoon of "parlour games" had been planned, the conversation flowed, and before anyone had time to crack open the scrabble boards, it was time to leave.

On January 26, 1991, Network will be making up a group to attend the Israeli Film Festival together. (See ad in *Centrefold*). Be sure to mark your calendars. It will be a great evening.

Network, for sophisticated Jewish singles, is a program of the Jewish Community Centre of Ottawa. For information about the group, or to add your name to the mailing list, call Diane at 238-1818.



Connection 20/30 toasted the December 25 statutory holiday.

Connection 20/30 had great Dec. 25 party

By Diane Koven Poriah

Connection 20/30 celebrated the December 25 statutory holiday in style. Hosted by the birthday girl, Anne Benedek, the "party of the year" was a definite success. People came from far and near, from out of the network — old friends and new — bearing platters and bowls, bags and bottles, food and more food!

It was a gastronomic delight! The irresistible offerings ranged from hors d'oeuvres to salads; from pizzas, casseroles and quiches to tzimmes, fishes and pastas. They included desserts to swoon over, and — to wash it all down, oh so easily, sangria, or, for the conscience-stricken, diet coke.

With a roaring fire and mood music in the background, it was impossible not to have a wonderful evening. There's no doubt that everyone wants this to be an annual event.

Winterlude 1991 is quickly approaching and Connection 20/30 will be there! If you like to skate — and even if you don't — check the ad in *Centrefold* for details on the February 2 party.

Connection 20/30 is a social group for young Jewish adults — singles and couples. It is sponsored by the Jewish Community Centre of Ottawa. For information or to add your name to our mailing list, call Diane at the JCC, 238-1818.

The Golden Age Club

All programs take place on Mondays in the Assembly Hall of the Jewish Community Centre at 151 Chapel Street.

Luncheons 12:30
Meetings 1:00

January 14

Bingo, Mini-Lunch, 12:30

January 21

Library Day with Estelle Bachman, 1:00 p.m.

January 28

Shirley Berman — An update on the Jewish Historical Society, 1:00 p.m.

February 4

No program

February 11

Bingo, lunch

February 18

No program

For more information call Ricki Baker at the JCC, 238-1818. A joint program of the JCC and JSSA.

The Bet Chavara Drop-In Centre

in the Adult Lounge
JCC, 151 Chapel Street
invites all seniors
to drop in and visit.

EVERY TUESDAY

Open from 1:30 p.m. for bridge, card games and mahjong.

Bring your own group and enjoy a leisurely afternoon.

TUESDAY, JANUARY 15

Nurse visits

TUESDAY, FEBRUARY 19

Nurse visits

THE DROP-IN DINER

is open

TUESDAYS

between 12:00 and 1:30 p.m. at the JCC

Soup, main course, salad, dessert and a drink.

COST: \$3.50 for seniors.

\$4.50 for others.

Buy 5 meals, get the 6th meal FREE

For information call Ricki Baker at 238-1818

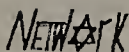
ADULTS FOR LIVELY LEISURE

A Luncheon Lecture Program

Held at 12:30 p.m. at the Agudath Israel Synagogue 1400 Coldrey Avenue

January 17
An afternoon of friendly conversation.

Any questions? Call Ricki Baker at the JCC, 238-1818



Bringing Jewish Singles Together

WILL BE MAKING UP A GROUP TO ATTEND

The Fourth Annual

ISRAELI FILM

FESTIVAL

A DOUBLE FEATURE

The Big Dig 7:00 p.m. The Valley Train 9:00 p.m.

Director: Ephraim Kishon

A 1989 film.

Director: Jonathan Paz

Saturday, January 26

7:00 p.m.-11:00 p.m.

The Museum of Natural Science

— Metcalfe and McLeod

We'll meet in the lobby at 6:30 p.m. in order to get the best seats!

Cost: one film \$8.00

two films \$12.00

Coffee and party sandwiches provided at intermission

Call Diane (238-1818) to reserve a ticket

— don't delay!



A program of the Jewish Community Centre



Connection 20/30
invites all
young Jewish adults,
singles and couples to

CELEBRATE
WINTERLUDE '91
at a
SKATING PARTY
ON THE CANAL.

WHEN: SATURDAY, FEBRUARY 2, 1991

TIME: 7:30 p.m.

PRICE: \$5.00

We'll party before and after skating
• Call Diane at the J.C.C. 238-1818
for details and location.



A program of the Jewish Community Centre

Jewish Single Parents

support group

for men and women, custodial and non-custodial parents

Tuesday, January 22

7:45 p.m., 151 Chapel Street

For more information call Paula at the JCC, 238-1818

JCC PROGRAM GUIDE —

ADULT DEPT.

Intermediate Conversational Hebrew

As a continuation of the beginner's course, and for those who have a good basic knowledge, an intermediate course will be held. This series of 8 weekly two-hour classes is jointly sponsored by the Israel Program Centre and the JCC in co-operation with Beth Shalom West Synagogue.

Dates: Tuesdays, January 8 - February 26
Time: 8:00-10:00 p.m.
Place: Beth Shalom West Synagogue
15 Chartwell Avenue, Nepean
Instructor: Gila Solomon
Cost: Members, \$30.00; Non-members \$40.00

Beginner/Intermediate Bridge

An 8-week course will be held for those with little or no experience.

Dates: Thursdays, January 24-March 21 (no class March 14)
Time: 7:30-9:30 p.m.
Place: 881 Broadview Avenue
Instructor: Wayne Perrin
Cost: Members \$36.00; Non-members \$50.00
Minimum number of participants: 12
To register, call 238-1818 — pre-registration essential.

FAMILY LIFE

Jointly sponsored by the Jewish Community Centre and Jewish Family Services

You and Your Aging Parent

Do you find yourself caught between the demands of your parents and children? Explore the various issues confronting you as children of aging parents, learn about the many resources available and meet others in your situation.

Date: Tuesdays, 8:00-9:30
January 28, February 4, 11 & 18
Place: Jewish Community Campus,
881 Broadview
Cost: Members \$18.00; Non-members \$24.00

Partners of Two Backgrounds

This very successful group was started last year to meet the needs of the growing number of families in which one partner comes from a non-Jewish background, and may, or may not, have converted to Judaism. Next meeting: Monday, January 14, 8:00 p.m., 881 Broadview.

Children of Survivors

This group meets monthly and is made up of members of the second generation of Holocaust survivors and those interested in the Holocaust. For information about this group, please call Jewish Family Services at 235-0000.

Jewish Single Parents

This newly formed group is for both custodial and non-custodial parents who will get together on a monthly basis to tackle a different aspect of single parenting. The first meeting will be held on Tuesday, January 22 at 7:45 at 151 Chapel Street.

On Your Own

In co-operation with Bereaved Families of Ontario For those who find themselves alone due to the death or long-term placement of their partner. Learn to cope, meet others in your situation, explore your concerns under the guidance of a professional counselor.

Date: Alternate Tuesdays, 7:30-9:00 p.m.
Starting: January 28
Place: Jewish Community Campus,
881 Broadview
Cost: (8 sessions)
Members, \$36.00; Non-members \$48.00

Sharing

For those who have already had some experience in dealing with their bereavement. Get together with people who will share both difficulties and triumphs, as they support each others' efforts to create new lifestyles for themselves.

Call Paula Speevak Sladowski at the JCC at 238-1818 for more information on these programs or for suggestions on setting up other special interest groups. Call us — we deliver!

JUNIOR DEPT.

After School Activities

At 881 Broadview

Hocus Pocus Plus

Learn magic tricks and balloon sculpting.

Date: T.B.A. (Call Gale at 722-9235 or Ann at 238-1818)
Time: 4:15-5:00 p.m.
Ages: 6-12 years
Cost: Members, \$70.00; Non-members, \$89.00 (10 weeks)
Instructor: Ian Levitt, Magician

Fine Arts

A multi-media course designed to accommodate the new artist as well as those with past experience.

Date: Wednesdays, starting January 16
Time: 4:15-5:45 p.m.
Ages: 5-12 years
Cost: Members, \$85.00; Non-members, \$105.00 (10 weeks)

Instructor: Pamela Lasserre

Israeli Dance Troupe

Learn traditional dances in this fun, foot-moving class!

Date: Thursdays, starting January 17
Time: 4:15-5:00
Ages: 8-12 years
Cost: Members, \$60.00; Non-members, \$76.00 (8 weeks)

Instructor: Lianne Zaitzow

The Afterschool Centre

When the school day has ended, your child can unwind, have a snack, get started on homework and play some games. This service runs the entire school year.

Dates: Monday to Thursday
Time: 3:45-5:00 p.m.
Place: 881 Broadview (Chapel)
Ages: 4-12 years
Cost: *Members \$6.00/day;
Non-members, \$7.00/day

*For families with more than one child reduced fees will be offered.

Wolf Cubs FULL

Beavers

Date: Mondays (October 1990-June 1991)
Time: 6:30-7:30 p.m.
Place: 881 Broadview Gym
Ages: 5-7 1/2 years (Boys)
Cost: Members, \$36.00; Non-members, \$54.00
Weekly dues: \$0.25

Leaders: Barry Bokhau, Bob Dale, Stephen Senman, Howard Nadler & Doug Kalman

Junior Floor Hockey

One of the most successful programs offered for our young athletes. Junior floor hockey returns, promising all the excitement and action of the N.H.L. Open this year to ages 5 to 7.

Duration: January 13-March 3, 1991
Time: Sundays, 12:30-1:30 p.m.
Place: 881 Broadview Avenue
Cost: Members, \$10.00; Non-members, \$25.00

The Sunday Club

An enriched social-recreational program for children aged 5-12, featuring music, art and physical education activities.

The program is designed to encourage the development of self-esteem and social skills. Specially trained staff are equipped to handle children with a variety of learning disabilities and behavioral problems.

Dates: January 13-March 17, 1991
Time: Sundays 2:30-5:00 p.m.
Place: JCC, 151 Chapel Street
Cost: (10 weeks)
Members \$170; Non-members \$220.
Deduct \$30.00 for second child from same family.

Consulting Psychologist: Dr. Barry Schneider

For more information, please call Paula Speevak-Sladowski at The Jewish Community Centre, 238-1818. We gratefully acknowledge the generous funding of The Children's Village Endowment Fund.

After Pre-School

At 881 Broadview

for children aged 3-5 years

Garinim

Preschoolers have the opportunity to extend their nursery/junior kindergarten day in a semi-structured setting. Activities include arts and crafts, songs, storytelling, games and indoor and outdoor free play. Socializing with peers makes each day special at Garinim!

Date: Monday to Friday, starting January 7
Time: Monday to Thursday, 12:10-3:45
Friday only 11:30-2:30
Cost: Members, \$350.00; Non-members, \$435.00 (for 10 weeks)

Crafty Kids

Creative fun with a variety of materials and media.

Date: Mondays, January 14-March 18 (10 weeks)
Time: 1:00-1:45 p.m.
Cost: Members, \$55.00; Non-members, \$65.00; with Garinim, Members, \$82.00; Non-members, \$102.00

Weird Science

For the inquisitive child who is always asking why.

Date: Tuesdays, January 15-March 19 (10 weeks)
Time: 1:00-2:30 p.m.
Cost: Members, \$65.00; Non-members, \$80.00; with Garinim, Members, \$92.00; Non-members, \$117.00

Mini-Maestros

The focus is on music — from the sublime to the ridiculous. A great introduction to music appreciation.

Date: Wednesdays, January 17-March 14 (8 weeks)
Time: 1:30-2:15 p.m.
Cost: Members, \$55.00; Non-members, \$65.00; with Garinim, Members, \$82.00; Non-members, \$102.00

Kitchen Kinder

An introduction to food preparation, using simple recipes and emphasizing measuring and counting.

Date: Thursdays, January 17-March 14 (8 weeks)
Time: 3 yr. old, 12:30-2:00 p.m.;
4 yr. old, 2:00-3:30 p.m.
Cost: Members, \$56.00; Non-members, \$68.00; with Garinim, Members, \$83.00; Non-members, \$105.00

Adventures in Storyland

Fosters a love of books and reading.

Date: Fridays, January 18-March 15 (8 weeks)
Time: 1:00-2:30 p.m.
Cost: Members, \$52.00; Non-members, \$64.00; with Garinim, Members, \$73.00; Non-members, \$101.00

Early Childhood Dev.

At 831 Broadview

Bagels and Blocks

Funtime for adults and tots. Art activities, music circle, bagels and coffee.

Date: Tuesdays, January 15-March 26
Time: 9:45-11:15 a.m.
Age: 10 months-18 months
Cost: Members, \$70.00; Non-members, \$84.00

Shabbatots

A play group planned around the theme of Shabbat.

Date: Fridays, January 18-March 29
Time: 9:15-11:15 a.m.
Age: 2 years old
Cost: Members, \$84.00; Non-members, \$100.00

WINTER 1991



HEALTH, RECREATION & PHYSICAL EDUCATION DEPT.

Fitness Classes

All classes are taught by nationally certified fitness instructors. The goals of all JCC fitness classes are to improve cardiovascular endurance; improve flexibility; improve muscular endurance and strength of postural muscles; promote weight loss.

Fitness classes consist of a warm-up, a cardiovascular (aerobic) session, floor exercises (muscular endurance and strength), and a cool-down (stretching and relaxation). Music is used for all fitness classes.

Noon Aerobic Fitness

This 25-minute class is designed primarily to improve cardiovascular endurance and promote weight loss.

Duration: January 7 to March 14, 1991
Days: Mondays, Wednesdays, Thursdays
Time: 12:05-12:30 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, free; Non-members, \$30.00

Noon Platoon Fitness

A half-hour class designed for individuals seeking an all-around fitness class.

Duration: January 7 to March 15, 1991
Days: Mondays, Tuesdays, Wednesdays, Fridays
Time: 12:30-1:00 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, free; Non-members, \$30.00

Broadview Aerobics

This 45-minute program offered in the west end is designed for those who cannot attend an after-work exercise session.

Duration: January 7 to March 13, 1991
Days: Mondays and Wednesdays
Time: 8:05-8:50 p.m.
Place: 881 Broadview
Fee: Members, free; Non-members, \$40.00; Couples, \$75.00. Register at the first week of classes.

Rhythmic Fitness

Our longest running program returns for its 19th season. Led by Doreen Keir, this program continues to offer the best in safe, effective fitness training programs...for women only. This class includes weight control, nutrition tips, and general wellness information in addition to low impact aerobics, power walking, light weights and muscle toning.

Duration: Session 1: January 7 to February 7, 1991
Session 2: February 11 to March 14, 1991
Session 3: March 18 to April 18, 1991
Session 4: April 22 to May 23, 1991

Days: Mondays to Thursdays
Time: 9:30-10:15 a.m.
Place: Agudath Israel Synagogue, 1400 Coldrey Avenue
Fee: Members, free; Non-members, \$60.00/session

Recreational Programs

Pick-up Basketball

Duration: January 6 to March 31, 1991
Time: Sundays, 9:30-11:00 a.m.
Place: JCC, 151 Chapel Street
Fee: Members, free; Men's basketball league players, free; Non-members, \$20.00; Drop-in, \$3.00

Co-ed Recreational Volleyball

This recreational league is for beginner to novice players. Teams are randomly selected. The emphasis is on fun and participation; everyone has the opportunity to play.

Duration: January 8 to March 12, 1991
Time: Tuesdays, 7:30-9:30 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, \$5.00; Non-members, \$25.00; Couples, \$40.00; Drop-in, \$4.00

Adult Floor Hockey

A fun and challenging workout for any hockey fan.
Duration: January 9 to March 13, 1991
Time: Wednesdays, 9:00-10:00 p.m.
Place: 881 Broadview
Fee: Members, \$5.00; Non-members, \$25.00

Badminton

Duration: January 6 to March 31, 1991
Time: Sundays, 1:05-2:30 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, free; Non-members, \$20.00; Drop-in, \$3.00

Men's B-FULL League Ice Hockey FULL League

Instructional Programs

Walking Clinic

This clinic will introduce you to the information necessary to participate in a fun, safe and effective walking program. Included will be: benefits of walking, walking technique, proper warm-up and cool-down, safety, shoes, walking routes, exercising your heart, weight loss information.

Date: Thursday, March 28, 1991
Time: 7:30-8:30 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$5.00; Non-members, \$15.00

Weight Training Seminar

Weight training seminars offered at the JCC will include a variety of topics: weight training principles, designing a program, safety, potentially dangerous exercises, nutrition.

This first seminar will provide the opportunity to learn the fundamentals of weight training and to incorporate these into a personal exercise program.

Date: Tuesday, January 29, 1991
Time: 7:00 p.m.-9:30 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, \$5.00; Non-members, \$15.00

Heartsaver CPR

This four-hour course teaches you to: be aware of heart problems; know signs and signals of a heart attack; understand a "healthy lifestyle"; know how to access the emergency medical systems; learn the skill of one rescuer C.P.R.; know how to save a choking victim.

I. Date: Tuesday, February 5, 1991
Time: 6:30-10:00 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, \$12.50; Non-members, \$25.00

or

II. Date: Sunday, March 10, 1991
Time: 9:00 a.m.-1:00 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$12.50; Non-members, \$25.00

Infant/child CPR

This six-hour course designed for parents, babysitters and daycare staff teaches you to: be aware of potential dangers in the home; recognize life-threatening childhood emergencies; know how to access the emergency medical systems; know how to save a choking infant and child; learn the skill of infant and child CPR.

I. Date: Sunday, February 17, 1991
Time: 9:00 a.m.-3:00 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, \$15.00; Non-members, \$30.00

or

II. Date: March 19 and March 21, 1991
Time: Tuesday and Thursday, 7:00 p.m.-9:30 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$15.00; Non-members, \$30.00

Call Albert Guité at the JCC, 238-1818, ext. 253 for information on health and phys. ed. programs.

Emergency First-Aid Course

This six-hour Red Cross Certification course is designed to teach you first-aid for the following emergency first-aid situations: choking, breathing problems, heart-stopping, bleeding, poisoning, shock.

I. Dates: Tuesday, February 12 and Thursday, February 14, 1991
Time: 7:00-10:00 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, \$20.00; Non-members, \$40.00

II. Date: Sunday, March 31, 1991
Time: 9:00 a.m.-3:00 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$20.00; Non-members, \$40.00

Healthy Lifestyle Management Program

This 8-week session is designed to improve your lifestyle through a positive change in behaviour. The program package includes the following: fitness evaluation; nutrition education; a computerized nutritional analysis of your diet; stress management; relaxation methods; proper exercise programming; healthy back care; behavioural change techniques; 8-week membership to JCC — programs and facilities.

Duration: January 28-March 18, 1991
Time: Mondays, 7:00-9:00 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$50.00; Non-members, \$110.00

FREE INTRODUCTORY SESSION ON MONDAY, JANUARY 28, 1991

Healthy Back Seminar

If you suffer from back pain as a result of an injury, illness or poor posture, then this seminar is designed for you.

A qualified Back Care Specialist will provide information on a variety of topics: basic back anatomy; back care prevention and safety; back evaluation; easy-to-do back exercise program designed to relax, strengthen and stretch postural muscles.

Date: Thursday, February 28, 1991
Time: 7:00-9:30 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$20.00; Non-members, \$40.00

Racquetball Lessons

Racquetball lessons are available at the JCC. Beginners are taught the fundamentals, basic strategy and rules of the game. Intermediate level players are taught how to improve their skills and learn new strategies.

Private Lessons: M, \$30; NM, \$60.00 (3 40-minute lessons)

Semi-Private Lessons: M, \$25; NM, \$50.00 (3 40-minute lessons)

Convenient times can be arranged by contacting Albert Guité at 238-1818.

PRE-REGISTRATION IS A MUST FOR ALL JCC PROGRAMS
Please call the JCC at 238-1818 or fill out the form below.

JCC PROGRAM REGISTRATION FORM

Name _____
Address _____ Tel # _____
Program _____
Dept. _____ Cost _____

Please send or bring this form along with complete payment of fees to: The Jewish Community Centre, 151 Chapel St., Ottawa, Ont., K1N 7Y2; or bring to the JCC Day Care Centre, 831 Broadview, Monday-Friday, 7:30 a.m.-6:00 p.m.

Gettin' Physical



Health-Wise

By Albert Guité,

Director, Physical and Health Education



Snow Shoveling: Have You The Heart For It?

The following article is excerpted from *The Fitness Bulletin* (January, 1984; Vol. 7, No. 1). The information is just as valid for this winter.

"Warning! Snow shoveling can be hazardous to your health!" That message should be prominently stamped on all snow shovels because using them can be far more strenuous and risky than most realize. For some it even proves fatal.

Every winter there are numerous reports of people dying with their boots on — victims of heart attacks during or after strenuous bouts of snow shoveling.

Most, of course, are older people, no longer as fit and capable as they used to be. It also happens, however, to many younger people, some only in their 30's and 40's, who lack the fitness for the task, or forge ahead without taking the proper precautions.

Physiologists have determined that shoveling light, fluffy snow at the rate of 10 shovelful per minute creates a physical load equivalent to climbing three flights of stairs in 60 seconds.

If the snow is wet, however, and therefore much heavier, the same rate of shoveling will be equal to climbing seven flights of stairs in the same short period of time! Work at that pace for a steady five minutes and the load will be equivalent to walking up 35 flights of stairs!

Also, in addition to taxing the heart and circulatory system, lifting a shovel piled high with snow puts considerable stress directly on the arm, shoulder, leg and lower back muscles. If they are unprepared for it, painful injuries can be the result.

Naturally, elderly people, those who are obese, have high blood pressure or other medical limitations should not attempt to shovel snow. Even those who are younger and normally healthy, if unaccustomed to heavy exercise, should pace themselves with a work-rest approach.

As with any strenuous physical activity, your first line of defence against injury is a high level of strength and physical fitness. Maintaining a regular exercise program to keep you strong and fit is excellent insurance, but even this is no excuse to throw caution to the winds.

The next time you venture out, shovel in hand, to clear a path through deep snow, keep the following rules in mind. They will greatly lighten the load and might even save your life!

1. Warm up beforehand. Sudden, strenuous exertion can result in excessive strain on the heart. Do 2-3 minutes of easy stretching and arm swinging, 10-15 half knee bends and 1-2 minutes of slow, easy jogging in place. This mild exercise will prepare your heart and muscles for more vigorous effort.

2. Wear warm but light, comfortable clothing which allows you freedom of movement. Don't bundle up so heavily that you become overheated.

3. Use a light, medium-sized, aluminum shovel. The lighter the shovel, the lighter the load.

4. Start slowly, moving only half-shovelful for the first two or three minutes.

5. Take frequent rests. A good formula is work two minutes, rest two minutes.

6. Move the snow the shortest possible distance. Pile it nearby or walk a few steps rather than throwing it.

7. Avoid marathon sessions. If there is a lot of snow to be moved, do it in easy stages. When the first stage is done, go inside and rest before tackling the second stage.

8. Avoid lifting as much as possible but when you must, bend your knees to protect your back. When the snow isn't too deep use a pusher-type shovel for faster, easier clearing.

9. Don't shovel snow right before or after a heavy meal and avoid using tobacco, alcohol or caffeine-containing beverages before or after shoveling. All of these can create extra stress on the heart.

10. If you live in a heavy snow belt, consider buying a snowblower. It's estimated that using a snowblower reduces the effort of moving snow by at least one-half. The savings in time and effort could be well worth the expense.

Above all, don't work at a fast pace, loading your shovel with all it can hold and trying to complete the job in record time. If you do this you may never finish the job.

Perhaps the best advice of all is: get the boy next door to do it!

Life-saving skills easy to learn

JCC staff take C.P.R. training

On the evening of December 13, sixteen JCC staffers, from Executive Director Ron Boro through to program and support staff, participated in a Cardio-Pulmonary Resuscitation course (C.P.R.), conducted by Albert Guité, the JCC's new Director of Physical and Health Education.

The three-hour course was designed to teach some basic life-saving skills. These included: identifying a heart attack victim and taking action; helping a victim whose heart has stopped beating; and helping a choking victim.

Participants were surprised to learn how simple and logical

the instruction was.

Albert explained that C.P.R. training has changed significantly within the last three years. The courses have been modified, simplified, and shortened, so that anyone can participate and acquire these important skills.

The course started with a 45-minute lecture which explained the lifestyle conditions which cause heart attacks — a sobering reminder to everyone to re-examine their own habits — and taught participants to identify a heart attack.

The remainder of the course was divided into two parts.

With the help of a mannequin, staffers were taught the A, B, C's of C.P.R. — airway, breathing, circulation. They learned how to keep blood circulation flowing after a victim's heart has stopped beating.

Most of the participants in the course had thought that, if a heart attack situation were to occur, they could respond by calling an ambulance. They learned, however, that if a victim's heart has stopped beating, he will be brain dead within 4-6 minutes, long before an ambulance could arrive. The simple skill of C.P.R. can keep alive a cardiac arrest victim until medical aid arrives. It can, and has, saved many lives.

Staffers were also taught how to help a choking victim by using the Heimlich manoeuvre.

At the end of the course, JCC staffers commented on how easy it was to learn C.P.R. They received certificates from the Heart and Stroke Foundation of Ontario, indicating that they had successfully completed the C.P.R. course.

The JCC is offering C.P.R. instruction and Infant/Child C.P.R. instruction as part of its Winter 1991 programs. Shouldn't you learn C.P.R. — before it's too late? For more information please check the JCC program guide in *Centrefold*, or call Albert at 238-1818.

SLAPSHOT

Jewish Men's Hockey League

By Mark Kerzner

At the halfway point in the season, it's surprising, but there isn't much to report. The overall team stats show us that **The Running Rebels** are running away from the other three teams. Third place **Golden Gophers**, last place **Blue Devils** and the slumping **Wildcats** have a lot of work to do in the second half to regain some lost ground.

While it may look like **The Running Rebels** are heading for a lock on first place, a reminder to all that everyone makes the playoffs and that the possibility of an upset is not out of reach.

Manpower problems, more than anything else, can be blamed for the dismal starts for the **Golden Gophers** and the **Blue Devils**. When **Howie Nadolny**, **Earl Atnikov** and **Dave Resnick** manage to show up on the same night, they are as dangerous as any line in the league. Equally, if the **Blue Devils** could manage to get **Mike McGahan** to return to the Kanata Recreation Complex on Monday evenings — we think he's still in Aruba — along with newly acquired **Albert Guité**, they could get in time for the playoffs.

Flash...

...On that snowy Monday evening in December, the addition to **Blue's** lineup of JCC Phys. Ed. Director **Albert Guité** was enough for **Blue** to beat the **Wildcats** for the first time since opening day 1989.

...Mazel tov to **Neil** and **Randy Brotman** on becoming first time parents of a baby girl. Mazel tov as well to **Zaida Peter Brotman** and **Uncle Mark (Sparky) Brotman** who both play for the **Wildcats**.

...The scoring race is on, with both **Jeff Goldman** and **David Ross**, along with a few others, making it look like it will go down to the wire. Scoring leaders are usually players with a great goal output as well as a fine complement of assists. Interestingly, the assist output of **Jeff "here you take it" Goldman**, follows that pattern.

...Should the **JMHL** have random drug testing? An inquiry was set up to deal with allegations of drug doping by one unnamed member of the **Blue Devils**. A few weeks back, one of the team's many doctors (this could be their problem) had another of the team's doctors administer a mild anaesthetic to his infected big toe, enabling him to contribute to the team's lacklustre performance.

...To **Neil Brotman** from the opposing goaltenders: take something off of your spot before you kill one of us!

...Who will win the first place bet for dinner and champagne, and where will they dine. Stay tuned!

JEWISH MEN'S HOCKEY LEAGUE STANDINGS

(as of December 29, 1990)

| | GP | W | L | T | GF | GA | PTS |
|----------------|----|---|---|---|----|----|-----|
| Running Rebels | 12 | 9 | 3 | 0 | 54 | 34 | 18 |
| Wildcats | 12 | 5 | 4 | 3 | 45 | 41 | 13 |
| Golden Gophers | 12 | 3 | 6 | 3 | 28 | 37 | 9 |
| Blue Devils | 12 | 4 | 8 | 0 | 25 | 40 | 8 |

Goalie Records

| | GP | GA | SD | GAA | EN |
|-------------------------------|----|----|----|-------|----|
| Wayne Smith, Running Rebels | 12 | 34 | 2 | 2.750 | 1 |
| Mark Borts, Golden Gophers | 12 | 37 | 0 | 3.000 | 1 |
| Ian Abramson, Blue Devils | 11 | 38 | 0 | 3.364 | 1 |
| Ivan Kesler, Wildcats | 11 | 39 | 1 | 3.545 | 0 |
| Richard Herscovitch, Wildcats | 1 | 2 | 0 | 2.000 | 0 |
| Rent-A-Goalie, Blue Devils | 1 | 2 | 0 | 2.000 | 0 |

TOP 10 SCORING LEADERS

| # | Player's Name | Team | G | A | P | PIM |
|----|---------------|--------|----|----|----|-----|
| 99 | Ross David | Black | 11 | 13 | 24 | 6 |
| 6 | Goldman Jeff | White | 2 | 18 | 20 | 12 |
| 10 | Brotman Neil | Black | 12 | 7 | 19 | 9 |
| 16 | Brotman Mark | White | 10 | 9 | 19 | 28 |
| 7 | Wolfe Yarl | White | 10 | 4 | 14 | 3 |
| 11 | Lublin Joe | White | 8 | 6 | 14 | 9 |
| 88 | Seller Barry | Black | 10 | 3 | 13 | 9 |
| 14 | Snyder Rob | White | 9 | 4 | 13 | 0 |
| 25 | Bitton Simon | Blue | 8 | 4 | 12 | 12 |
| 4 | Diener Joel | Yellow | 5 | 7 | 12 | 3 |

The Jewish Men's Softball League

is looking for one new member to join the League Committee. Anyone who is interested should please call Albert Guité at the JCC at 238-1818.

URGENT: If you are interested in helping out by coaching a team this year, entering a new team, sponsoring a team or playing for the first time, please contact Albert Guité at once at 238-1818.

PREPARATIONS FOR 1991 ARE WELL UNDER WAY
• ACT NOW!



Action was fast and furious at Junior Floor Hockey finals.

Emotion-packed Jr. Floor Hockey finale sees Yellow become gold

By Jon Braun

Sunday, December 16 ended another successful season of JCC Junior Floor Hockey at the fabulous Broadview Forum. 50,000 (give or take a few) enthusiastic fans attended the finals and enjoyed a fine exhibition of youth floor hockey.

The younger group of five, six and seven-year olds opened up the day's action with 60 minutes of furious play.

This is the second year that the JCC has offered floor hockey for this younger crew of future Maccabiah athletes and Ottawa Senators. The program has become a great success.

Introduction to team sports

Twenty boys and girls snowed great improvement every Sunday as they got the opportunity to work on their skills under the watchful eyes of coaches Rick Davies and Louis Elkin (who was once scouted by the Montreal Canadiens in the early '60s). What a great way for these kids to get introduced to team sports and low-level competition!

When the final match was over everybody lined up for the medal presentations — and, of

course, the media had to be dealt with, too. Floor hockey will continue for this group on January 13, from 12:30-1:30 at the Broadview gym.

The finals for the older group was a high-pressure affair. Murray Ages' boys had been eating raw meat all week long and it showed. When Team Yellow walked into the gym, there was a sudden hush in the crowd. Willie Westwick and Jonathon Ages were an intimidating pair, standing out there on defence.

"Let's do it!"

But Dave "Bear" Kardash and his Team Blue home boys would not be intimidated. Benji Elkin took a look at his opposition and said three words to the nervous referee: "Let's do it!"

The first half began at a wild pace. The intensity level had never been so high before in this emotion-packed finale.

Matt Ross and Dan Abrams were flying while Michael Karlin was playing the corners with great determination.

Blue fell behind 3 to 0 at half-time and lost their spiritual leader Jesse Friedman after he ran into a wall. (He's doing

fine, now).

But Blue blew away their blues and came fighting back in the second half, led by Elkin, Jonah Rabinovitch, and Louis "The Animal" Kardash.

Day belonged to Yellow

However, this day belonged to Team Yellow whose coaching staff of Ages and Vinny Westwick had their boys peak at just the right time. Yellow became Gold, beating Blue 5-3.

In the consolation game Steve Greenberg and John Molot's Green Team won the bronze as they defeated Doc Davies' Red Club.

The JCC would like to thank all of the volunteer coaches who devoted their time to give these boys the opportunity to have a great time every Sunday afternoon in the gym with their pals.

Thanks also to all the moms and dads who come down to the gym to cheer on their local heroes.

The JCC offers a wide variety of programs for kids and adults 12 months a year. We hope that you will get involved in some of our programs in the coming year. Have a healthy, happy 1991.

JCC Men's Basketball at halfway point

By Jon Braun
Director, Athletics and Youth Services

The JCC Men's Basketball League has reached its halfway point.

Team Grey leads the way, sporting a 6 and 2 record. Grey is led by high scoring Jeff Pleet and Ian Shabinsky, both averaging 20 points a game. With Arnie Shinder playing tough boards and Nate Levine running the offence, Grey will be tough to stop.

Team Red is tied with Black for second place.

Red is led by Big Gerry Ostroff, the best big man in the league and the pure shooting of Gord Betcherman. General Barry Farber is playing the point once more, leading his troops.

Team Black is led by former M.V.P. Mark Kantor and Joel Monson. With Murray Ages acting as player coach and Daniel Abdul Iny running the offence, Black is a very well-

balanced squad which loves to run.

Team Green is 4 and 4. With exciting players like Mark Cantor, Derek Firth, and Don Osbourne, Green could explode on any given night and make a serious run for the championship.

Team Burgundy finds itself at 3 and 5.

Veterans Perry Medieoff and Rob Greenberg, along with guard Mark Groper are quality players who have been there before. This squad could do some damage second half.

Team Blue is 1 and 7. With players like Bill Holtzman, Mitch Zinman and John Horowitz, Blue is better than its record suggests. However, attendance hasn't been consistent by all of Blues' key players so far. Hopefully the fellows will hook up, and show the rest of the league that Blue can compete with the best of them.

Jewish Men's Basketball League

| | Games Played | W | L | Pts |
|----------|--------------|---|---|-----|
| Grey | 8 | 6 | 2 | 20 |
| Red | 8 | 5 | 3 | 18 |
| Black | 8 | 5 | 3 | 18 |
| Green | 8 | 4 | 4 | 16 |
| Burgundy | 8 | 3 | 5 | 14 |
| Blue | 8 | 1 | 7 | 9 |

Top Ten Scorers

| | |
|--------------------|-------|
| 1. Ian Shabinsky | 20.2 |
| 2. Jeff Pleet | 20.1 |
| 3. Gord Betcherman | 20. |
| 4. Perry Medieoff | 18.5 |
| 5. Gerry Ostroff | 18.00 |
| 6. Mark Kantor | 17.8 |
| 7. Derek Firth | 17 |
| 8. Mark Palmer | 16 |
| 9. Mitch Zinman | 15.8 |
| 10. Joel Monson | 15.1 |



Their "favourite villains" put on a great show.

JCC honours Maccabi coaches and athletes

Twenty teen athletes, members of Ottawa's 1990 Maccabi Youth Games team, got together at the Jewish Community Centre on December 17, to reflect on last summer's tremendous effort in Detroit, Michigan. Our Ottawa team brought home 12 medals!

All the coaches were honoured for their many hours of volunteer effort. Receiving awards were swimming coach Judith Safran, gymnastics coach Agnes Liang and volleyball coach Peter "Dewey" Barnett.

A special presentation of a framed photo of the basketball squad was made to basketball coaches Tom Cholock and Brian Lee.

The Jewish Community Centre presented awards to all the athletes for their contributions to the JCC's Maccabi program.

The evening ended with a showing of JCC Executive Director Ron Boro's award-winning film of highlights of the Games, followed by refreshments and a chance to reminisce about some special Games moments, one more time.



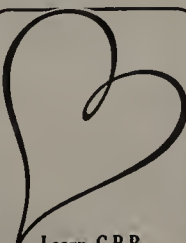
TEENS!

Don't miss the bus for super skiing.

5 Sundays • 5 Different Hills

Call the JCC at 238-1818

NOW for details.



Learn C.P.R.
(Cardio-Pulmonary Resuscitation)

Help save the heart of someone you love!

HeartSaver C.P.R.

Date: Tuesday, February 5, 1991

Time: 6:30-10:00 p.m.

Place: JCC, 151 Chapel

Fee: M \$15.00; NM \$25.00

Registration deadline: Wednesday, January 30. To register call the JCC at 238-1818.

W.W.F. wrestling a winner!

By Jon Braun

Thirty moms, dads and kids jumped on the bus at 881 Broadview on December 16 and headed down to the Civic Centre for W.W.F. Wrestling. A great time was had by all as they watched two hours of bodies flying in and out of the ring.

The evening ended with the Ultimate Warrior putting away Randy Savage and then tossing Queen Sherri to the mat from

above his head. She had it coming.

Howie Osterer brought a group of cubs from the 39th Henry "Hank" Toronto Pack. JCC President Ralph Kassie could also be seen in the crowd, tossing popcorn at some of his favourite villains.

Those wrestling folks sure know how to put on a great show!



Just Kiddin' Around



Partici-PACK-tion

The 39th Henry "Hank"

Torontow Cub Pack & Beaver Colony



The "39th" Grand Slam Weekend
Our First Outdoor Campfire: Saturday, December 15.

Over 80 cubs and leaders from the Park Vale area joined in for a great rendition of outdoor campfire songs. Do you remember those summer outdoor campfires? Try to imagine 80 cubs huddled around an open fire at -15° below. What an awesome sight! This is what scouting is all about!!

Skaters' Badge

After the outdoor program we headed in to the Merivale Arena to give some of our cubs an opportunity to complete their Skaters' Badge. Congratulations to Daniel Davies, Avi Davies, Adam Taller, Seth Silverman, Avi-Noam Solomon, Jonah Rabinovitch, Omri Walzer, David Kogan, David Sydney, Michael Hill and Avi Caplan. You should have seen Akela and Baloo skate! Not bad for old guys!

Do These Guys Ever Fall Asleep??

Hot chocolate, popcorn and warm smiles greeted out cubs on their return from the evening program. Next on our agenda was the cub overnight. After setting up their sleeping bags, the boys all got together for a quick indoor campfire. You should have heard some of the sixes cheers. Next was a great movie, *Back to the Future III*, and then it was sleepy time. Special thanks to Steven Wollock and Michael Baylin who stayed on duty with our leaders. Mom, do these guys ever sleep?

Next morning Baloo Avi Poriah headed out early to Rideau Bakery to pick up those delicious warm rolls. Thank you ex-cub Louis Kardish for donating the boys' breakfast.

Ottawa 67's — Scout Canada Hockey Game

Fifteen Beavers with leaders Doug Kalman and Steve Senman joined the 39th Cubs for a great Ottawa 67's hockey game. There was a very large Ottawa scout contingent at the game! It was a great feeling to sit amongst hundreds of scouters who all shared the same love of scouting!

The Main Event: World Wrestling Federation Night

Over 7,000 WWF fans from Ottawa witnessed many highly-spirited matches that evening. Among them were twenty members of our 39th pack. Probably the highlight of the evening was the final match, featuring the Ultimate Warrior and the Macho Man against Scary Sherry! The 10-foot front drop handed to Scary Sherry was a well-deserved move which ended the match. Thanks go to Jon Braun for putting together this JCC program and letting us take part in it!

The 39th Cub Pack would like to extend a special thanks to Stan Katz, Campus Manager Jim Smith, Louis Kardish and Rideau Bakery, Michael Wollock, Mrs. Davies, Sam Krane, Reuven Solomon, Baloo Avi Poriah, JCC Junior Program Director Gale Greenberg, Akela Marg Belovitch, Bagerra Howard Greenberg, Ben Baylin, Jon Braun, and Akela Howard Osterer.

As you can see it took many volunteers and support staff to make this great weekend such an unforgettable time. From all of us at the 39th, a special thank you. Have a happy and safe holiday. See you January 9. Keep on working on your badges and always, do your best and make us proud.

The "39th" Beavers Investiture

On November 19, parents of the boys of the 39th Henry "Hank" Torontow Beaver Colony joined in song, dance, pomp and ceremony, as their sons were invested into the scouting movement.

Two members of Scouts Canada, Jim Grimes, Commissioner for Park Vale District, and Donnelly Pullen, Beaver Service Team Leader, officiated at the ceremony. In addition to helping the leaders through the program, they gave some of the background to the beaver movement, as well as an explanation of ceremony being followed.

We were honoured to have Mrs. Bea Torontow participate in the ceremony, and name the following boys eligible for investiture as beavers: Jonathan Dale, Daniel Amor, Jason Eisenberg, Ryan Appotive, David Cantor, Jayson Taller, Evan Nadler, Toban Senman, Benjamin Senman, Michael Sitwell, Neil Fine, Jonathan Kalman, Jonathan Kohn, Alexander Glanz, Micha Moise, Adam Borer, Omid Arjomanezadeh, as well as Mrs. Toronto's grandson, Joel Torontow. The parents joined in the ceremony, helping their sons put on blue and white neckers, with the JCC insignia.

Second year beavers, Michael Bokhaut, Benjamin Hill, Aaron Kaiserman and David Davis received beaver cooperation badges, as did the newly-invested beavers.

Four beaver leaders, Dov Bob Dale, Shaol Steve Senman, Rusty Doug Kalman and Maalek Howard Nadler, were also invested. Hawkeye Barry Bokhaut, a beaver leader with last year's group, awarded the newly-invested leaders with beaver crests.

The cubs, some of whom were beavers last year, sat in on the program, and their leader, Akela Howard Osterer, who has provided invaluable help to the Beaver leaders, addressed the group.

A special thanks to Osterer Party Supply for providing decorations for the Gym.

Chanukah Highlights

The boys crafted wooden Chanukah menorahs as part of the Chanukah program. In addition, they sang Chanukah songs, played games, and heard a most unorthodox version of Judah and the Mutant Ninja Macabees.



Cubs gather round the campfire in the chilly winter night.



Cuddling up to a sleeping bag felt good after all that outdoor activity.

Sundays Are For Kids

Fun-filled programs for all kids aged 4-10 years at Machzikei Hadas Synagogue, 2310 Virginia Drive. Circle these dates on your calendar and watch *Centrefold* for details.

Dates: January 27, February 17, March 17, April 28
Time: 1:30-3:30 p.m.
Cost: \$1.00 per Sunday

To register call Gale at 722-9235. Leave your name, telephone number and child's name on the answering machine.

For Teens Only (Ages 14-18) Sunday Skiing

*5 Sundays - 5 Different Ski Hills

Your own highway coach to take you there.

Dates: January 27 - February 24
Hills: MT. TREMELANT, Mont St. Marie, Fortune, Vorlage, Calabogie
Cost: JCC Members, \$180.00; Non-members, \$225.00
RENTALS NOT INCLUDED
Departure: 8:00 a.m., 881 Broadview

Experienced Skiers only, please!

Time is running out. Call the JCC now at 238-1818 to register for this great program.

TEEN PROGRAMS

Teen Basketball

An instruction-based program featuring inter-squad and intrasquad play. This program is designed to develop players for the Junior Maccabiah Games program but opportunities are available for youth interested in simply learning skills and participating in local competition.
Duration: January 7-April 8, 1991
Time: Mondays, 6:30-8:30 p.m.
Place: JCC, 151 Chapel Street
Cost: Members, FREE;
Non-members, \$25.00

Co-ed Teen Volleyball

A program designed to be a fun social, as well as sporting event. No experience necessary.
Duration: January 8-April 9, 1991
Time: Tuesdays, 7:30-8:30 p.m.
Place: JCC, 151 Chapel Street
Cost: Members, \$10.00;
Non-members, \$20.00

Teen Floor Hockey

Fast-paced action for teens in a friendly pick-up format.
Duration: January 10-April 11, 1991
Time: Thursdays, 7:30-9:30 p.m.
Place: 881 Broadview
Cost: FREE

Pre-Teen Floor Hockey

Duration: January 10-April 11, 1991
Ages 11-12
Time: Thursdays, 6:30-7:30 p.m.

Place: 881 Broadview
Cost: FREE

Anti-semitism and You

Unfortunately most of us have had occasions where anti-semitism has raised its ugly face. How does one deal with the problem of anti-semitism at school, the workplace or anywhere?

This program will not only teach participants how to deal with anti-semitic incidents, but will also teach them about the origins and history of anti-semitism.

Date: February 4-25, 1991
Time: Monday, 7:00-8:00 p.m.
Place: 881 Broadview
Cost: \$10.00

The Media and Israel — What You See and Hear Isn't Always What You Get.

This interesting and innovative program will answer questions on how Israel is treated in the media. Weekly discussions will deal with editorials, commentary, and opinions, distortion, why different political events have different slants in different papers, and why the Jewish media takes a different slant on events happening in Israel.

Date: March 4-25, 1991
Time: Mondays, 7:00-8:00 p.m.
Place: 881 Broadview
Cost: \$10.00

Focus on: Reuven Solomon

Thanks to a neo-Nazi, Reuven Solomon 'belongs'

By Cynthia Engel
Shaliach Reuven Solomon is much more than a handsome, bearded face. Behind the untamed shock of salt and pepper growth that roams his cheeks and chin at will lies a fascinating tale.

Solomon, 43, was born to live in Israel, but it took a young neo-Nazi to point the way.

The fifth of seven children, Solomon began life in Singapore, the first son after four daughters (hence the name Reuven — "Look, a son!").

Moved to Australia

When Reuven was 11, the political situation in the British Colony became untenable and his father, a health administrator, moved the family to Australia where, in his late teens, Solomon became an avid debater.

It was through this avocation that he met 'John Doe,' the young neo-Nazi who, in a final head-on encounter, would change the course of Reuven Solomon's life.

He first faced Doe at a debating tournament where they were members of opposing teams. The topic under discussion that day was "Better Red than Dead."

Doe's team didn't debate under the neo-Nazi banner, Solomon remembers, but "during their presentation they launched into a tirade about Jews using Communism to control the world."

Blatant anti-Semitism

It was the first time the young Solomon had come across such blatant anti-Semitism and undisguised hatred.

Following the debate, Doe approached his opponent, "Reuven Solomon," he said, "that's a Jewish name, isn't it? Care to go for coffee?"

His curiosity peaked, the 19-year-old Solomon accepted the invitation, a decision which led him, over the next several months, into a world he never dreamed existed.

Over coffee, Doe spoke of his involvement with the Neo-Nazi Party and, in time, took his wide-eyed fellow debater to

view the group's meeting rooms.

"I will never forget them," Solomon says. "They had two or three different sites in army disposal (surplus) stores in Sydney."

"One store was long and narrow and had a little door leading into the back where there was, lo and behold, a boardroom full of Nazi regalia. Uniforms. Swastikas. Flags covering the walls."

"It was like walking into another world," he recalls.

His new acquaintance also passed on magazines and newspapers from the American deep south and presented Solomon with the infamous work *The Protocols of the Elders of Zion*, which purports to be the minutes of meetings of Jewish elders laying their plans to take over the world.

'Blew my mind'

The young Jewish debater was stunned. "The book blew my mind," he says.

"I was devastated," he says. "I kept asking myself, if this is true, how do I stop being Jewish? Is there a way out for me? Then the question hit me: What if it isn't true, what do I do about it?"

What he did about it was surprisingly avoid sharing his disturbing newfound knowledge with his parents, who had always been very proud of and supportive of Israel.

"If they had found out about the garbage I'd been exposed to, I couldn't even conceive of the consequences," he says.

Instead he found a young rabbi and, after long discussions with him, took his wise mentor's advice and went to the local library. The more he read, the more obvious it became where the truth lay.

"Thank God the finding out was quick," he says.

What had begun as a strange friendship became a conflict situation, and, shortly after his rapid education, Solomon found himself pitted against Doe in a debate which soon disintegrated into a personal confrontation resulting in considerable loss of points for both adversaries.

Following the altercation,



Reuven Solomon

Doe approached his opponent and presented him with a familiar age-old query.

"With all your feelings and your thoughts," he said, "I've got a hypothetical question for you: Tomorrow there's a war between Israel and Australia and you can't sit on the fence. You have to be on one of the two sides."

Without skipping a beat, Solomon replied, "The answer is obvious, John. I can't fight against my own people. I would be with Israel."

Reuven still vividly recalls the total disgust with which the neo-Nazi regarded him before he spat out his next words. "Then what the f--- are you doing here, Solomon?"

Eight months later, 21-year-old Reuven Solomon, already sporting his trademark beard, boarded a plane to Israel. It would be his home from that day on.

"I experienced an emotional impact on landing. Quite simply," he says, "I felt 'I belong'."

Solomon spent several days just soaking in the wonders of Tel Aviv and still remembers his intense feelings of pride as a Jew.

"Hey, I thought, we're a nation!"

At the ulpan on Kibbutz Mishmar Hasharon in Netanya he learned to speak Hebrew and worked in the bakery where he soon became a 'challah twist' maven.

"It's something you never forget," he laughs, "like riding a bike."

Kibbutz life, he discovered — where people are conscious of

what they want changed and try to do it — was close to his own ideals.

"You can be more yourself on kibbutz than in any other situation because there are no roles. You are the same person in all situations," he explains. — and people get to accept you or stay away from you on your own merits."

Soon, thoroughly proficient in Hebrew, Solomon left Mishmar Hasharon for Kibbutz Yifat where there were more kibbutzniks closer to his age. Here he worked in the factory, welding and making hydraulic front loaders for tractors.

"I have innumerable pictures of the first tractor I produced," he says, "I was that proud."

For Solomon, kibbutz life was the escape hatch from the fear of being 'trapped in a box.'

"And if I can be a catalyst for anyone going through that search, I'm here for them," he says.

On Kibbutz Yifat he met and married his wife, Gila, the widow of a soldier who had lost his life in the Yom Kippur War one year after his marriage. The couple has five children, David, Daniella, Maya, Avinoam and Lilach.

Solomon works out of the Israel Program Centre located in the Jewish Community Centre. As the sole non-educational shaliach in Ottawa, his mandate is split into three areas: the Hahonim Dror movement and Camp Geshet; Israel-oriented programs and promotions such as film festivals, the recent highly successful Shir-a-trom, Hebrew courses, lectures and information seminars; and the Israel Program Centre itself from which he disseminates information about aliyah, study/tour programs for youths and serves as a resource centre for schools.

In all of these endeavours he is aided by his faithful second-in-command, his wife, Gila.

As well, Solomon finds the time to teach a course, 'Israel in the News,' to students in the Ariel program.

The Solomon family will be returning to Israel at the end of this summer.

"Canada — Ottawa — is wonderful," Reuven says, "but Israel is and always will be home."

Australia's loss was Israel's gain — thanks to a love of debating and a neo-Nazi opponent.

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EVAN L. PLEET

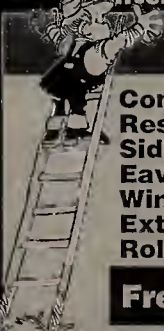
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KIDS' SUPPLEMENT

to appear in the March 22, 1991 issue



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Jewish Family Service

Elaine Rabin, MSW Executive Director



An Open Thank-You Note to Three Special People

By Marlene E. Cherun, MSW CSW
Assistant Director

The Jewish Family Services of Ottawa-Carleton extends at this time on behalf of our Senior Community a profound thank-you to three special individuals. Each in his own way has immeasurably enhanced the quality of life of Ottawa's older adults by a personal contribution of energy, skill and warmth, by a willingness to serve.

I wish to express my profound gratitude and respect to Flo Morgan, who undertook on very short notice to plan, shop for and prepare a Hanukkah luncheon for forty Adults for Lively Leisure members.

Without Mrs. Morgan's participation, the luncheon would have been cancelled and many would have been disappointed, having been denied a nutritious luncheon and an opportunity to socialize and to connect with others in a festive spirit.

Many thanks to Jack Edelson, too, who, without solicitation, donated latkes for the A.L.L. luncheon, recognizing how limited the Jewish Family Services' budget is and recognizing the importance of holiday ritual and celebration to seniors. Mr. Edelson's generosity certainly enhanced the Hanukkah experience for those who attended.

As always, the Jewish Family Services must acknowledge the ongoing generosity of Jack Smith to Ottawa's Senior Community. Never known to be good at refusing, Jack has a particularly soft spot for older people to whom he relates with the warmth and deference which they have earned. Jack has many times helped Jewish Family Services when other arrangements fell through, often absorbing the cost himself. Jack, thank you.

These three individuals are excellent examples to us all for they voluntarily give back to their community without any expectation of recognition or gratitude. We at the Jewish Family Services feel that they deserve both.

Jewish Hospice Visiting Volunteer Program Marks 2nd Anniversary

By Margo Silverman

As the Jewish Hospice Visiting volunteer program marks its second anniversary, let me take this opportunity to give you an update on our program.

Thus far we have had fourteen patients referred to our services, seventy-five percent of which have been serviced by our volunteers. Our volunteers have offered physical and emotional support to the patients themselves and/or their family members, both in the home and in hospital or institutional settings. Our clients and their families have commented on how supportive and caring our volunteers have been in these situations. Sensitivity to the personal concerns of all those involved has been a strength our volunteers have consistently demonstrated.

The Community's concern for confidentiality has been an obstacle with which we have had to contend. Please be assured that our volunteers are completely professional and discuss no one's affairs outside the home or hospital room. Not even the client's name is disclosed to anyone. Please be reassured that your affairs are no business of anyone else!

If you know of anyone in a palliative care situation who could use the support of a friendly volunteer visitor, please do not hesitate to call our office. A patient's having lots of family and friends who offer support does not negate the fact that a friendly visitor can be most useful to patients or family members, as it often helps to share one's feelings with a caring person who is not emotionally connected.

It gives me great pleasure to announce that Donna Klaiman will take the position of co-ordinator of this program while I am away on a leave of absence. Donna comes to this position most qualified. She is an occupational therapist who has been a founding member of this program since its inception in co-operation with the National Council of Jewish Women. Since then she has been active on the Professional Advisory Committee of this program. Do not hesitate to discuss any situation with Donna by calling our office at 235-0000.



During Meals on Wheels Week this fall, all drivers and clients of the vital service received flowers. Above, left to right, volunteers Frances and Charles Charlebois, Maynard Kriger, Leon Leckie, Bess Rosenberg, Magda Benedek, Evelyn Rotenberg.

ORGANIZATIONS AND PEOPLE

Star of David students share this Hanukkah with Hillel Lodge

Star of David Hebrew School students celebrated Hanukkah with residents of Hillel Lodge on Wednesday, December 12.

The program began with a student and resident lighting each candle together.

Skits and plays were presented by the students from kindergarten to Grade 7, followed by the singing of Hebrew and Yiddish Hanukkah songs in which the delighted residents participated.

Afterward, each student chose a resident to join in the hora and Israeli dance circle, and a swinging good time was had by all.

One happy resident remarked, "singing and dancing with the children makes me feel so good and alive again!"

Hanukkah decorations which were made by the students and put up in the lodge for the occasion made for a very festive look. As well, Hanukkah cards created by Star of David students were presented to each of the residents.

The students so enjoyed sharing Hanukkah with Hillel Lodge residents that they are looking forward to returning again soon.

On behalf of the residents, Mrs. Lipson thanked the group for coming and expressed the hope that "we see each other again soon."

As the students munched on complimentary cookies and juice Stephen Schneiderman,



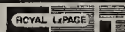
Hanukkah celebrants, left to right, Evan Sochett, Jared Stein, Kryn Stein, Boris Jabes, Mrs. Bertha Pleet, resident; Jasha Jabes, Louis Norris, Jeremy Weil.

director of Hillel Lodge, held their attention with a Hanukkah story.

Mr. Schneiderman also answered a raft of questions about the facility — eg. why do people live here? when was

Hillel Lodge built? who were the founders? how much did it cost?

The students came away with a better visual understanding of and feeling about the elderly in Ottawa.



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"Dangers of Antisemitism in Eastern Europe Today"

Guest Lecturer
Professor Yehuda Bauer



Academic Chairman of the Institute of Contemporary Jewry and the Vidal Sassoon International Center for the Study of Antisemitism at The Hebrew University of Jerusalem.

Tuesday, January 29, 1991
8:00 P.M.

Jewish Community Centre
151 Chapel Street
Ottawa

Sponsored by:
Ottawa Chapter, Canadian Friends of The Hebrew University

ORGANIZATIONS AND PEOPLE

Renowned expert giving lecture

Scholar to talk on anti-Semitism in E. Europe

Dorothy Nadolny, president of the Ottawa Chapter of the Canadian Friends of the Hebrew University, has announced that Prof. Yehuda Bauer, Jonah M. Machover, Professor of Holocaust Studies at the Hebrew University of Jerusalem, will deliver an address on 'Dangers of Anti-Semitism in Eastern Europe Today' on Tuesday, January 29 at 8:00 p.m. in the Social Hall, Jewish Community Centre, 151 Chapel St.

Professor Bauer is considered one of the world's foremost scholars on the topics of

the Holocaust and anti-Semitism and has led numerous international conferences on these subjects.

The program is being presented by the Ottawa Chapter of Canadian Friends of the Hebrew University in co-operation with the Jewish Community Council of Ottawa/Vaad Ha'Ir.

Prof. Bauer was born in 1926 in Prague, Czechoslovakia, and immigrated to pre-state Israel in 1939. After completing high school in Haifa, he served in the Israeli Palmach.

Bauer pursued his under-



Prof. Yehuda Bauer

graduate studies at the Hebrew University of Jerusalem and University of Wales at Cardiff. In 1948, he returned to Israel to

fight in the War of Independence. Following the war, he returned to Cardiff to complete his masters degree.

In 1952, Dr. Bauer joined Kibbutz Shoval in Israel's Negev desert. He received his doctorate from the Hebrew University of Jerusalem in 1960. He has been on the faculty of that university since 1961 and is today the director of its Institute of Holocaust Studies. He is also the founder of the Hebrew University's Vidal Sassoon Centre for the Study of Anti-Semitism, an interdisciplinary and international academic centre devoted to the study of this worldwide phenomenon.

Authored books

Bauer is the author of several books including *From Diplomacy to Resistance* (Jewish Publication Society, 1970); *Flight and Rescue* (Random

House, 1970); *The Holocaust in Historical Perspective* (Washington University Press, 1978); *Jewish Emancipation from Powerlessness* (University of Toronto Press, 1985).

Speaking recently in the United States on the re-emergence of violent anti-Semitism in the Soviet Union, Bauer said "Pamyat, the Russian anti-Semitic, nationalist, and fundamentalist group, while dangerous is still marginal. A re-establishment of authoritarianism in the U.S.S.R. may well curb this, along with other inter-ethnic conflicts, but it may also reintroduce a 'cold' anti-Semitism, based on intellectual Russian nationalism. This, in the long run, may prove to be the real danger."

For further information on the lecture, contact Sara Vered at 722-4152 or Evelyn Greenberg at 829-0797.

Emunah focuses resources on unique youth village for 'torah lifestyle'

"Children are being saved, they are being given a second chance at life," says Baila Aspler, national president of Emunah Women of Canada, describing Neve Michael Children's Village.

At a time when Jewish communities worldwide are channelling their resources to Israel for the absorption of Soviet immigrants, Emunah, in addition to its direct involvement in this important work, is taking measures to ensure that Neve Michael, its project of 45 years, is not neglected.

Neve Michael is not simply a

school, but a home to children who, for many reasons, have been deprived of a home and a normal family environment.

The Village, located near Pardes Chana, not far from Tel Aviv, is not luxurious, but it strives to accommodate the needs of its 250 residents.

The children's shattered lives can be rebuilt in the love, warmth and security of Neve Michael.

"It means helping children help themselves to become strong people," explains

Ottawa Emunah President Rivka Kraus.

Mrs. Kraus, working with a committee, is reaching out to members of the community through means of a letter-writing campaign on behalf of Neve Michael Children's Village. It is one cause that will continue to provide its vital services to a country whose entire future lies with its youth.

Committee members are Helen Beiles, Mildred Drazin, Eva Epstein, Sophie Koenig, Froma Rose and Mellie Sherman. For further information, contact Rivka Kraus, 238-5613.

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ORGANIZATIONS AND PEOPLE

Long life filled with paradox

Billionaire dies on eve of his bar mitzvah

By Susan Birnbaum
NEW YORK (JTA) — Only 24 hours before he was to celebrate his long-delayed Bar Mitzvah, oil magnate Armand Hammer died Monday night, December 10 at his Los Angeles home, following a short illness. He was 92.

What was to be a tribute to the billionaire industrialist the following night in Los Angeles turned into a memorial to a man who served as liaison between American and Soviet leaders and, in deepest secrecy, between Israeli leaders and the leadership of the Soviet Union.

The child of non-religious parents, Hammer had no Bar-Mitzvah at age 13. That death intervened to deprive him of the traditional induction into Judaism that in his advanced years he had come to desire was the final irony in a long life filled with paradox.

Mistrusted by some

Armand Hammer, a maverick in the high-flying world of international tycoons, was mistrusted by some Jews because of his close personal ties to Kremlin leaders from Vladimir Lenin to Mikhail Gorbachev — Joseph Stalin excluded.

Yet he may have done more than any single individual to help secure freedom for Soviet Jews in the pre-glasnost era.

Through his influence with

the Soviet Union, founded on the well-remembered medical and food aid he sent the embattled country following the Russian Revolution, he was able to press for the emigration of Soviet Jews, particularly those with extraordinary problems. Hammer personally brought out two longtime refuseniks, Professor David Goldfarb and Ida Nudel, the prisoner of Zion.

Yet Hammer was often criticized by hard-line activists in the Soviet Jewry movement for not exerting more overt pressure. But to many Israeli leaders and a former leader of a Soviet Jewry organization, he was unfairly judged.

One never knew

"At that time, one never knew what actually worked in terms of pushing buttons," said Jerry Goodman, former executive director of the National Conference on Soviet Jewry, who met with Hammer often in Washington and Los Angeles.

"He was private. His theory was that he could be more effective if he didn't appear in public as intervening on behalf of Soviet Jews," Goodman said.

Israeli government leaders spoke of Hammer's secret visits to Israel on several occasions when he stayed at the homes of Golda Meir and Moshe Dayan.



Armand Hammer

Labor Party leader Shimon Peres, a former prime minister, said he, too, often met privately with Hammer.

Hammer carried secret messages to Moscow from Israeli leaders for years.

He was involved in the removal of an education tax imposed on Soviet Jews wanting to leave, according to an interview with Hammer in the fall edition of *Inside*, a magazine published by the *Jewish Exponent* in Philadelphia.

Became billionaire

Hammer, a millionaire from his youth, became a billionaire when he bought the bankrupt Occidental Petroleum Corp. in 1957 for a token \$34,000. The corporation's present estimated

worth is \$8 billion.

He made a much bigger investment in Israel — some \$60 million in a Negev oil prospecting project and offshore drilling, from which, at the time of his death, he had not realized a penny of profit.

Hammer's business dealings with Libya and other Arab countries made it prudent not to advertise his connections with Israel. His 1984 visit to Jerusalem was publicly reported as his first.

Jerusalem Mayor Kelly Kollek said Hammer described himself as a Zionist despite his ongoing contacts with the Arab world. Hammer provided \$1.6 million for a favored project of Tel Aviv Mayor Shlomo Lahat, the Armand Hammer-Guilford Glazer Arab-Jewish Community Center in a run-down Tel Aviv neighborhood.

Hammer was born May 21, 1898, in New York to Dr. Julius Hammer, a Russian Jewish immigrant, and Rose Robinson Hammer. A graduate of Columbia University Medical School, Hammer did not practice medicine except briefly as a volunteer to combat a typhus epidemic in post-revolution Russia.

There as a youth he arranged his first giant business deal, in which the Soviet Union bartered fur and caviar for American wheat.

Interview with Lenin

At 23, he was summoned to a personal interview with Lenin. It is said that in exchange for Hammer's help, Lenin gave him several paintings from Leningrad's Hermitage Museum, which started his multimillion dollar art collection.

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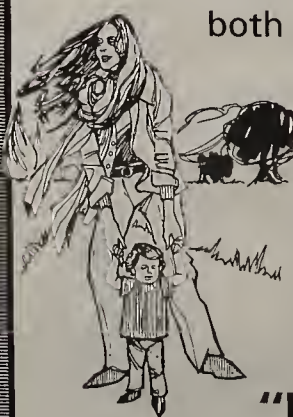
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The Jewish Community Centre & Jewish Family Services

ORGANIZATIONS AND PEOPLE

Sunday, January 27

Slide/talk to focus on history of German Jews

Erela Keinan, senior guide at Beth Hatefutsoth, The Museum of the Jewish Diaspora in Tel Aviv, will present a slide talk on 'Jews in Germany, From Roman Times to the Weimar Republic' on Sunday, January 27, 8:00 p.m. at Agudath Israel Synagogue, 1400 Coldrey Avenue.

A captivating guide and speaker, Keinan has been employed in Educational Services at Beth Hatefutsoth for the past seven years and previously as an English Teacher in Ramat Hasharon Junior High School. She is also well known to Israeli audiences as a pianist, performing with the Ramat-Gan Chamber Music Ensemble (composed of Israeli Philharmonic musicians).

Drawn from exhibit

'Jews in Germany, From Roman Times to the Weimar Republic' is the title of an exhibition mounted at Beth Hatefutsoth in 1984. Keinan's audio-visual presentation, free of charge to the Ottawa audience, will be drawn from the exhibition material.

The long and glorious history of German Jewry, dating from the days of the Romans and reaching its peak in this century, was cruelly cut off with the rise of the Nazi regime. The exhibition, 'The Jews in Germany,' was dedicated to the history of the Jewish community in Germany until the year 1933.

Greatest personalities

The original exhibition was based primarily on the efforts and talents of Dr. Nachum Tinn Gidal, who was among the pioneers of photo-journalism in the 1930's. Over the centuries, the Jewish communities of Germany developed many of the greatest personalities, from composers Kurt Weill and Arnold Schoenberg to architect Erich Mendelsohn to poets Else Lasker-Schueler and Heinrich Heine to physicist Albert Einstein and to Rabbi-Philosopher Samson Raphael Hirsch.

Beth Hatefutsoth, a world leader in visual communication, is dedicated to the creation of exhibitions depicting Jewish life in the Diaspora both in the past

ing an accessible photo-archive of Jewish history.

Earlier features

The Canadian Friends of Beth Hatefutsoth was created to assist the museum in its aims. The Ottawa section has brought to this community the travelling exhibition, 'The Jews of Kaifeng' and assisted in the presentation of highly acclaimed 'A Coat of Many Colors.' This year will feature slide presentations on 'The Jews in Germany' on January 27 followed by 'The Jewish Communities of the Soviet Union' in April.

This event is sponsored by

The Canadian Friends of Beth Hatefutsoth, Ottawa Section in collaboration with Agudath Israel Synagogue Continuing Education Committee and the Canada-Israel Committee (CIC), Quebec Region.

Erela Keinan's slide-presentation on 'The Jews in Germany, From Roman Times to the Weimar Republic' is open all, free of charge. Refreshments appropriate to the upcoming celebration of Tu B'Shevat will be served.

All are invited to attend. To assist in planning, an RSVP would be appreciated. To reply telephone Fran Pearl at 726-9330 or Teena Hendelman at 235-9414 or 596-9455.



Erela Keinan

as well as in contemporary times. The museum has a dual aim: displaying pictures in the form of exhibitions and creat-



The Souper Jazz Band Does It Again

Just before closing on Friday, December 21, a small group of people came to the Jewish Family Services Agency (JFSA) offices to offer a cheque in the amount of \$1,000. For JFSA, this was a "deja vu" experience, since this wonderful ecumenical group also donated funds to the agency last year. The group has been playing together for years, and at Christmastime, they entertain in shopping centres hoping to receive enough in donations to dispense a little charity, and in so doing feed the hungry. Mindful of the riches they possess, they want to share with others. The JFSA is ever-grateful to those who show their compassion for others by offering donations to those less fortunate.

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Fantasy On Ice

A figure skating extravaganza during Winterlude.

Ice skating has long been a part of the Canadian way of life. Now a great winter past-time, the sport of skating has also blossomed into a graceful and creative art form. If you are interested, come and see performances by three of Ottawa's figure skating clubs, during Winterlude's week long celebration, February 1 through 10.

- The Minto Skating Club presents "The Lost Garden"
- The Nepean Skating Club presents "In a Winter Wonderland"
- The Professionals Skating Club presents "The Phantom of Winterlude"

Among the performers, aged 6 to 50, you will see up and coming figure skaters, present Canadian competitors, world professionals, and Ice Capades stars. The new Winterlude Plaza will be the place to be this Winterlude (near Carleton Square, at the corner of Elgin and Laurier Streets on the RMOC headquarters grounds). For the event, an artificial ice surface, a stage, video screens and platforms will be installed - it will really be the skating focus during all of Winterlude.

Come alone, with friends or with your family. Fantasy On Ice provides great entertainment for all ages.

Show Schedule

| | |
|--|--------------------------------|
| Friday, February 1 | |
| 7:30 p.m. | Opening Ceremonies (all clubs) |
| Saturday, February 2 and Sunday, February 3 | |
| 1:15 p.m. | Nepean skating Club |
| 2:45 p.m. | Nepean Skating Club |
| 5:45 p.m. | Minto Skating Club |
| 6:30 p.m. | Minto Skating Club |
| 8:30 p.m. | The Professionals |
| Monday, February 4 to Friday, February 8 | |
| 11:30 a.m. | The Professionals |
| 1:15 p.m. | The Professionals |
| On Monday, Wednesday, and Friday | |
| 7:00 p.m. | Minto Skating Club |
| 8:30 p.m. | Minto Skating club |
| On Tuesday and Thursday | |
| 7:00 p.m. | Nepean Skating Club |
| 8:30 p.m. | Nepean Skating Club |
| Saturday, February 9 | |
| 1:15 p.m. | Minto Skating Club |
| 2:45 p.m. | Minto Skating Club |
| 5:45 p.m. | Nepean Skating Club |
| 6:30 p.m. | Nepean Skating Club |
| 8:30 p.m. | The Professionals |
| Sunday, February 10 | |
| 1:15 p.m. | The Professionals |
| 2:45 p.m. | The Professionals |

Can You Skate Workshops

Free workshops to learn how to skate for all age groups! Did you get skates for Christmas or maybe you just want to brush up on your style then come down to the Winterlude Plaza and see one of our friendly, knowledgeable Coaches and skate with us. The City of Ottawa's Recreational Skating School Instructors are waiting to skate with you.

Saturday, February 2 to Sunday, February 3
10:00 to 11:00 a.m.

Monday, February 4 to Friday, February 8
9:30 to 11:45 a.m. or
1:45 to 3:45 p.m.

If you have any questions on either of these activities, please call us at 564-1100.



Féerie sur glace

Une extravagante présentation de patinage artistique dans le cadre de Bal de Neige.

Le patinage sur glace fait depuis longtemps partie de l'hiver canadien. Pas surprenant que ça se soit développé en un art aussi gracieux et créatif. Si ça vous intéresse, venez assister à des représentations de patinage artistique par trois groupes de la région pendant toute la semaine de Bal de Neige, qui se tient du 1 au 10 février 1991.

- Minto Skating Club présente «Le jardin perdu»
- Nepean Skating Club présente «In a Winter Wonderland»
- Le Professionals Skating Club présente «Le fantôme de Bal de Neige»

Parmi les artistes, âgés de 6 à 50 ans, vous retrouverez les jeunes de la relève, des patineurs de compétitions nationales, des champions du monde et même des vedettes de la troupe des Ice Capades. Le tout se déroulera à la nouvelle scène Place Bal de Neige (au Carré Cartier à l'angle des rues Elgin et Laurier, sur les terrain du Centre de la MROC). On y aménagera pour l'occasion une surface de glace artificielle une scène de spectacle, des écrans de vidéo ainsi que des estrades. Ce sera vraiment le centre nerveux du patinage pour toute la durée de Bal de Neige.

Que vous soyez seul, avec des amis ou avec toute la famille, ce sont des événements qui fascinent tout le monde.

Horaires des spectacles

| | |
|---|---|
| Le vendredi 1 février | |
| 19 h 30 | Cérémonies d'ouverture (tous les clubs) |
| Le samedi 2 février et le dimanche 3 février | |
| 13 h 15 | Nepean Skating Club |
| 14 h 45 | Nepean Skating Club |
| 17 h 45 | Minto Skating Club |
| 18 h 30 | Minto Skating Club |
| 20 h 30 | Professionals |
| Du lundi 4 février au vendredi 8 février | |
| 11 h 30 | The Professionals |
| 13 h 15 | The Professionals |
| Le lundi, mardi et mercredi | |
| 19 h | Skating Club |
| 20 h 30 | Minto Skating club |
| Le mardi et vendredi | |
| 19 h | Nepean Skating Club |
| 20 h 30 | Nepean Skating Club |
| Le samedi 9 février | |
| 13 h 15 | Minto Skating Club |
| 14 h 45 | Minto Skating Club |
| 18 h 15 | Nepean Skating Club |
| 19 h | Nepean Skating Club |
| 20 h 30 | The Professionals |
| Le dimanche 10 février | |
| 13 h 15 | The Professionals |
| 14 h 45 | The Professionals |

Les ateliers « Savez-vous patiner ? »

Des ateliers gratuits pour apprendre à patiner, pour tous les âges! Vous croyez recevoir des patins pour Noël, ou c'est peut-être déjà fait... Alors, joignez-vous aux ateliers de patinage offerts par des moniteurs compétents qui nous viennent de l'école de patinage récréatif. Pour les adultes comme pour les enfants, que vous soyez novices ou avancés, présentez-vous sans réserver à la Place Bal de Neige (au Carré Cartier à l'angle des rues Elgin et Laurier, sur les terrain du Centre de la MROC).

Le samedi 2 février ou le dimanche 3 février,
de 10 h à 11 h 30

Du lundi 4 février au vendredi 8 février
de 9 h 30 à 11 h 15
de 13 h 45 à 15 h 45.

Vous avez des questions sur ces deux activités? Communiquez avec nous en composant le 564-1100.

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In memory of Leah Flatt by Helen and Isaac Beiles.

**CLAIRE AND IRVING
BERCOVITCH FUND**
Best wishes to Sam Firestone in his new business venture by Claire and Irving Bercovitch. Mazal Tov and best wishes to Sarah and Arnie Swedler on the engagement of their daughter

Ina to Stuart McCarthy by Claire and Irving Bercovitch.

**RUTH AND GERALD
BERGER
FAMILY FUND**

Best wishes to Rabbi Saul Aranov for a r'fuah sh'lemah by Ruth and Gerald Berger.

Best wishes to Rabbi Arnold Fine for a r'fuah sh'lemah by Ruth and Gerald Berger.

In memory of Nat Edelstein by Pauline, Mark and Dahlia Parkowski; by Simone and Arneli Goldberg; by Ian Sadinsky and Joan Bercovitch; and by Rachelle and Gerry Koffman.

In memory of Gordon Caplan by Ruth and Gerald Berger and family.

**DR. AND MRS. M.
RALPH BERKE FUND**
In memory of Gordon Caplan by Sarah Berke.

**RACHEL AND MOSES
BESSIN
MEMORIAL FUND**

Wishing Dr. Nathan Schechter a speedy recovery by Lil and Morris Lang; and by Bertha and Nachman Soko, Toronto.

Best wishes to Dr. Nathan Schechter for a Happy Chanukah by Hannah and Paul Sibeth and Ethyle Kapeller.

**ALEX AND MOLLIE
BETCHERMAN
MEMORIAL FUND**

Best wishes to Mr. and Mrs. Mitchell Myers, Brookline, Mass., on their 10th wedding anniversary by Bonnie, Steve and Alexander Greenberg; and by Joy and Max Rosenstein.

Best wishes for a speedy recovery to Mr. Olegetes Vircauets, Toronto, for a speedy recovery by Joy and Max Rosenstein.

In appreciation to Issie Rose by Lena Michelson; and by Joy and Max Rosenstein.

Best wishes for a speedy recovery to Marshall Hemish, New York, by Bonnie, Steve and Alexander Greenberg; and by Joy and Max Rosenstein.

In memory of Marshall Hemish's mother, New York, by Joy and Max Rosenstein; and by Bonnie and Steve Greenberg.

Best wishes to Beulah Pullen, Toronto for a speedy recovery by Joy and Max Rosenstein.

**BETH ISRAEL
RELIGIOUS SCHOOL
OF PEMBROKE**

In honour of the 40th wedding anniversary of Rhoda and Newton Prager by Felice, Jeff, Erin, Jordan and Zachary Plect.

**JACOB AND BERTHA
BOOKMAN
MEMORIAL FUND**
In memory of Freda Chinks

by Millie and Percy Weinstein. In memory of Abe Reef, brother of Gertie Kantor, by Millie and Percy Weinstein.

In memory of Blanche Edelstein by Lila and Abe Bookman.

**REBECCA AND MAURICE
BROVENDER
MEMORIAL FUND**

Best wishes for a speedy recovery to Rabbi Saul Aranov by Dorothy and Max Lief.

In memory of a beloved uncle Max Kanovsky, Winnipeg, by Dorothy and Max Lief.

**BENES AND SARAH
CANTOR FUND**

Mazal Tov to Mildred Drazin on the Bar Mitzvah of her grandson Hillel by Gertie Kantor.

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Gertie Kantor; and by Mollie Levine and family.

In memory of Magdalena Kahan, Caracas, Venezuela, by Rena and Max Cohen; by Marcia and Barry Cantor and family; and by Sarah and Benes Cantor.

In memory of Leah Flatt by Sarah and Benes Cantor.

Mazal Tov to Mr. and Mrs. Jack Minuk on the birth of their granddaughter by Marcia and Barry Cantor and family.

In memory of Abe Reef, brother of Gertie Kantor by Marcia and Barry Cantor and family; and by Mollie Levine and family.

**GORDON AND ETTA
CAPLAN
MEMORIAL FUND**

In memory of Gordon Caplan by Mona and Lawrence Slover; by Ethel and Irving Taylor; by Rose and Chick Taylor; by Dorothy and Herb Nadolny; by Donna Levy, Mtl.; by Linny and Leonard Kaplansky, Mtl.; by Toby and Freda Appel and Barry Appel; by Wendy and Elliott Eisen, Toronto; by Carole and Norman Zagerman; by Sheila and Marvyn Kussner, Mtl.; and by Michael M. Novac.

**CARLOFSKY FAMILY
EDUCATIONAL FUND**

In memory of Leah Flatt by The Carlofsky Family.

Best wishes to Rabbi Arnold Fine for continued good health by Carlofsky family.

**HOWARD, JEFFREY &
ANDREW COGAN
SCHOLARSHIP FUND**

In memory of Maurice Schwartz by Lisa and Fred Cogan.

In memory of Reuben Brull by Lisa and Fred Cogan.

In memory of Gordon Caplan by Lisa and Fred Cogan.

Best wishes to Julius Cogan on his special birthday by Lisa and Fred Cogan and family.

**SARAH AND JACK
COGAN FAMILY FUND**

Mazal Tov to Mr. and Mrs. Leonard Cogan on the engagement of their daughter Randi to Shone Kogan, Mtl. by Elissa and Abraham Iny; and by Rose Flesher.

In memory of Doris Baylin by Linda, Arthur, Lisa and Jayme Cogan.

Mazal Tov to Eleanor and Peter Brotman on the birth of their granddaughter by Linda, Arthur, Lisa and Jayme Cogan.

Mazal Tov to Mr. and Mrs. Irving Aaron on the birth of their grandson by Linda, Arthur, Lisa and Jayme Cogan.

Mazal Tov to Sonia Kizell on the engagement of her granddaughter Gina Pearl to Michael Gotlieb by Linda, Arthur, Lisa and Jayme Cogan.

Mazal Tov to Abe Engel on his special birthday by Linda, Arthur, Lisa and Jayme Cogan.

**MAX AND GRETE
COHEN FUND**

Happy to hear that Ed Cohen is doing well by Simone and Arneli Goldberg.

Mazal Tov to Ruth and Joe Viner on their special birthdays by Barbara and Sid Cohen.

In memory of John Adjeleian's sister Miriam by Barbara and Sid Cohen.

**PHILLIP COHEN
MEMORIAL FUND**

In loving memory of Sharon Horner, Mtl., by Deborah Cohen; and by Doris Edelstein.

In memory of Nat Edelstein by Bess and Casey Swedlove.

**HARRY AND JEAN
COOPER FUND**

In memory of Gordon Caplan by Jean Cooper.

Best wishes for a speedy recovery and a Happy Chanukah to Rabbi Saul Aranov by Jean Cooper.

Best wishes to Rhoda and Newton Prager on their anniversary and a very happy Chanukah by Jean Cooper.

In memory of a very dear friend Blanche Edelstein by Jean Cooper.

**NATHAN AND REBA
DIENER FUND**

Wishing Rabbi Arnold Fine a r'fuah sh'lemah by Reba and

Nathan Diener.

Mazal Tov to Esther and Fred Brauer, Wisconsin, on the engagement of their son Michael to Julie by Reba and Nathan Diener.

Mazal Tov to Mr. and Mrs. Sam Litwack on the birth of their grandson by Reba and Nathan Diener.

Best wishes to Nathan Diener on his special birthday by Judy and Norman Tenenbaum.

**ABRAHAM AND FANNY
DOBROW
MEMORIAL FUND**

In observance of the Yartzheit of a dearly beloved wife Esther Dobrow Solman by Gustave Solman.

**NAT EDELSTEIN
MEMORIAL FUND**

In appreciation to Gerald Berger by Elliott and George Edelstein.

**MORRIE AND HELEN
EISEN FUND**

In memory of Lil Yack, Toronto by Valerie and Mickey Kostove; by Robert and Lori Eisen and family; and by Jeffrey and Lois Eisen.

**ABE AND CYNTHIA
ENGEL FUND**

Wishing Rabbi Arnold Fine a r'fuah sh'lemah by Cindy and Abe Engel and family.

Best wishes to Bess and Casey Swedlove on their 50th wedding anniversary by Cynthia and Abe Engel.

In memory of Nat Edelstein by Cynthia and Abe Engel.

(Continued next page)

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(Continued from page 19)

In memory of Ruth Kaplan Massena, N.Y., mother of Phyllis Nyman, Beaconsfield, Quebec, by Cynthia and Abe Engel, Stephanie, Eric and Josh.

KATIE ELLEN FARBER MEMORIAL FUND

In memory of Benny Casselman by Izzy, Sari, Noa and Stacey Farber; and by Celia Farber.

Mazal Tov to Mr. and Mrs. Len Farber on the Bar Mitzvah of their son Michael by Ruth and Mendy Taller.

Bon Voyage to Mr. and Mrs. Gerald Cammy by Ruth and Mendy Taller.

In memory of Ernest Weissberger by Ruth and Mendy Taller; and by Izzy Farber and family.

BENJAMIN ANO FREOA FEINSTEIN FUND

Mazal Tov to Maureen and Dennis Newton on the arrival of their granddaughter by Pearl and David Moskovitz; and by Atara and Ahron Rumstein.

Best wishes to Rabbi Arnold Fine for a r'fuah sh'lemah by Pearl and David Moskovitz.

Best wishes to Dr. and Mrs. Gordon Sussman, Willowdale, Ontario on the birth of their daughter by Zaidie Ben (Feinstein).

In memory of Norma Sirett, sister of Gert Marks by Ruth and Irving Aaron.

In memory of Nat Edelstein by Benjamin Feinstein; by Pearl and David Moskovitz; and by Ruth and Irving Aaron.

Mazal Tov to Rana and Max Cohen on their 25th wedding anniversary by Pearl and David Moskovitz.

BERNICE FELLER MEMORIAL FUND

Best wishes for a speedy recovery to Mr. Henry Feller by Libby Lief.

JOSEPH AND BETTY FELLER FUND

In memory of Gordon Caplan by Betty and Joseph Feller.

Mazal Tov to Bess and Casey Swedlove on their 50th wedding anniversary by Betty and Joseph Feller.

JACK AND TANIA FIRESTONE FUND

Best wishes to Sam Firestone in his new business venture by Laura Greenberg.

FLORENCE FAMILY MEMORIAL FUND

In observance of the Yartzheit of a dear grandfather A.L. Florence by A.L., Ann and Leanne Smith.

In observance of the Yartzheit of my father A.L. by Frank Florence.

Wishing a speedy recovery to Rabbi Saul Aranov by A.L., Ann and Leanne Smith.

ALFRED AND KAYSA FRIEDMAN FUND

Wishing Max Sternthal a speedy recovery by Kaysa and Alfred Friedman.

Wishing Rabbi Arnold Fine a speedy recovery by Kaysa and Alfred Friedman.

In memory of Freda Friedman by Carole and Norman Zagerman.

In memory of Nat Edelstein by Kaysa and Alfred Friedman.

JOSEPH AND FANNY GENNIS MEMORIAL FUND

Wishing Rabbi Arnold Fine

a r'fuah sh'lemah by Gert and Jerry Pearl.

Best wishes to Gert Pearl on her special birthday by Marion, Shlomo, Gadi and David Mayman.

OAIVIO ANO TILLY GERSHON FUND

Mazal Tov to Mr. and Mrs. Dennis Newton on the arrival of their granddaughter by Morton, Sheila, Stephanie and Harland Tanner.

Mazal Tov to Mrs. Tilly Gershon on the arrival of her great-granddaughter by Morton, Sheila, Stephanie and Harold Tanner.

STAN ANO LIBBY GLUBE FUND

In memory of Rose Abrams by Libby and Stan Glube.

In memory of Gordon Caplan by Libby and Stan Glube.

In memory of Sylvia Robins by Arlene and Norman Glube.

ARNELL ANO SIMONE GOLOBERG FUND

Glad to hear that Rabbi Arnold Fine is feeling better by Simone and Arnell Goldberg.

In memory of Gordon Caplan by Simone and Arnell Goldberg.

In memory of Herman Kondell, N.Y., uncle of Arnell Goldberg by Avril Bright.

In memory of Blanche Edelstein by Simone and Arnell Goldberg.

EVA GOLDFELD MEMORIAL FUND

Congratulations to Jodie and Gil Rumstein on the birth of their daughter Rachel Esther by Eva Goldfield.

Mazal Tov to Joe and Jessie Murray on the birth of their first granddaughter by Asa, Jack, Eva and Eric Goldfield.

Mazal Tov to Mrs. Esther Murray on the birth of her great-granddaughter by Asa, Jack, Eva and Eric Goldfield.

HARRY ANO MALCA GOLDSTEIN FUND

In memory of Gordon Caplan by Malca and Harry Goldstein.

Mazal Tov to Bess and Casey Swedlove on their 50th wedding anniversary by Malca and Harry Goldstein.

Congratulations to Dr. Lyon Pearlman on his 80th birthday by Malca and Harry Goldstein.

Mazal Tov to the Sandberg Maitland family on the Bar Mitzvah of their son Ariel by Malca and Harry Goldstein.

Wishing Rabbi Arnold Fine a full and speedy recovery by Malca and Harry Goldstein.

In honour of Harry Goldstein's birthday by Adele, Jeff, David and Rachel Sidney.

JACK AND GERT GOLOSTEIN FUND

Wishing Rabbi Arnold Fine a speedy recovery by Diane and Allen Abramson and by Gert Goldstein.

LOUIS AND MIRIAM GOLDSTEIN FUND

In honour of Bubby Miriam Goldstein's birthday by Adele, Jeff, David and Rachel Sidney.

VICTOR AND RACHEL GOULD FUND

In memory of Gordon Caplan by Joan and Russell Kronick; and by Rae Gould.

BEATRICE AND SAMUEL GREENBERG FUND

Wishing a speedy recovery to Rabbi and Saul Aranov by Bea Greenberg and family.

In memory of mother of David Stober, Mtl. by Bea Greenberg and family.

FRITZI ANO MAX (CHIEF) GREENBERG FUND

In memory of Blanche Edelstein by Debbie, Norman and Vicky Ferkin.

In memory of Elsa Burman, Toronto by Debbie, Norman and Vicky Ferkin.

Happy 10th anniversary to Robyn and Steven Ingram, N.J. by Debbie, Norman and Vicky Ferkin.

GILBERT AND BESS GREENBERG MEMORIAL FUND

Wishing Mrs. Gardner a speedy recovery by Dorothy and Herb Nadolny.

Mazal Tov to Carol and Lorry Greenberg on the engagement of their daughter Rhonda to Stuart Horowitz by Dorothy and Herb Nadolny; by Rose and Chick Taylor; by Rachelle and Gerry Koffman; and by Sara and Zeev Vered.

LAURA ANO MILTON GREENBERG FUND

Mazal Tov to Ina Swedler and Stuart McCarthy on their engagement by Laura, Mark and Missy Greenberg.

Mazal Tov to Sarah and Arnie Swedler on the engagement of their daughter Ina to Stuart McCarthy by Laura, Mark and Missy Greenberg.

In memory of Nat Edelstein by Laura Greenberg.

In memory of Magdalena Kahane, Caracas, Venezuela, mother and grandmother of Dr. and Mrs. George Bernstein and family, Windsor, Ontario, by Laura, Mark and Missy Greenberg.

MICHAEL GREENBERG MEMORIAL FUND

Best wishes for a speedy recovery to Rabbi Arnold Fine by Jocelyne and Stephen Greenberg and family.

NATHAN AND SARAH GREENBERG MEMORIAL FUND

In memory of Maurice Schwartz by John Holzman.

In memory of Doris Baylin by John Holzman.

In memory of Gordon Caplan by John Holzman.

Congratulations to Evelyn and Irving Greenberg on the birth of their granddaughter Natalie Brianna by Simone and Arnell Goldberg; and by Avril Bright.

SAMUEL ANO BESSIE GREENBERG FUND

Best wishes to Sam Morin on his 90th birthday by Ethel and Irving Taylor.

In memory of Moishe Myer Shaffer, Mtl., father of Biama Dieks, by Ethel and Irving Taylor.

Best wishes to Jessie and Joe Murray on the birth of their granddaughter by Auntie Bessie Greenberg; and by Ethel and Irving Taylor.

Mazal Tov to Jodie and Gil Rumstein on the birth of their daughter by Auntie Bessie Greenberg; and by Ethel and Irving Taylor.

Mazal Tov to Mrs. Esther Murray on the birth of her great-granddaughter by Bessie Greenberg; and by Ethel and Irving Taylor.

Mazal Tov to Mr. and Mrs. A. Rumstein on the birth of their granddaughter by Bessie Greenberg; and by Ethel and Irving Taylor.

Mazal Tov to Nap Kapinsky on his special birthday by Ethel

and Irving Taylor.

Mazal Tov to Carol and Lorry Greenberg on the engagement of their daughter Rhonda to Stuart Horowitz by Ethel and Irving Taylor.

In memory of Leah Platt by Ethel and Irving Taylor; and Bessie Greenberg.

Best wishes to John Greenberg (Gladys) on his 65th birthday by Ethel, Abe, Elisa and Ian Murray.

GROSSMAN KLEIN FAMILIES FUND

Wishing Rabbi Arnold Fine a r'fuah sh'lemah by Vera and Leslie Klein; and by Lenke and William Grossman.

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Vera and Leslie Klein; and by Lenke and William Grossman.

In memory of Maurice Schwartz by Vera and Leslie Klein.

HARRY ANO JENNIE HECHT FUND

In memory of Leah Platt by Jennie Hecht.

HILLEL ACADEMY ENOOWMENT FUND

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Maureen and Henry Molot; and by Aviva and Chuck Freedman.

In memory of Yeshayahu Mordechai Rubin, Israel, father of Dr. Steven Rubin by Berel and Alti Rodal.

In memory of Edith Teitelbaum by Berel and Alti Rodal.

Wishing Rabbi Arnold Fine a r'fuah sh'lemah by Carol and Lorry Greenberg and family; and by Aviva and Chuck Freedman.

In memory of Mr. Aronson, father of Michael Aronson by Graziela and Buddy Steinberg.

Mazal Tov to Margo and Judah Silverman on the birth of their daughter by Libby and Stan Katz.

Congratulations to Nancy and Keith Jeacle on the birth of their daughter Kirsten Alexandra by "The Bulletin Girls".

Mazal Tov to Barbara and Louis Sherman on the birth of their granddaughter by Libby and Stan Katz.

Mazal Tov to Evelyn and Irving Greenberg on the birth of their granddaughter by Libby and Stan Katz.

In memory of Leah Platt by Ann and Art Lazear; and by Ethel, Abe, Elisa and Ian Murray.

In memory of Abram Z. Cohen by Shelley and Gary Berezin.

In memory of Morris Taerk by Toby, Freda and Barry Appel.

HILLEL LODGE ENDOWMENT FUND

Best wishes to Ruth and Joe Viner on their special birthdays by Sammy and Chuck Gardner.

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Sally and Elliott Levitan; and by Carol and Lorry Greenberg.

In memory of Mary Klamman by Carole and Norman Zagerman.

In memory of a dear father Tevya Petigorsky and a dear sister and brother-in-law Muriel and Frank Flesher by Molly Wise.

Birthday wishes to Bella Peters by Molly Wise.

HY AND PAULINE HOCHBERG FUND

Wishing Rabbi Arnold Fine a speedy recovery by Pauline Hochberg.

OOROTHY ANO HY HYMES FUND

In memory of Freda Chinks by Dorothy and Hy Hymes.

Mazal Tov and best wishes to Max Lief on his 80th birthday by Dorothy and Hy Hymes.

In memory of Sol Mosse, Mtl., by Dorothy and Hy Hymes.

In memory of grandfather of Mr. and Mrs. R. Grossman, Thornhill, Ontario by Dr. Rosen; and by Rhea, Jeff, Elana and Lorne Hochstader.

Mazal Tov to Kayla and Alvin Mailay on the marriage of their daughter Lynn to Erik Synder, Toronto, by Rhea, Jeff, Elana and Lorne Hochstader.

Congratulations to Issie Ginsberg on his 65th birthday by Rhea, Jeff, Elana and Lorne Hochstader.

Congratulations to Mr. and Mrs. Warner, Montreal, on their recent marriage by Rhea, Jeff, Elana and Lorne Hochstader.

In honour of Mr. and Mrs. Bill Read on their 60th wedding anniversary by Dorothy and Hy Hymes.

Best wishes to Alvin Stein on his special birthday by Kayla and Alvin Mailay; and by Lynn, Erik and Nicki.

AVRAHAM AND ELISSA INY FUND

In memory of Nat Edelstein by Elissa and Avraham Iny.

JEWISH COMMUNITY CENTRE YOUTH SERVICES FUND

Wishing Rabbi Arnold Fine a r'fuah sh'lemah by Board and Staff of the Jewish Community Centre.

In memory of Saul Mosse, Mtl., father of Lawrence Mosse, Mtl., by Ron and Ginny Bors.

JEWISH FAMILY SERVICES AGENCY FUND

In memory of Reuben Brull, Mtl., by Elaine and Eli Rabin.

Mazal Tov to Margo and Judah Silverman on the birth of their daughter by Board and Staff of Jewish Family Services Agency.

Best wishes to Abe Bogan, Mtl., on his retirement by Board and Staff of Jewish Family Services.

Congratulations to Nancy and Keith Jeacle on the birth of their daughter by Elaine and Eli Rabin.

In memory of Nat Edelstein by Elaine and Eli Rabin.

Wishing a r'fuah sh'lemah to Dr. Eli Rabin by Isaac and Mara Muzikansky, Sam and Paulina; and by Avril Bright.

JEREMY KANTER MEMORIAL FUND

Best wishes to Nap Kapinsky on his special birthday by Evelyn and Lou Eisenberg.

Mazal Tov to Mrs. Hattie Mandelcorn, Mtl., on the birth of her grandchild by Evelyn and Lou Eisenberg.

Mazal Tov to Mr. Philip and Dr. Mildred Eisenberg, Mtl., on the birth of their grandchild by Evelyn and Lou Eisenberg.

MAX AND DORA KAPINSKY KARP MEMORIAL FUND

Best wishes to Nap Kapinsky on his 80th birthday by Shirley and Howard Karp, Mtl., by Sylvia and Joe Reuter; by Eve and Izz Flesher; and by Marilyn and Dan Kimmel.

Sincere appreciation to

(Continued next page)

(Continued from page 20)

Dorothy and Maurice Karp by Nap Kapinsky.

ABRAHAM AND TZIPORA KARDASH MEMORIAL FUND

In memory of Moishe Myer Shaffer, Mtl., father of Bluma Dieks, by Rose and Chick Taylor.

Best wishes to Sam Morin on his 90th birthday by Rose and Chick Taylor.

In memory of Leah Flatt by Rose and Chick Taylor.

With thanks and appreciation to Mr. and Mrs. David Matlow, by Mona Taylor and Ari Zaretsky.

With thanks and appreciation to Miss Ellie Shapiro and Paul Tepperman by Mona Taylor and Ari Zaretsky.

In memory of Magdalena Kahan, Caracas, Venezuela, by Rose and Chick Taylor.

Mazal Tov to Mrs. Esther Murray on the birth of her great-granddaughter by Rose and Chick Taylor.

Mazal Tov to Jessie and Joe Murray on the birth of their granddaughter by Rose and Chick Taylor.

Mazal Tov to Nap Kapinsky on his special birthday by Rose and Chick Taylor.

PINHEY AND LIBBY KARDASH FUND

Mazal Tov to Mrs. Esther Murray on the birth of her great-granddaughter by Betty and Ed Rose and family.

Mazal Tov to Jessie and Joe Murray on the birth of their granddaughter by Betty and Ed Rose and family.

EVA AND ISRAEL KARDISH FUND

Mazal Tov and best wishes to Max Zelikowitz on his special birthday by Libby Lief.

Best wishes to Sandra Zunder on her special birthday by Eva and Israel Kardish.

In memory of Abe Z. Cohen by Eva and Israel Kardish.

SAM AND TILLIE KARDISH FUND

Happy belated anniversary wishes to Cheryl and Brian Levitan by Doris and Joe Hoffman, Perth, Ontario.

Mazal Tov to Cheryl and Brian Levitan on the birth of their son by Ellen, Marty and Sharon Cardash; and by Andra.

Mazal Tov to Sam Kardish on the birth of his grandson Ian Elliott Levitan by the "Breakfast Club Boys"—Milton Koffman, Herb Gosewich, Morris Kimmel, Sam Progrosh, Joey Osterer, Barry Koffman, Issie Rose, Joe Lichtenstein, Art Lazear, and Ben Wald.

ARTHUR AND SARAH KIMMEL MEMORIAL FUND

In memory of Gordon Caplan by Marilyn and Dan Kimmel.

Best wishes for a speedy recovery to Rabbi Arnold Fine by Marilyn and Dan Kimmel.

JACOB AND ESTHER KIZELL MEMORIAL FUND

Mazal Tov to Mr. and Mrs. Michael Rubin on their anniversary by Rose Flesher.

Wishing Rabbi Saul Aranov a speedy recovery by Ruth and Arthur Kizell.

Congratulations to Michael Waiser, Conn., on his promotion by the Royal Bank of

Canada by Ida Hollander.
In memory of Norma Sirett by Myrna and Michael Waiser.

KOFFMAN FAMILY FUND

In memory of Morris Taerk, Toronto, by Margaret and Joe Koffman; by Anne and Al Bloom; by Mr. and Mrs. Sol Steinmetz; and by Doris Koffman.

KRANTZBERG KRANE FAMILY FOUNDATION

In loving memory of Zaida Jack Krane by David and Danny Newstone, Victoria, B.C.

In loving memory of Dad Jack Krane by Karla Krane Newstone and Usher Newstone, Victoria, B.C.

In memory of Doris Baylin by Karla Krane Newstone and Usher Newstone, Victoria, B.C.

Mazal Tov to Ina Swedler on her engagement to Stuart McCarthy by Leiba and Robert Krantzberg.

Mazal Tov to Mr. and Mrs. Arnie Swedler on the engagement of their daughter Ina to Stuart McCarthy by Leiba and Robert Krantzberg.

SAMUEL AND IRENE KRONICK FUND

Wishing Rabbi Saul Aranov a r'fush sh'lemah by Joan and Russell Kronick.

In memory of Norma Sirett by Joan and Russell Kronick.

FRANK AND SADIE LABOVITCH FUND

In observance of the Yartzheit of my beloved father, Max Labovitch by Frank Labovitch.

JACOB AND ROSE LANDAU MEMORIAL FUND

Mazal Tov to Mr. and Mrs. Joe Murray on the birth of their first granddaughter by Edie and Issie Landau.

Best wishes to Mrs. M. Soloway, Mtl., for a r'fush sh'lemah by Edie, Issie, Jerrold and Michael Landau; and by

Gert and Henry Feller.
In memory of Leah Flatt by Edie and Issie Landau.

JOSEPH AND EVELYN LIEFF FUND

Best wishes to Joseph Lief on his special birthday by Miriam and Jack Pleet.

HARRY LEIKIN ENDOWMENT FUND

Wishing Rabbi Saul Aranov a r'fush sh'lemah by Bella and Harry Leikin.

HUGO AND RUTH DAVIS LEVENDEL FUND

In memory of Muriel Starr, mother of Harriet Fried, Mtl. by Hugo LevenDEL.

Wishing Rabbi Saul Aranov a r'fush sh'lemah by Hugo LevenDEL.

BEN AND SHIRLEY LEVIN FUND

In memory of Gordon Caplan by Seddy Achbar.

JACK LEVIN AND GOLDIE LEVINE FUND

In memory of a dear cousin Gordon Caplan by Goldie Levine.

MARTIN K. AND ELIZABETH LEVINSON FUND

Best wishes to Rabbi Saul Aranov for a speedy recovery by Martin K. Levinson.

JOSEPH AND EVELYN LIEFF FUND

In memory of Abe Cohen by Evelyn and Joe Lief.

Wishing Rabbi Saul Aranov a r'fush sh'lemah by Evelyn and Joe Lief.

Best wishes to Bess and Casey Swedlove on their 50th wedding anniversary by Evelyn and Joe Lief.

In memory of Gordon Caplan by Evelyn and Joe Lief.

ETHYL AND MANNY LIGHTSTONE FUND

Mazal Tov to Ethyl and

Manny Lightstone on the birth of their granddaughter by Libby and Stan Katz; and by Zelaine and Sol Shinder.

ABRAHAM AND DORA LITHWICK MEMORIAL FUND

Wishing Rabbi Arnold Fine a r'fush sh'lemah by Sarah and Sidney Green.

Wishing Rabbi Saul Aranov a r'fush sh'lemah by Sarah and Sidney Green.

Best wishes to Sarah Green on her special birthday by Lee and Don Chodikoff.

ARNOLD AND ROSE LITHWICK FAMILY FUND

Best wishes to Yvonne Lithwick, Israel, on her birthday by Ellen Lithwick.

In observance of the Yartzheit of a dear mother and grandmother Hanna Esar, 12 Teveth by Rose Lithwick and family.

In loving memory of a dear brother-in-law and uncle Irving Lithwick 1 Teveth by Rose Lithwick and family.

Wishing Rose Lithwick a r'fush sh'lemah by Freda Radnoff.

IDA AND SIDNEY LITHWICK FUND

Best wishes for a speedy recovery to Lil Max by Ida and Sid Lithwick.

In memory of Gordon Caplan by Ida and Sid Lithwick.

In memory of Rose Abrams, mother of Lil Max, by Ida and Sid Lithwick.

In memory of Nat Edelstein by Ida and Sid Lithwick.

IRVING AND ELLEN LITHWICK ENDOWMENT FUND

Mazal Tov to Ellen Lithwick on the engagement of her granddaughter Rhona to Lonny Wolfe, Willowdale, Ontario, by Freda Radnoff.

In observance of the Yartzheit of our uncle Irving Lithwick by Harvey, Yvonne, Alex, Dahlia and Hillel.

JACK AND DORA LITWACK MEMORIAL FUND

Mazal Tov to Sam and Dora Litwack on the birth of their grandson by Edie and Issie Landau.

In honour of Dr. Norman Liebergott, Mtl., on receiving a TAPPI Fellow (Technical and Professional Achievement in Pulp and Allied Industries) by Dora and Sam Litwack and family.

In observance of the Yartzheit of a beloved mother, mother-in-law and grandmother, Dora Litwack, 12 Teveth by Dora and Sam Litwack.

MURRAY AND MARY MACY FUND

In memory of Maurice Schwartz by Mary and Murray Macy.

In memory of Doris Baylin by Mary and Murray Macy.

SAMUEL AND LEEMA MAGIDSON FUND

Mazal Tov to Sylvia, Stanley, Sheldon and Mark Leibner, Mtl., on the expansion of the Linen Chest Cathedral by Leema Magidson and family.

In memory of Nat Edelstein by Roslyn and Arnie Kimmel.

EDGAR AND GERTRUDE MARKS FUND

Best wishes to Gert Marks on her birthday by Raisel Flesher.

CLAIRE AND THEODORE (TED) METRICK FUND

Wishing Rabbi Saul Aranov a r'fush sh'lemah by Celia Wynberg; and by Claire and Ted Metrick.

In memory of Mrs. Gen. Mtl., by Claire and Ted Metrick; and by Celia Wynberg.

In memory of Abe Z. Cohen by Claire and Ted Metrick.

In memory of Gordon Caplan by Claire and Ted Metrick; and by Celia

(Continued next page)

VISION & COMMITMENT... THE FUTURE

The legacy that enriches future generations rests upon the leadership we accept and the clarity of our vision today. Your gift to the Ottawa Jewish Community Foundation is the commitment that assures a strong foundation for our community in the years ahead.



A GIFT FOREVER

Ottawa Jewish Community Foundation
151 Chapel Street
Ottawa, Ont. K1N 7Y2
232-7306



(Continued from page 21)

WYNEBERG.
In memory of Freda Chinks by Claire and Ted Metrick.

DAVE, LOUIS AND LAZ MIRSKY FUND
Wishing Rabbi Saul Aranov a speedy recovery by Sibyl and Laz Mirsky.
In memory of Gordon Caplan by Sibyl and Laz Mirsky.

NORMAN MIRSKY MEMORIAL FUND
In memory of Rose Abrams, Mtl., by Anne Mirsky.
In memory of Gordon Caplan by Anne Mirsky.
Best wishes for a speedy recovery to Rabbi Saul Aranov by Anne Mirsky.
Best wishes for a speedy recovery to Rabbi Arnold Fine by Anne Mirsky.

ABRAM AND EDITH MOLOT MEMORIAL FUND
In memory of Gordon Caplan by Maureen and Henry Molot.
In memory of Nat Edelstein by Freda and Toby Appel.

JACK AND HONEY MONSON FUND
Best wishes to Nap Kapinsky on his 80th birthday by Celia Levitan.
Wishing Rabbi Arnold Fine a speedy recovery by Dodie and Bram Potchkin.
In memory of Abe Z. Cohen by Honey Monson.

TANYA AND MOSES MORIN FUND
Wishing a r'fuah sh'lemah to Rabbi Saul Aranov by Tanya, Gertrude, Sydney and Harvey Morin.

HERBERT AND DOROTHY NADOLNY FUND
Best wishes to Rabbi Saul Aranov for a speedy recovery by Dorothy and Herb Nadolny.
Best wishes to Rabbi Arnold Fine for a speedy recovery by Dorothy and Herb Nadolny.
Mazal Tov to Dorothy and Herb Nadolny on the birth of their grandson by Elissa, Avraham, Michal and Daniel Iny.

JEAN AND MAX NAEMARK FAMILY FUND
Wishing Jean and Max Nae-mark a happy Chanukah by Bea and Leonard Nae-mark.
Happy birthday and happy Chanukah to Andrea Ferguson, Kingston, by Mom and Dad Nae-mark.

MOSHE AND MOLLY NARWA FUND
In memory of Abe Cohen by Daniel Narwa.

PINKAS AND YEHUDIT NEWMAN MEMORIAL FUND
In memory of Gordon Caplan by Marilyn and William Newman.
Best wishes for a speedy recovery to Mrs. Saul Newman, Thornhill, by Helene Zaret.
Happy 80th birthday to Flora Dubinsky by Marilyn and William Newman and family.
Happy 80th birthday to Dr. Lyon Pearlman by Marilyn and William Newman and family.

OTTAWA MODERN JEWISH SCHOOL FUND
In memory of Abe Cohen by Claire and Mottie Feldman.
In honour of our dear par-

ents by Norman and Robin, Faith, Robin, Sam and Ester.

ABE AND BERTHA PALMER FAMILY FUND
In memory of Nat Edelstein by Bertha and Abe Palmer.

PARLIAMENT LODGE B'NAI BRITH PAST PRESIDENT'S FUND
In memory of Nat Edelstein by Nine to Five Coffee, Dave Freeman and Harry and Jack Presser.

LARRY AND NANCY PLEET FUND
Mazal Tov to Rhoda and Newton Prager, Pembroke, on their 40th wedding anniversary by Sylvia, Morton and Harris Pleet; by Nancy and Larry Pleet; by Janice, Brian and Evan Pleet.
In memory of Leah Flatt by Nancy and Larry Pleet.

SIDNEY AND ROBERTA POLLOCK FUND
In memory of Gordon Caplan by Roberta Pollock.

NORMAN AND EVELYN POTECHIN FUND
Wishing Rabbi Arnold Fine a speedy recovery by Evelyn and Norman Potechin.
In memory of Mrs. Ethel Solomon by Evelyn and Norman Potechin.

MYRA AND MORRIS PRESSER FUND
Wishing Carol Smith's father a speedy recovery by Myra and Morris Presser.
Best wishes to Jack Marcovitch for a speedy recovery by Myra and Morris Presser.

JOSEPH AND SONIA RABIN MEMORIAL FUND
In memory of Gordon Caplan by Esther Bilsky and family.
Best wishes for a r'fuah sh'lemah to Dr. Eli Rabin by Marilyn and Dan Kimmel, and by Laura Greenberg.

DAVID AND FREDA RADNOFF FUND
In observance of the Yartzheit of my dear parents, my mother Buniek Kilinovsky, 6 Cheshvan and my father, Meyer Kilinovsky, 29 Tevet by Freda Radnoff.
In observance of the Yartzheit of a devoted husband and father, David Radnoff, 26 Tevet by Freda Radnoff.
In observance of the Yartzheit of a dear brother, Max Kalin, 1 Tevet by Freda Radnoff.
In observance of the Yartzheit of a dear brother, Norman Kalin, 12 Tevet by Freda Radnoff.
Mazal Tov to Freda Radnoff on her special birthday by Eilan Lithwick.

ETHEL RIVERS MEMORIAL FUND
Wishing Rabbi Arnold Fine a r'fuah sh'lemah by Evelyn and Irving Rivers.
Mazal Tov to Dora and Sam Litwack on the birth of their grandson by Evelyn and Irving Rivers.
Mazal Tov to Bea and Murray Garceau, Thornhill on the birth of their grandson by Evelyn and Irving Rivers.
Mazal Tov to Ethyl and Manny Lightstone on the birth

of their granddaughter by Evelyn and Irving Rivers.
Mazal Tov to Jen and Is Shinder on the birth of their granddaughter by Evelyn and Irving Rivers.

JACOB AND LEAH RIVERS MEMORIAL FUND
In memory of Leah Flatt by Goldie and Morris Cantor.
Mazal Tov to Dora and Sam Litwack on the birth of their grandson by Goldie and Morris Cantor.

HERMAN AND ZELDA ROODMAN FUND
In memory of Gordon Caplan by Zelda and Herman Roodman.
Yasher Koach and with much appreciation to Mr. and Mrs. Moshe Feig by Zelda and Herman Roodman.
In memory of Nat Edelstein by Zelda and Herman Roodman.
In memory of Blanche Edelstein by Zelda and Herman Roodman.

ISSIE AND ROSSIE ROSE FUND
In memory of Leah Flatt by Issie and Rossie Rose.
In memory of Leo Adler by Dave and Evelyn Dubinsky.
In memory of Leah Flatt by Zelda and Herman Roodman.
Best wishes to Elizabeth and Jack Roodman for good health by Zelda and Herman Roodman.

DRS. TRUDA AND IMRE ROSENBERG SCHOLARSHIP FUND
In memory of Johanne Kielgas by Truda Rosenberg.
Best wishes to Mr. and Mrs. Casey Swedlove on their 50th wedding anniversary by Truda Rosenberg.

BEN AND MARY ROSENBLATT FUND
Best wishes for a r'fuah sh'lemah to Rabbi Arnold Fine by Evelyn and Issie Hoffman.

SAMUEL AND RUTH ROTHMAN MEMORIAL FUND
In observance of the Yartzheit of a dear husband, father and grandfather Alex Rothman by Frances Rothman and family.
Congratulations to Barbara and Len Farber and family on the occasion of the Bar Mitzvah of their son Michael by Sue and Steve Rothman and family.
In memory of Ernest Weissberg by Sue and Steve Rothman and family.

ANNE AND IRVING SABRAN MEMORIAL FUND
Best wishes to Rabbi Saul Aranov for a complete and speedy recovery by Sandra, Sam, Jeff and Arron Fishbain.
Wishing Mr. and Mrs. Max Cohen a very happy 25th wedding anniversary by Sandra, Sam, Jeff and Arron Fishbain.

HELEN AND ROY SAPE FUND
In memory of Rose Abram, Mtl. by Helen Sape.

RICKIE AND MARTIN SASLOVE FAMILY FUND
Wishing Mrs. Gardner a

r'fuah sh'lemah by Rickie and Marty Saslove.

Mazal Tov to Carol and Lorry Greenberg on the engagement of their daughter by Rickie and Marty Saslove.

Mazal Tov to Sarah and Arnie Swedler on their son Harley obtaining his architectural stamp by Rickie and Marty Saslove.

Mazal Tov to Dr. and Mrs. Milton Levin on the birth of their grandson Andrew Philip Lorrfrink by Rickie and Marty Saslove.

Mazal Tov to Sarah and Arnie Swedler on the engagement of their daughter Ina to Stuart McCarthy by Rickie and Marty Saslove.

SAMUEL AND LILLIAN SASLOVE FUND
Mazal Tov to Dora and Sam Litwack on the birth of their grandson by Dorothy and Maurice Karp.
Wishing Akiva Kriger a r'fuah sh'lemah and continued good health by Dorothy and Maurice Karp.
Mazal Tov to Dora and Sam Litwack on the scholastic achievements of their daughter Judy by Dorothy and Maurice Karp.

HARRY AND FRANCES SAXE FUND
Wishing Rabbi Arnold Fine a r'fuah sh'lemah by Frances and Harry Saxe.
In memory of Gordon Caplan by Frances and Harry Saxe.
In memory of Maurice Schwartz by Frances and Harry Saxe.

CLARE AND MAURICE SCHWARTZ FUND
In memory of Maurice Schwartz by Ray and Ernest Goldstein; by Marilyn and Ronnie Goldberg; by Sally and Harry Weltman; by Dorothy and Herb Nadolny; by Sally and Elliott Levitan; by Ida and Sid Lithwick; by Beverly and Irving Gershkovitch; by Carole and Norman Zagerman; by Claude Beaudoin; by Stan and Roz Labow; by Sibyl and Laz Mirsky; by F. M. Brule; by J.W. Dowd; by P.J. Harvey; by T.E. Rummery; by E. Critoph; by R.E. Green; by D. Laurier; by D.F. Torgerson; and by Sidney Finkelman and Morris Aguinik.
In memory of Binia Presser, New York, by Clare Schwartz.
Best wishes to Bess and Casey Swedlove on their 50th wedding anniversary by Clare Schwartz.
Best wishes to Goldie and Albert Rivers on their anniversary by Clare Schwartz and family.

VERA AND SAM SCHWARTZ FUND
Mazal Tov to Eliezer Bulka on his Bar Mitzvah by Ruth and Ron Levitan.
Wishing Rabbi Arnold Fine a r'fuah sh'lemah by Vera and Sam Schwartz.

MAURICE AND GOLDIE SHABINSKY FUND
Best wishes to Susan and Syd Trainoff on their 19th wedding anniversary by Gloria and Barry Trainoff and family.

ABRAHAM AND MARY SHAFFER MEMORIAL FUND
In observance of the Yartzheit of a dear father, Abraham Shaffer by Sarah and Milton Shaffer; and by Sonia and Sheldon Shaffer.

In memory of Gordon Caplan by Sarah and Milton Shaffer.
In memory of Rose Abrams, Mtl., by Sarah and Milton Shaffer.
Best wishes to Dr. Lyon Pearlman on his special birthday by Sarah and Milton Shaffer.

HAROLD SHAFFER MEMORIAL FUND
In memory of Nat Edelstein by Frances Shaffer; and by Rhea Wohl.

SYLVIA SHERMAN MEMORIAL FUND
Mazal Tov to Roslyn and Gerald Synder on the birth of their granddaughter by Molly and Gai Sherman.

Congratulations to Barbara and Louis Sherman on the birth of their granddaughter Natalie Brianna Greenberg by Simone and Arnell Goldberg; and by Avril Bright.

ARNOLD SHINDER SCHOLARSHIP FUND
Wishing Bernard Shinder a speedy recovery by Dorothy and Herb Nadolny.

CECIL AND FLORENCE SHINDER FUND
Best wishes to Cecil Shinder on his birthday by Rose Wise, Downsview, Ontario.
Mazal Tov to Florence and Cecil Shinder on the marriage of their daughter by Zelaine and Sol Shinder.

HARRY AND SYLVIA SHINDER MEMORIAL FUND
Mazal Tov to Mr. and Mrs. Murray Garceau, Thornhill, on the birth of their grandson by Leslie, Lionel, Jason and Reesa Shinder.

Best wishes to Ben Goldberg on his birthday by Leslie and Lionel Shinder.
In memory of Nat Edelstein by Leslie and Lionel Shinder.

ISRAEL AND JEN SHINDER FUND
Mazal Tov to Jen and Is Shinder on the arrival of their new granddaughter by Libby and Stan Katz; and by Zelaine and Sol Shinder.
Mazal Tov to Ethyl and Manny Lightstone on the birth of their granddaughter by Carol and Lorry Greenberg and family.

Best wishes to Mr. and Mrs. Andrew Baron, Clontario, on the arrival of their daughter by Clara Slack.

SOL AND ZELAINE SHINDER FUND
In memory of Gordon Caplan by Zelaine and Sol Shinder.

Mazal Tov to Julie and Jack Sherman on the birth of their grandson by Zelaine and Sol Shinder.
Mazal Tov to Bea and Murray Carceau, Thornhill on the birth of their grandson by Zelaine and Sol Shinder.
Mazal Tov to Sarah and Arnie Swedler on the engagement of their daughter Ina to Stuart McCarthy by Zelaine and Sol Shinder.

In memory of Nat Edelstein by Zelaine and Sol Shinder.

HAROLD AND LILLIAN SHOIHET MEMORIAL FUND
Wishing a r'fuah sh'lemah to Mr. A.R. Shoiet, Toronto by David, Sarah and Miriam Shoiet.

(Continued next page)

(Continued from page 22)

**LOUIS SLACK
MEMORIAL FUND**

Wishing Eleanor Nadel, Mtl., continued good health by Myra and Lester Aronson and family.

Mazal Tov to Bess and Casey Swedlove on their 50th wedding anniversary by Myra and Lester Aronson.

**MOE AND CHARLOTTE
SLACK FUND**

Mazal Tov to Betty and Irving Nitkin, Vancouver, B.C., on the engagement of their son Elliot by Charlotte Slack.

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Charlotte Slack.

In memory of Nat Edelstein by Charlotte Slack.

In memory of Leah Flatt by Charlotte Slack.

**JACK AND LINDA
SMITH FUND**

In memory of Leah Flatt by Linda and Jack Smith.

In memory of Nat Edelstein by Linda and Jack Smith.

Best wishes to Sarah and Arnie Swedler on the engagement of their daughter Ina to Stuart McCarthy by Linda and Jack Smith.

Mazal Tov to Jack Smith on his new business venture by Shirley and Gordon Viner.

Mazal Tov to Ina Swedler on her engagement to Stuart McCarthy by Linda and Jack Smith.

With thanks and appreciation to Linda and Jack Smith by Sue and Phil Bronshter.

**KALMAN AND SYLVIA
SMITH FUND**

In memory of Gordon Caplan by Sylvia Smith; and by Barbara and Sid Cohen.

**GUSTAVE AND ESTHER
SOLMAN FUND**

In observance of the Yartzheit of a dear mother Sally Solman by Gustave Solman.

In observance of the Yartzheit of a dearly beloved wife Esther Dohrow Solman by Gustave Solman.

In observance of the Yartzheit of a dear father Adolph Solman by Gustave Solman.

SOVIET JEWRY**ENDOWMENT FUND**

Best wishes for a speedy recovery to Rabbi Saul Aranov by Bess and Casey Swedlove; and by Cynthia Malkin.

Best wishes for a speedy recovery to Rabbi Arnold Fine by Rachelle and Gerry Koffman; and by Cynthia Malkin.

In memory of Alex Barrett by Ray and Ernest Goldstein.

In memory of Abe Cohen by Ray and Ernest Goldstein.

In memory of Betty Horowitz by Katie Halpern and Ray and Ernest Goldstein.

In memory of Gordon Caplan by Rose Flesher.

In memory of Ernest Weissberger by Betty and Ed Rose.

Mazal Tov to Carol and Sid Eisenstat on the Bar Mitzvah on their son Mark by Betty and Ed Rose and family.

**ABE STEINBERG
MEMORIAL FUND**

In memory of Sam Nadler, Mtl. by L'bbay and Jack Steinberg and family.

**LOUIS AND LEAH
STEINBERG****MEMORIAL FUND**

In observance of the Yartzheit of a loving father, grandfather, and great-grandfather Louis Steinberg 6 Tevet by Joyce

and Jack Steinberg and family; and by Claire Kevanstein.

**CASEY AND BESS
SWEDLOVE FUND**

Best wishes to Bess and Casey Swedlove on their 50th wedding anniversary by Rose and David Fine; by Iris and Frank Loves; by Arnette and Sam Albert and family; by Rose Lithwick and family; by the family of Irene and the late Joseph Swedlove; by Jean and Joe Lichtenstein; by Raja Miller; by Marty and Dora Glatt; by Barry Lithwick and family; by Bella and Harry Leikin; by Doris and Leon Bronstein; by Cynthia Malkin; by Elissa and Abraham Iny; and by Nellie and Len Scapiro.

**ARCHIE AND LILLIAN
TALLER FUND**

Best wishes for a happy anniversary to Mr. and Mrs. Morris Kimmel by Lillian and Archie Taller.

Mazal Tov to Dale and Heeny Levy on the birth of their daughter by Gaye and Joel Taller; and by Aunt Lillian and Uncle Archie Taller.

Mazal Tov to Marion and Al Shapiro on the birth of their granddaughter by Aunt Lillian and Uncle Archie.

**JAY B. TALLER
MEMORIAL FUND**

Wishing Dr. Nathan Schreter a speedy and full recovery by Sally and Morton Taler.

In memory of Leah Flatt by Sally and Morton Taler.

**CLAIRE AND SAM
TANNER****MEMORIAL FUND**

In memory of Abe Cohen by Minerva Cohen.

Welcome back to Ottawa Mollie Appel and best wishes in your new home by Lana, Stephen, Jason and Adam Tanner.

Happy birthday to Eli Hoffman, Perth, Ontario, by Doris and Joe Hoffman.

**SAUL AND FANNY
TANNER****MEMORIAL FUND**

In memory of Abe Cohen, brother of Dora Eisenberg by Minerva Cohen.

Wishing Rabbi Arnold Fine a speedy recovery by Linda and Stephen Weiner and family; and by Minerva Cohen.

**CHARLES AND RAE
TAVEL****MEMORIAL FUND**

Best wishes to Rhoda and Newton Prager, Pembroke on their 40th wedding anniversary by Lilyan and Horace Philipp; and by Sunny and John Tavel.

In memory of Abe Cohen by Sunny and John Tavel.

In memory of Sarah Hirsh by Sunny and John Tavel.

**MOSES, CHENYA AND
HENRY TORONTOW****MEMORIAL FUND**

Best wishes to Allison Saxe on her special birthday by Aunt Jean and Uncle Max Naemark.

Best wishes to Mr. and Mrs. Allan Torontow on their anniversary by Aunt Jean and Uncle Max Naemark.

**PEARL AND EDWARD
TORONTOW FUND**

In memory of Maurice Schwartz by Brenda and David Saxe.

In memory of Dr. Saul Rochman by Brenda and David Saxe.

In memory of Abe Cohen by Pearl and Edward Torontow.

**STEPHEN AND GAIL
VICTOR FUND**

In memory of Gordon Caplan by Gail and Stephen Victor.

Wishing Rabbi Arnold Fine a r'fuah sh'lemah by Gail and Stephen Victor.

**RUTH AND JOE
VINER FUND**

Best wishes to Mr. and Mrs. Joe Viner on their special birthdays by Ruth and Hy Calof; by Adele and Bernard Shinder; by Rachelle and Gerry Koffman; by Sheila and Bill Howard, Scarsdale, New York; and by Judy and Herb Viner.

In memory of Abe Cohen by Ruth and Joe Viner.

In memory of Gordon Caplan by Ruth and Joe Viner.

In memory of Maurice Schwartz by Ruth and Joe Viner.

**WASERMAN FAMILY
MEMORIAL FUND**

Best wishes to Henry Feller for a speedy recovery by Sadie and Ernie Wasserman and family.

Best wishes to Sadie and Ernie Wasserman on their anniversary by Etta and Saul Hersh; by Nessie Wasserman; by Sylvia and Irving Shier; by Gert and Henry Feller; by Dora Wasserman; by Wasserman Furs Limited; and by Phyllis and Nat Wasserman.

Love and best wishes for a speedy recovery to Reeva Shier Soloway, Mtl., by Sadie and Ernie Wasserman.

Best wishes to Chuck Skulsky on his 70th birthday by Sadie and Ernie Wasserman and family.

In memory of Arthur Moses' mother, Mtl., by Arlene and Mel Schway.

Best wishes to Etta and Saul Hersh in their new home by Phyllis and Nat Wasserman.

**HARRY AND RAE
WEIDMAN****MEMORIAL FUND**

Wishing Mitchell and Sue Ann Maislin, Toronto, a happy and healthy Chanukah by Aunty Roz, Uncle Myles, Jodi and Julia Taler.

Wishing Francine and Sol Jacobowitz, Toronto, a happy and healthy Chanukah by Aunty Roz, Uncle Myles, Jodi and Julia Taler.

In memory of a dear uncle, Carl Radolph, Toronto, by Marcia Dworkin and family, Toronto; and by Roslyn, Myles, Jodi and Julia Taler.

**MIRIAM AND LOUIS
WEINER FUND**

In memory of Rose Abrams, Mtl. by Miriam and Lou Weiner.

**JOSEPH AND SONIA
WEINSTEIN****MEMORIAL FUND**

In memory of Leah Flatt by Millie and Percy Weinstein.

**MAX H. AND IDA
CAROLINE****WEISSBORD FUND**

Mazal Tov to Eliezer Menahem Bulka on the occasion of his Bar Mitzvah by Rev. Harry Max Weissbord.

**HYMIE WHITZMAN
MEMORIAL FUND**

In observance of the first Yartzheit of a dear mother, grandmother and great-grandmother, Jenny Foreman by Judie and Fred Ross, David and Dean.

**CHAIM AND SELA
ZARETSKY****MEMORIAL FUND**

Wishing Rabbi Saul Aranov a complete recovery and return to good health by Sarah and Louis Satov.

In observance of the Yartzheit of a dear father Chaim Zaretsky by Sarah and Louis Satov.

**NATHAN, DAVID AND
MAX ZELIKOWITZ****FAMILIES FUND**

In memory of Solomon Zelikowitz by Carole and Norman Zagerman.

**SANDRA AND SAM
ZUNDER FUND**

Best wishes to Bess and Casey Swedlove on their 50th wedding anniversary by Sandra

and Sam Zunder.

Mazal Tov and best wishes to Sandra Zunder on her special birthday by Dorothy and Ben Greenberg; by Etta and Ben Karp; by Joyce and Jack Steinberg; and by Ethel and Abe Murray.

Happy birthday to Sandra and Sam Zunder by Evelyn and Irving Berlin; and by Honey Monson.

In memory of Sam Greenberg, Florida, by Sam, Sandra, Lillian and Mark Zunder.

Contributions may be made by phoning Howard Goldberg at 232-7306, Monday to Friday 10-4. Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with an official receipt for income tax purposes. WE ACCEPT VISA.

PNAI support group will meet on Jan. 29

The Ottawa Chapter of Parents of North Americans living in Israel (PNAI) has been revived with a new executive, new officers and a new determination to rebuild the bridge with children and other family in Israel.

During these difficult times in the Middle East, it is imperative that an effective support group for children and family in Israel be maintained.

Anyone with a child, children

or family in Israel is invited to become a member of PNAI and get involved in forthcoming programs and activities.

The first meeting of the group will take place on Tuesday evening, January 29 at 8:00 p.m. at Agudath Israel Congregation, 1400 Coldrey Ave.

For more information on PNAI, or to join call Irving Rivers, 733-6116; Abe Klugsberg, 820-7827 or Morris Browns, 745-2659.

In Appreciation

I wish to express my thanks and appreciation to my family and friends for the contributions made to the many worthwhile charitable causes in memory of my late brother, Abe Reef, of South Africa.

Gertie Kantor

In Appreciation

Sincere thanks to family and friends for their many kindnesses, concern, gifts and donations to charitable organizations wishing me well during my recent confinement in hospital. Your thoughtfulness was much appreciated.

Jack Marcovitch

ISRAEL

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presents

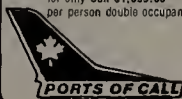
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| 3. DAN PANORAMA HOTEL TEL AVIV or HAIFA (one hotel or combination of two) for only Cdn \$1,099.00 per person double occupancy | ADD ONS AIRFARE FROM Toronto: Cdn \$60.00 Winnipeg Cdn \$165.00 Vancouver Cdn \$390.00 Edmonton/Calgary/ Saskatoon Cdn \$225.00 |



Call (613) 238-2400
Marilyn Taler Wasserman,
Martin Taler.

Community Calendar

The following information is taken from the community calendar maintained by the Women's Federation of the Jewish Community Council. Organizations who would like their events to be listed, no matter where they are to be held, should make sure they are recorded by advising Howard Goldberg, Calendar Coordinator at 232-7306 between 10 a.m. and 4 p.m. Accurate details must be provided on the Community Calendar Organization Forms sent to every communal organization.

Sunday, January 13

Jewish Community Centre Sunday Club, J.C.C., 151 Chapel St., 2:30 p.m.-5:00 p.m.

Temple Israel Meeting, Speaker: Dr. Barry Schneider, "Jewish Ways of Raising Children: A Child Psychologist's Perspective," 1301 Prince of Wales Dr., 10:00 a.m.

Monday, January 14

Golden Age Club Bingo Luncheon, Social Hall, J.C.C., 151 Chapel St., 12:30 p.m.

Shalom Ottawa Newcomers Coffee Party, 151 Chapel St., 8:00 p.m.

Tuesday, January 15

Jewish Community Centre Bet Chavura Drop-In Diner, Social Hall JCC, 151 Chapel St., 12:00 p.m.; Public Health Nurse present, Drop-In Program, Adult Lounge JCC, 151 Chapel St., 1:30 p.m.

United Jewish Appeal Young Leadership Program, "Histocom," 1400 Coldrey Ave., 7:30 p.m.
Jewish Community Centre Israeli Folk Dancing, Gymnasium, 881 Broadview Ave., 7:00 p.m.-10:15 p.m.

Saturday, January 19

N.C.S.Y. Seniors Skating and Pizza Party, Minto Skating Club and Machzikei Hadas Synagogue, 7:30 p.m.-11:00 p.m.

B'nai Brith Canada Parliament Lodge Joke Telling Contest, 15 Chartwell Ave., 9:00 p.m.

Sunday, January 20

Jewish Community Centre Sunday Club, J.C.C., 151 Chapel St., 2:30 p.m.-5:00 p.m.

Monday, January 21

Golden Age Club, Library Day in the Library with Estelle Bachman, Social Hall, J.C.C., 151 Chapel St., 1:30 p.m.

Tuesday, January 22

Jewish Community Centre Bet Chavura Drop-In Diner, Social Hall JCC, 151 Chapel St., 12:00 p.m.; Drop-In Program, Adult Lounge JCC, 151 Chapel St., 1:30 p.m.

Jewish Community Centre Israeli Folk Dancing, Gymnasium, 881 Broadview Ave., 7:00 p.m.-10:15 p.m.

Wednesday, January 23

United Jewish Appeal Women's Division Business and Professional Dinner Meeting, Chateau Laurier, 5:30 p.m.

Thursday, January 24

Jewish Community Centre Beginner/Intermediate Bridge Course, 881 Broadview Ave., 7:30 p.m.-9:30 p.m.
Canadian Society for the Weizmann Institute of Science Panel Discussion, "Dangers in the Environment: What should we believe?", Patterson Auditorium, Civic Hospital, 8:00 p.m.

Saturday, January 26

Jewish Community Centre Israeli Film Festival, 151 Chapel Street, 7:30 p.m.

Sunday, January 27

Jewish Community Centre Sunday Club, J.C.C., 151 Chapel St., 2:30 p.m.-5:00 p.m.

Jewish Community Centre Israeli Film Festival, 151 Chapel St., 7:30 p.m.

Canadian Friends of Beth Hatefutsoth Slide Talk on Jewish Community of Poland/Germany, Speaker: Erela Keinen, Agudath Israel Synagogue, 1400 Coldrey Ave., 7:30 p.m.

Jewish National Fund Tu Bi'Shevat Telethon, 9:00 a.m.-5:00 p.m.

Monday, January 28

Golden Age Club Meeting, Guest Speaker: Shirley Ber- man, Topic: "The Jewish Historical Society — an Update," Social Hall, J.C.C., 151 Chapel St., 1:00 p.m.

Tuesday, January 29

Jewish Community Centre Bet Chavura Drop-In Diner, Social Hall JCC, 151 Chapel St., 12:00 p.m.; Drop-In Program, Adult Lounge JCC, 151 Chapel St., 1:30 p.m.

Canadian Friends of the Hebrew University Lecture, Speaker: Professor Yehuda Bauer, Assembly Hall JCC, 151 Chapel St., 8:00 p.m.

Jewish Community Centre Israeli Folk Dancing, Gymnasium, 881 Broadview Ave., 7:00 p.m.-10:15 p.m.

Bulletin Deadline: Wednesday, January 23
for February 8 issue

Expert will speak on financial competence

By Debra David

Are women financially independent? Why are so many women caught unprepared by circumstances when it comes to financial matters?

The Business and Professional Women's Group of UJA has invited Toronto businesswoman Judith Hay to speak about basic money competence — an important skill for women, no matter what their age or net worth, regardless of marital status or career.

Ms. Hay, director of marketing development at the Canadian head office of The Prudential Insurance Company of America, will address a B & P dinner meeting on Wednesday, January 23 at the Chateau Laurier. A reception is scheduled for 5:30 p.m. with dinner following at 6:30.

Founding president of a translation, training and consulting company, Ms. Hay sold her business in 1983 after nine years of operation.

She has since pursued a successful and varied career at The Prudential, distinguished by such honors as 1984 Rookie of the Year and membership in the Million Dollar Round Table 1983-85.

Along with her wide experience in business, she volunteers her services to a number of organizations.

All interested women are invited to attend. There will be a \$25 cover charge.



Judith Hay

Reservations are required and will be accepted until January 21.

For further information or for reservations, contact Ceri Migicovsky at 729-0333 or Barbara Bleviss at 232-7306.

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January 11 — 4:22 p.m.
January 18 — 4:30 p.m.
January 25 — 4:40 p.m.

Second Class Mail
Registration No. 4544

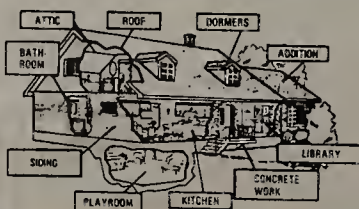
Condolences

Condolences are extended to the families of:

Leo Adler
Abe Bolker, Mtl. (father of Nancy Bercovitch)
Blanche Edelstein
Sam Gosewich
Rachel Herpak, Israel (mother of Sara Vered)
Sam Nadler, Mtl. (father of Lily Kathnelson)
Gerry Silver, Toronto (father of Neil)
Milton Stein, London, Ont. (formerly of Ottawa)
Morris Taerk, Toronto (brother of Rita Cole)
Ernest Weissberger, Toronto (father of Ron)

May their memories be a blessing.

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